NATCHINTANAI

SONGS AND SAYINGS OF YOGASWAMI

PART II

SONGS

The reader will find it easier to understand ar songs which follow, if he first reads through and the three Appendices at the end of the be	nd appreciate the the Introduction ook.

OUR GURUNATHAN

He made me to know myself, our *gurunāthan*!. On my head both feet he placed², our *gurunāthan*. Father, mother, *guru* — he, our *gurunāthan*. All the world he made me rule, our *gurunāthan*. Previous *karma* he removed, our *gurunāthan*. Even 'the three'³ can't comprehend our *gurunāthan*. He sees neither good nor bad, our *gurunāthan*. As 'I am He' he manifests, our *gurunāthan*.

You are not the body—said our *gurunāthan*. Radiant in the heart is he, our *gurunāthan*. Let delusion be abhorred—said our *gurunāthan*; That is liberation's seed—said our *gurunāthan*. He stilled unrest and made me his, our *gurunāthan*. Earth and heaven he became, our *gurunāthan*. Inner thirst he roused in me, our *gurunāthan*. And the truth made me to know, our *gurunāthan*.

Master *vāsiyoga*⁴—said our *gurunāthan;*Thus you'll find the state of Grace—said our *gurunāthan.*To the land of *Kāśi* go—said our *gurunāthan.*There is neither day nor night—said our *gurunāthan.*On the nose-end concentrate—said our *gurunāthan;*You will then behold the dance—said our *gurunāthan,*And the flawless sound you'll hear—said our *gurunāthan.*Attachment to aught else renounce—said our *gurunāthan.*

^{1.} *Nāthan* means 'lord' or 'master', and so *gurunāthan* has the meaning of 'lord of *gurus*', or 'master *guru*', or 'guru of *gurus*'.

^{2.} See Introduction p. xxxi.

^{3.} i.e. Brahmā, Viṣṇu, Rudra. See Introduction p. vii.

^{4.} For the third, fourth and ninth verses, see Appendix III pp. xiii, xiv.

Both the channels must be closed—said our *gurunāthan*; Then all knowledge will be yours—said our *gurunāthan*. Go beyond the path of birth—said our *gurunāthan*. In control will be the mind—said our *gurunāthan*. There is nobody who knows—said our *gurunāthan*, *Omkara's* secret path—said our *gurunāthan*. From impurity be free—said our *gurunāthan*. You are I—he has declared, our *gurunāthan*.

This world and all space beyond, our *gurunāthan*, In the mind he made to be, our *gurunāthan*. Preserve and cherish carefully—said our *gurunāthan*. Everything you see is you—said our *gurunāthan*. Wear *rudraksha'* beads—said he, our *gurunāthan*, And repeat *Panchakshara*²—said our *gurunāthan*. Let your heart grow soft and melt—said our *gurunāthan*. You exist eternally—said our *gurunāthan*.

Without searching you must search—said our *gurunāthan*. *Jīva* is *Śiva*—he declared, our *gurunāthan*. Without inquiring you inquire—said our *gurunāthan*. The right path will appear—affirmed our *gurunāthan*. Without singing you must sing—said our *gurunāthan*. Join the band of devotees—said our *gurunāthan*. Worship without wearying—said our *gurunāthan*. In the world remain and live—said our *gurunāthan*.

With one sweet word he made me know, our *gurunāthan*, The all-pervading consciousness, our *gurunāthan*. The whole of space became his form, our *gurunāthan*. You are everything—said he, our *gurunāthan*. Seedlings without seeds he'll raise, our *gurunāthan*. Even, the gods can never know our *gurunāthan*. Far beyond the *tattvas*—he, our *gurunāthan*. Every kind of wealth he gave, our *gurunāthan*.

^{1. (}lit: 'eye of *Rudra*) The nuts of a certain tree, used by orthodox *Saivas* as beads for necklaces and rosaries. They are said to be the tears of the Lord and to be the expression of His compassion.

^{2.} Literally: 'five letters'. See Appendix II.

No beginning and no end—said our *gurunāthan*. You are That—he has proclaimed, our *gurunāthan*. It is all effulgent light—said our *gurunāthan*. Stand bereft of attributes—said our *gurunāthan*. He has neither caste nor creed, our *gurunāthan*. As himself he ever shines, our *gurunāthan*. Unknown to any school of thought, our *gurunāthan*. He granted bliss beyond all words, our *gurunāthan*.

In rubbish where the three roads meet¹, our *gurunāthan*, Curl up and lie down—he said, our *gurunāthan*. Fear and anger—he has none, our *gurunāthan*. All *ānava*² he has removed, our *gurunāthan*. On the fresh and lively horse—said our *gurunāthan*, Mount and ride majestically—said our *gurunāthan*. In the house no builder made—said our *gurunāthan*, Keep in check the restive steed—said our *gurunāthan*.

We are what we are—proclaimed our *gurunāthan*. Nothing do we lack—said he, our *gurunāthan*. All past *karma* will depart—said our *gurunāthan*. No coming and no going forth! — said our *gurunāthan*. He affirmed that he is he, our *gurunāthan*. No resolves or plans!—declared our *gurunāthan*. $O\dot{m}$ —said he and set his seal, our *gurunāthan*. Know the silent syllable³—said our *gurunāthan*.

^{1.} In olden times all refuse and sweepings would be heaped at road junctions and then set on fire. Here, 'the three roads' are iḍā, pingalā, and suṣumnā and their junction can be taken to be the ājñā cakra, 'between the eyebrows (see Appendix III p. xiv.), which is the centre of the waking consciousness, where all the tattvas are active. The idea may be that, being centred In the ājñā cakra, one should remain as a passive witness of all the activity of the tattvas, which in relation to realization of Truth is 'rubbish'.

^{2.} See Introduction p. xvi.

^{3. (}lit. 'the dumb letter') The 'unutterable mantra', *Nāda*, the first vibration, from which all manifestation is derived. This is also *Ōmi*.

GREAT SAYINGS OF THE SAGE

Will my mind ever forget his¹ holy feet Who said—"There is not one wrong thing"?² Will my heart take pleasure in any other form? Will it again be troubled through treading the path of birth?

Will sorrow harass those who understand That noble saying—"Nothing do we know"?² Who can express the grace of those refreshing words, A very mine of treasure enduring until death?

Openly and boldly from time to time, "Who knows?"—he'll smilingly proclaim. Even if you worship with soft and melting heart, He'll laugh at you like one devoid of feeling.

"T'was all completed long ago"²—he will declare. To clear our minds, that we may understand. Many incomparable sayings will he utter. My soul became dissolved like salt in water.

How can I in writing demonstrate
The word that sage has spoken—"All is truth"?
O you devotees! With tears and adoration
Attain this understanding. What further can I say?

^{1.} i.e. Chellappaswāmi, See Introduction pp. xxxiii, xxxiv.

^{2.} See Introduction p. xxxiv.

THE PATH TO LIBERATION

Listen, while I tell you the path to liberation — Truth, patience, calmness and discipline of self; Discrimination 'twixt the eternal and the passing; Devotion to the humble servants of the Lord; Rising in the early morn and bathing before daybreak; Repeating in the way prescribed the flawless letters five; Worshipping the guru's feet; applying holy ash; Eating but when hungry; with the whole heart giving praise; Studying the śastras³; seeing others as oneself; Severing attachment to all property and wealth; Speaking with fit courtesy; avoiding argument; Driving from the mind all thought of family and caste; Being ever free of the smallest like or dislike; Living and abiding 'neath the Lord's eternal feet.4

^{1.} See Appendix II.

^{2.} See Appendix I p. iii.

^{3.} A śāstra (lit: 'an instrument of knowledge') is a religious or scientific treatise or a sacred book of divine authority. The word is also used in a collective sense to cover a whole department of knowledge, e. g. Vedānta Śāstra, Dharma Śāstra, etc.

^{4.} Worship of the 'holy feet' is common to almost all branches of Hinduism. God or Reality cannot be apprehended by the human faculties, but, through His Grace, they can be aware of His trace or impression on the earthly plane; and so His 'feet' can be taken to symbolize the Grace of God. For each worshipper the idea of 'the feet of the Lord' will mean the highest concept that it is possible or him to form and can help to impress on him the right-attitude of humility in his efforts to attain it.

THERE IS NOT ONE WRONG THING, MY SON

There is not one wrong thing¹, my son. Know that all that is, is truth.¹ Exult not in that which befalls you, my son. Abhor hypocritical talk.

Do not neglect your duty, my son. Be not troubled by sorrow or care. Do not stray from the path of *Dharma*, my son. Awake and. know yourself!

As 'a' is the first of all letters², my son, So is God, with regard to the world. In reality He is One, my son. You can know Him by giving your love.

There is no advantage in learning, my son; You must see the Holy Feet. Give up vainglorious speech, my son. By wisdom conquer fate.

Do not follow the path of the senses, my son. Do not ponder on what is past.

Do not do what is mean and deceitful, my son.

With the wicked do not make friends.

On your intellect build no foundations, my son. Ascribe no praise or blame. Let whatever work you may do, my son, Be a sacrifice unto the Lord.

^{1.} See Introduction p. xxxiv.

^{2.} The Tamil vowel 'a', pronounced like the 'u' in 'but', is the first sound that issues from the mouth when it is opened and underlies all other sounds, while yet remaining distinct and the first sound of all.

Avoid pompous and long-winded talk, my son. All like and dislike forswear. Live in the world as one dead, my son. That jiva is Siva be clear.

No one is equal to you, my son. Stand firm and do not waver. Understand that we are the Ātmā, my son, And know that we are not the body.

All futile fancy forsake, my son. Adhere to the path of the Vedas. There is no seer or sight, my son; Nor is there an object seen.

To gurunāthan all hail, my son! All hail to true devotees! All hail to friends and relations, my son! To those who this song hear, all hail!

CALL NOT ANY MAN A SINNER

Call not any man a sinner!
That One Supreme is everywhere you look.
Ever cry and pray to Him to come.
Be like a child and offer up your worship.
Forswear all wrath and jealousy;
Lust and accursed alcohol eschew.
Associate with those who practise *tapas*.
And join great souls who've realized Self by self.

THE LOVER'S SONG

As father, mother, guru My Lord has made me His. O parrot¹, now I know myself! All my desires have fled.

Hurry and make haste, young cuckoo! Śiva's form is all you see. That you cannot learn to measure; So falter not, but follow me! Come my sweetheart, follow me! The self is That, the self is That! O parrot dear, the self is That!

All men have gone to pieces, O parrot, through desire For women, land and gold;² but we Will meditate on God.

Elegant and graceful cuckoo, Hither thither do not stray. Then a prospect I will show you, Where there's neither night nor day.³ So come, my darling, come away! He's everything, He's everywhere! O parrot dear, He's everywhere!

^{1.} The names of birds—parrot, cuckoo, etc.—are commonly used in Tamil as forms of endearment. In this song the object of the lover's affection can be taken to be the mind.

^{2. &#}x27;Woman, gold and land' are the objects of what are known in Hinduism as 'the three desires'.

i.e. the state where all consciousness of opposites has been transcended, and where the soul remains calm and unaffected by either happiness or sorrow.

O parrot, we are wasting time In vain and useless talk; Let us gather flowers and worship The golden-bodied Lord.

Hark to what I say, O songster!
Those who serve will *muktas* be.
Keep guard upon your tongue, my treasure,
And leave that arrogance called 'me'!
Leave that arrogance called 'me'!
For we are That, for we are That!
O dearest parrot, we are That!

NOW IS THE MOMENT!

All the days of our life have fled, have fled; Our wealth and youth have dwindled away..... Steadfastly follow *Dharma* with single-minded purpose, For the wrathful god of death may come at any time of day. Therefore, standing, sitting, walking—practise meditation; Cease from cherishing the body, which to dust must surely go, And cast aside attachment to ideas of good and evil. To know, as those *yogis*, who do hard *tapas*, know, That the Ātmā, in the present, past and future, Is as it has always been, and in that state e'er stays, And to live, with the mind thus cleared, on earth a *jīvanmukta*, Conforming to the worldly life, 'tis said, deserves high praise.

^{1.} The word here translated as 'arrogance' is anava. See Introduction p. xvi.

ALL IS THAT

Have you not seen that One Supreme, Who permeates the eye that sees?

Are you not able to observe

That which is female, male and neuter?

Can you not perceive that it is That,
Which has become both earth and heaven?
Is it not clear and evident
That holiness and beauty too are That?

Do you not know that it is That,
Which stands as father and as mother?
Will you not reflect and mark
That you and I are also That?

Will you not notice and rejoice
That ripe and raw fruit —both are That? Can you not think and understand
That That appears as fire and wind?

Will you not take the medicine
That makes the mortal immortal?
Can you not see abiding inseparably with you The
Lord, who on the burning-ground¹
with ghosts and spirits² dances?

^{1.} See Introduction p. xi.

^{2.} See Appendix I p. v.

ALL IS PERVADED BY BRAHMAN

Refrain: Peace, perfect peace —

All is pervaded by Brahman.

Let all men with devotion Proclaim this till their dying day. Peace, perfect peace...

Wherever you are placed, Śiva, Śiva, There will abide the abounding fragrance of Śiva. Peace, perfect peace...

Tam timi timi tari kida kida sem¹—
The knowledge that we are That is our armour.
Peace, perfect peace...

Tottintat tā tā ta tari kida —
Why all this toil and trouble? Everywhere is Śiva, Śiva!
Peace, perfect peace...

When both macrocosm and microcosm are seen as That, To render service is the proper thing.

Peace, perfect peace...

l. These are sounds commonly used to give the timing and rhythm in dancing..

O DANCER OF NALLŪR!

O Dancer of Nallūr! You must perform a wonder for me! Day and night, word and meaning,

'this' and 'that' must disappear

And you must make me summā!3

Boundless bliss must swallow me!

My words must be as sweet as nectar,

And I must wander free of care wherever I may please!
Break the bow and beat the drum to proclaim the victory!⁴
Grant me your grace to melt this stone-like heart!
Make the word 'No' to cease to have existence!
Guard me and watch over me!

How is it possible for me to write Of the word the sage has spoken — "All is truth"?⁵ All those, who hear and these ten lines recite,

Will become muktas. All is truth.

^{1.} This can refer to Chellappaswāmi or to Lord Murukan, the presiding deity of Nallūr temple. See Introduction p. xxxiii.

^{2.} See p. 36. Note 3.

^{3.} See Introduction p. xxxii.

^{4.} In ancient times breaking the enemy's bow was the sign of complete victory, and victories were proclaimed by the beating of drums.

^{5.} See Introduction p. xxxiv.

THE SERVANTS OF SIVA

Refrain: To service are we ever pledged — We are the servants of Siva.

In the universe, in each creature It is the Lord we see. To service...

We will not suffer from the onslaught of disease; We will not come again to a mother's womb. To service...

All past *karma* has flown away; The whole world has become our kin. To service...

Getting and giving through countless generations. We live for ever, ever liegemen of the Lord. To service...

Vedānta and Siddhānta we do not see as different; We are yearning for the path to liberation. To service...

At all times repeating—'Śiva, Śiva' In our hearts we affirm that Jīva is Śiva. To service...

All things we see from where we are; In the world we live as befits our lot. To service...

THE WAY TO HAPPINESS

Rise ere the dawn and adore the golden feet¹. Embellished with the purity of holy ash,²

Worship them and offer them thy praise.

Let the flawless letters five³ be ever on thy tongue.

Cry and weep and sob aloud.

Thy father's and thy mother's feet revere.

Take care of all as thou would'st thine own self.

Be like the ether that the world pervades.

As thine own eye let Dharma be preserved,

And see that what thou dost be well and truly done. Make hand and body conform to thy will.

Let envy, anger and desire be strangers to thy heart. Never forget the fellowship of great and noble souls to win.

Discover that which puts an end to entering the womb.

Know thine own self; be thine own self, and scorn

This fleeting life as lightning transient.

Should poverty o'ertake thee, be not thou dismayed.

Seek without forgetting the bliss that heaven grants.

"Beneath the lotus feet of the servants of the Lord Live as their subject and redeem all faults.

To be ever adoring the feet of the Lord,
To be ever praising Him with fragrant flowers⁴—
(Worldly folk will cry—"The man is mad!",
The gods, with acclamation—" He's a sage!" For thus
Do people speak according to their standards)

^{1.} See Introduction p. xxxi.

^{2.} See Appendix I p. iii.

^{3.} See Appendix II.

^{4.} For the Northern or Aryan stream of Hinduism (See Introduction p. vii.) the principal rite in formal worship is the feeding of the sacrificial fire (homa); for the Southern or Dravidian stream it is the offering of flowers.

To meditate Śivāyanama with a calm, clear mind, While standing, sitting, lying, To cease from pampering this mortal body, To leave aside both 'good' and 'bad' without concern for either,

To grow and shine in love as does a mother, And then, silent and self-controlled, Always to live in sweet content— This is happiness indeed!

THE BODY IS A WONDROUS TEMPLE

The body is a wondrous temple. It is a temple where abides The Lord, who has an eye upon His forehead, And Umā, His fair spouse. Don't think that this is mere illusion.

O wonder!

The mind is powerless to describe the greatness of this truth; But, by the flawless guru's grace, I am going to tell you. Listen, and your ignorance will depart! This glorious temple contains within itself Brahmā, Viṣṇu, Indra and all the celestial host, Together with the demons,²

And earth and water, fire and air and space.

The sun and moon are there.

The boundless universe is there.

Brahmins, Sudras,³ and all the castes are there; And all illustrious doctrines and dogmas are also there.

^{1.} See Appendix I p. iii.

^{2.} Asuras. See Introduction pp. xiii and xiv.

^{3.} The ancient *Vedic* organization of society is based on four castes—the *brāhmins* (*brāhmanas*), the priestly caste; the *kṣatriyas*, who are the warriors and rulers; the *vaiśyas*, who are the merchants, farmers and artisans; and the *śudras*, who are the labourers.

DEAR GURUNĀTHAN

Dear *gurunāthan!* Precious *gurunāthan!* My mind is perplexed. Vouchsafe to me your holy grace.

Disperse all my sorrows and make of me a man. Make me to abide in boundless bliss.

Grant me the boon of melting my stone-like heart. Remove my past karma and bestow happiness upon me.

Reveal to me the truth that you are I. Make me to lose myself in love, like one possessed.

I am wandering here and there in vain. Grant me the boon to see you everywhere.

Confusion overwhelms me as a deer caught in a net. My mind is scattered like a pot cast against a stone.

Disclose to me the beauty of your being within me. Bind me to the certainty that I exist within you.

Give me the glory of the unspoken mantra. Show me the way to be rid of the demon of desire.

All those who were born with me¹ have perished. I have no other relative but you.

^{1,} i.e. all the senses and the faculties of the mind.

DARŚAN OF THE SAT-GURU

Refrain': Darśan² of the sat-guru is the blessing of all wealth.

Daily give worship to his feet.

Then you will know yourself,
And your heart will be filled with peace.

Darśan of the sat-guru* is the blessing of all wealth.

Daily give worship to his feet.

Abounding love will overflow. Ignorance will be consumed. All likes and dislikes by themselves will leave and disappear.

Darśan of the sat-guru* is the blessing of all wealth. Daily give worship to his feet.

The scriptures' law and meaning with your thought will correspond. Attachment's bonds will fall away, and you will experience love. *Darśan* of the *sat-guru* is the blessing of all wealth. Daily give worship to his feet.

The host of gods and *devas* will come to do your service. That 'jīva is Śiva' is the truth, you will clearly recognize.

Darśan of the sat-guru* is the blessing of all wealth. Daily give worship to his feet.

^{1.} There is a common class of Tamil song, in which there is a refrain that is sung after each verse. The refrain, or *pallavi*, is often followed by a short verse of one or two lines, which is called *anu pallavi*, and is said to 'lead' from the *pallavi* to the verses proper, which follow. The *pallavi* is repeated after both.

^{2.} Darśan means having a sight or vision of a great person or spiritual being.

JOY AND SORROW—BOTH ARE MĀYĀ

Joy and sorrow—both are māvā; The $\bar{A}tm\bar{a}$, ne'er from love divided. Is the very form of knowledge. Therefore these two will not touch you. Can a mirage wash away the earth? At the gracious, holy feet Of the true, all-knowing guru. To the limit of your power Let your heart grow soft and melt. Ponder not on actions past; But with ceaseless praise and worship. Like the water in a channel¹ Welling up and overflowing, In sweet aloneness ever live. In samādhi, where sankalpa And vikalpa² cease to be, Let us take as food the abounding nectar,³ And, remaining sweetly happy In the state in which we are, Let us gain emancipation— Perfect, full and void of form.4

^{1.} The allusion here is to the small channels used by farmers for irrigating their paddy fields.

Sankalpa has the meaning of 'thinking and planning' or volitional thought, vikalpa that of differentiation, doubt and misapprehension. The two together signify in general all the activity of the mind. (The word sankalpa by itself is commonly used in the sense of 'good intention' or 'resolve').

^{3.} See Appendix III p. xi.

^{4.} The word translated as 'emancipation—full and void of form' is *videhamukti. Videhamukti* (lit: liberation without body) is liberation after leaving the body, as compared with *Jīvanmukti*— liberation "while in the body.

THE SELF

Learning, learning—it is the Self you understand. Speaking of justice—it is of the Self you think. Discussing castes—it is the Self you weary. Probing into the final cause—it is the Self you examine.

Being at rest—it is of the Self you become aware. Growing in certainty—it is the Self you perceive. Changing and changing—it is on the Self you reflect. Talking, talking—it is to the Self you refer.

Meditating on Śiva—it is the Self you apprehend.

Forsaking sin—it is the Self you worship... Doing *tapas*—it is the Self you come to know. Liking and disliking—it is the Self that ends them both.

Arguing and arguing—it is the Self you estimate. Travelling for miles—it is the Self you see. In the five elements it is the Self you venerate. Desiring *nāda-bindu* 2—it is for the Self you yearn.

Running, running—it is in the Self you delight. Questing, questing—it is the Self you discern. Searching, searching—it is the Self you mock. Joining with others—it is to the Self you point.

^{1.} i.e. earth, water, fire, air and ether, which constitute the material world.

^{2.} Nāda is the Primordial Sound, the first vibration of the Supreme Spirit or *Paramātmā*. *Bindu* (lit: 'a drop' or 'a point') is the first crystallization into being, a point without dimension. *Nāda* is sound. *Bindu* is light or form. *Nāda-bindu* has been called 'the subtle body of God'.

THE ONE WORD

Through one word¹ my mind was made so pure—Śiva, Śiva— That now I am beyond all thought of 'one' or 'two'² And 'good and evil *karma*' is naught but empty talk. I have realized myself. Distress has disappeared!

Everything now lies within my grasp—Śiva, Śiva. I have achieved the aim of birth. I can wander as I please. The whole world has become my kin.

The happiness I gathered from that word—Śiva, Śiva—Can only be enjoyed, but not described. Without study all things have I learnt. I can hold my body in my hand!

The whole of this great universe—Śiva, Śiva—I have perceived within my heart. I have beheld the lotus feet.³ I have seen whence 'the three'⁴ and all the gods⁵ have sprung.

With, melting heart I came to understand—Śiva, Śiva. Then, seeing nothing, I remained dumbfounded. This is a secret, a deep secret! Even great sages cannot tell this secret.

^{1.} See Introduction p. xxxi. Note 2.

^{2.} i.e. all questions regarding 'monism', 'dualism' 'advaita' etc. have ceased to have any meaning.

^{3.} See Introduction p. xxxi.

^{4.} i.e. Brahmā, Viṣṇu, Rudra. See Introduction p. vii.

^{5.} See Introduction p. xiv.

THE HERO

- He is a hero who sees God and rids himself of trouble, And who humbly worships having banished sin.
- He is a hero who does *tapas* and says farewell to sorrow, And of like and dislike brings about the end.
- He is a hero who at all times patience can maintain, And in face of poverty remains a happy man.
- He is a hero who is great, all meanness having shed, And who on gaining heavenly bliss will ever fix his aim.
- He is a hero who can keep his senses in control. And who cruel enmity has utterly forsworn.
- He is a hero who draws near to the Holy Feet of God, And who by himself has come to know himself.
- He is a hero who protects his Dharma as his eye, And woman, wealth and property has driven from his mind.
- He is a hero who like ether everything pervades, And in whom, it can be said, all thought has ceased to be.
- He is a hero who ignores all differences of caste, And treads the path of righteousness, as by the scriptures shown.
- He is a hero who through study understands the truth, And finally unites himself with the Lord's Primordial Feet.

^{1.} See p. 36. Note 2.

ALL ACTS ARE HIS

All are He. All acts are His. Learn this! Then why not cease from worry, O my friend? Think long; with melting heart think and think—Think how to live!

Will there be death for you that venerate The moon-crowned Lord¹, who intellect to intellect doth give? Consider Yaman's suffering in the instance of Mārkandan!² Then what fear can there be for you?

What fear for those that follow not the path of the rive senses? What gain, what loss for them? They stand without a second. For them what is there lacking? Let the sun rise anywhere! That is bliss indeed, I say!

For you there is no happiness, no sorrow. You are the One without a flaw or taint. At dawn and dusk³ with melting heart, worship and praise the Lord. To all and everyone do good, lauding and extolling Him out loud!

^{1.} i.e. Lord Śiva. See Appendix I p. iv.

^{2.} This refers to a Purānic story, according to which a childless couple, after sincere prayers to Lord Siva, were promised a handsome, virtuous and accomplished son, but on the condition that he would only live to the age of sixteen. When eventually the boy, who was named Mārkandan, reached that age, his parents were grief-stricken, but he bade them not distress themselves, and fervently prayed to the Lord, who appeared to him and told him not to fear. So, when Yaman, the god of death, came to fetch him, he told him to go away. Yaman, in great fury, cast his lasso over him, but at that moment Lord Śiva emerged from the *lingam* that Mārkandan had been worshipping and, pushing Yaman aside with His foot, told the boy that, as he had worshipped Him sincerely, he would be rewarded with endless life. And so *Markandan* attained *Śivajñāna* (Divine Wisdom) and lives perpetually as a boy of sixteen.

^{3.} Sunrise, noon and sunset are the three times of *sandhi*, the hours of worship for all orthodox Hindus.

Forget not Dharma, nor allow yourself
To stray outside by pondering on the past.
Think and think of the glory of the Lord;
And then, transcending thought, drown in oblivion of
night and day.

LOVE IS ŚIVA

Love is Śiva. This sweet saying,
Which with happiness o'erflowing has by sages been proclaimed,
I have yet to understand. Day and night
I've begged for gold and property and pleasure.
O Lord protect me! Cast but a glance of Thy sweet grace upon me.

O Master of the Vedas! Unite me to Thy holy feet.

O Lord whom none can comprehend!

O King! O Father, Life of lives!

O Great Ascetic, who the cosmic dance performs!

That falsehood, killing, meanness be abhorred and shunned, That the Saiva faith may flourish, and truth abound and thrive, That the conviction that God is may glow within our minds, That through the labour of our hands His feet we may adore, That everything we have to do be well and truly done, That more and more true devotees may multiply and spread, That we may honour and respect all women as our mother, With melting hearts that softer grow and ever offer praise 'Namaśivaya'² let us chant throughout our span of days.

^{1.} See p. 36. Note 3.

^{2. (}lit: 'homage to Śiva'). The Pañcākṣara mantra. See Appendix II.

THE PEACOCK SONG

Refrain: Dance peacock! Bow and dance peacock! See the Lord and with a clear mind dance, O peacock!

Freedom is always our birthright.
All vain desires are bondage.
Ere life goes out and leaves its cage, give worship,
And with ever melting heart dance, O peacock!
Dance peacock! Bow and dance peacock!
See the Lord and with a clear mind dance, O peacock!

Control the mind that treads the senses' path; Subdue yourself and enter perfect *nishdai*. Neither knowledge nor ignorance are we. So blissfully bow and strut and dance, O peacock! Dance peacock! Bow and dance peacock! See the Lord and with a clear mind dance, O peacock!

Considering all lives to be like yours, Pray without ceasing and repeat the letters five². Be rid of envy, anger and impatience. See the Lord and with a pure mind dance, O peacock! Dance peacock! Bow and dance peacock! See the Lord and with a clear mind dance, O peacock!

Give heed to the teaching—"There is not one wrong thing." Be ever praying— 'Om Śivayanama'.²
To the holy feet of gurunāthan give your worship.
Then come and happily stand and dance, O peacock!
Dance peacock! Bow and dance peacock!
See the Lord and with a clear mind dance, O peacock!

In Tamil verse it is a not uncommon poetic fancy to address songs to birds. The peacock on occasions performs a kind of dance, and spreads its tail, which forms a complete circle that is taken to signify the Tamil characters for Ōm.

^{2.} See Appendix II.

Forgetting time and place,

With a mind as pure and radiant as a child's, Like one possessed, not knowing how to speak, Behold the Lord and stand and dance, O peacock!

Dance peacock! Bow and dance peacock! See the Lord and with a clear mind dance, O peacock!

THOU ART THAT!

Bear in mind the words that I shall tell you, That the whole world may rejoice and your heart may be gladdened—

One God, one world!

Always seek after what is good and put it into practice. You are not gross matter; you are perfect consciousness.

'Tis difficult your greatness to describe!

Therefore—fire will not burn you;

The friendly breezes will not parch you;

Even the earth itself cannot harm you;

And much praised water will not chill you.

You are that which has no end.

Keep in your heart the happiness that never suffers change. For you there is no caste and no religion.

Plant naught but justice in your mind,

And follow not the senses' path that will only bring you sorrow.

Never will danger come your way.

Let everything you have to do be well and truly done.

Long, long ago were you redeemed!

Now all the world lies in your grasp!

Of this there is no doubt. Thus have I said. Now hearken!

The sat-guru is there to help you. You be but a witness!

All hail to the feet of the wonder-working Lord!

THE SONG OF HOLY PRAISE

Come Thou that hast no end and no beginning! Clad in the beauty of benevolence, O Treasure come! Who forges bonds and liberation grants, come Thou! Our Lord, who rules and guards us, come, O come! O God beyond imagination come! Come Thou, the Ancient One, transcending all description! Who spreads as earth and heaven, come, O come! O Siva. Lord in. splendour shining, come, O come! O God, Rare Gem that grants all boons, come Thou! Pure Flame whose lustre never dims, come Thou! Come Flawless Jewel, bright with holy ash!! Come Taintless One with Gangā manifest!! Come Thou, O Wondrous One! Thou that art many, come! Who dost the glorious dance perform, come Thou, O come! Come Pure One with the Lady of the bow-shaped brow!² O Master of the Vedas, Support of speech and words! Thy golden feet are gleaming—long live Thee! Long live the feet with anklets ringed that all the iñanis praise!

Long live the lotus feet that others cannot comprehend!

Long live the feet of grace, the succour of the destitute!

Long live the sacred feet that pass comparison!

Long live, long live the feet that took a form like mine!

Long live the feet with *kalal* girt that guard us as the eye!

Long live the holy feet of Truth that shine as heaven above!

All hail to the Madman³ who in His spouse delights! All hail to Him who on this earth His lotus feet did place! All hail to the Absolute! To *Sadāśiva*⁴, all hail! All hail to that Being whose form is consciousness! All hail to the Lord of knowledge! All hail, all hail!

^{1.} See Appendix I pp. iii, iv.

^{2.} i.e. Śakti. See Introduction p. xii.

^{3.} i.e. He transcends all human values, and therefore His actions, like those of a madman, cannot be judged by ordinary standards.

^{4.} The first of the five aspects or forms of Lord Śiva. It is God as Pure Being. It is said to be both with form and without form, and is the 'presiding deity' of $n\bar{a}da$, the Primordial Sound.

Praised be the Primal One, who has become the whole! Praise to Thee, Protector of devotees that worship! Praise be to Thee, who in my heart perpetually art living! Praise to Thee, O Jewel that dances in the hall!! This mortal frame I cannot bear—give praise, O praise! Praise to the Wealthy One, who is not far away! Praise to the Source of All! To *Hara*, praise, O praise! Praise to the Light! Praise to the Flame! Praise to the Law! Praise to Abounding Fullness! O Lord, whose other half is *Śakti*, praised be Thy lotus feet!

Now all attachment's gone—give praise, give praise! Praise to the golden feet—give praise, O praise! Give praise, give praise! Śiva, Śiva, praise, O praise!

ALL IS THE ACTION OF THE LORD

Who orders the sun to rise? Who makes the pure moon crawl across the sky? Who tells the stars to gleam? Who fires the blazing sunlight? Who prompts the eyes to see? Who starts the blowing of the wind? Who bids the springs to flow? Who inspires the wise to praise? Who causes the earth to spin? Who brings the flowers to bloom? Who urges the legs to walk? Who impels the hands to take? Answer and you will freedom win! Look well and ponder deeply; Then you'll know for sure— All, all is the action of the Lord. Be clear that these are Swāmi's words.

^{1,} See Introduction p. xi,

KUTHAMBĀY

Will there be sorrow, Kuthambāy?¹
Will there be sorrow, my dear,
For those great souls, who know that all is diva's action?

Delusion has arisen, Kuthambāy;
Delusion has arisen, my dear,
From being forgetful of the knowledge that in truth we are the Ātmā.

They reach the feet of the Supreme, Kuthambāy;
They reach the feet of the Supreme, my dear,
Who have attained the happy *nishdai*, where night is not nor day.²

Will attachment bind, Kuthambāy ?
Will attachment bind, my dear, The servants of the Lord, who have love towards their God?

In this world I forgot myself, Kuthambāy;
Day and night disappeared, my dear,
Through the impact of the one word — "All is truth!"

Will they fear anyone, Kuthambāy?
Will they fear anyone, my dear,
Who have seen that One Being, that has neither place nor name?

With what can my master be compared, Kuthambāy?
With what can he be compared, my dear,
Who said 'twixt me and him there is no separation?

^{1.} There is in India a class of *yogis* or ascetics, who obey no rules and follow no pattern, but who have attained great knowledge and supernormal powers. They are called *siddhas*. The verses that some of them have composed are called 'siddha songs'. One *siddha* addressed all his compositions to Kuthambāy, using a form similar to that adopted in this song, and was known as Kuthambāy *Siddha*. The word *kuthambāy* means literally a kind of ear-ring worn by young girls, and is also used as a term of endearment for girls.

^{2.} See p. 36 Note 3,

What evil can there be Kuthambāy?
What evil can there be, my dear,
For those great souls who think that all is Śiva's action?

In this world shall I ever forget, Kuthambāy?
In this world shall I ever forget, my dear,
Him, who has made me love by removing all my doubts?

Shall I ever forget the supreme *guru*, Kuthambāy ?
Shall I ever forget the supreme *guru*, my dear,
Who told me the truth that God is One?

Can we be divided, Kuthambāy?

Can we be divided, my dear,

From the feet of the Lord, which shine within *Omkāra*?¹

All births are ended. Kuthambāy, through the celestial look Of great souls who have knowledge and of envy are devoid.

ALL IS GOD'S WORK

Meditating on the Lord, you can live safely in this world, Like water on a lotus leaf², my son! Do naught but good whene'er you can and venerate the good. Then you will attain to knowledge of yourself.

Father, mother, wife and all of your relations In truth are like the crowd that throngs a market. Always have love towards our Father; all acts are His action. Now is the proper moment to comply with this.

^{1.} See Introduction p. x.

^{2.} See p. 11. Note 2.

TAKE ME AS THINE OWN

O God, who dwells within the hearts of those true devotees That pray to thee— "Our father, O our father!" O Form of Grace e'er eager to descend! O Bliss that fills the eyes! This is indeed the proper time to take me as Thine own.

O Lord, who in Thy beauteous locks wearest the sky's young moon!! This sinner, who without a trace of charity or *tapas*, Pretends to be a man endowed with highest wisdom—Let him not lose heart and languish, but take him as Thine own.

Will great *tapasvins*, who have come to realize themselves, Suffer from the illusion of heavens and heavenly states? O Thou with honeyed konrai blossoms crowned, borne by the noble bull!²

Here and now, for ever, do Thou take me as Thine own!

O Wealth, whose bounty fills the minds of *bhaktas* liege to Thee! O Crowning Jewel Celestial! O Guardian and Support! Am not I ever Thy sworn slave? Then tell me—is it right To go away and leave me, as if Thou hadst not known me?

Will the minds of those that praise Thee know any fear on earth? O Lord without compare! Long since have I grown weary. In this world, is there another God but Thou to come to rescue me?

Is there another refuge here? Please answer me and say!

^{1.} See Appendix I p. iv.

^{2.} See Appendix I p. i.

O, Sun Divine, who lights the hearts of those that speak
Thy name!

O, Thou, of whom Thy Lady forms Thy other half!
I have extolled Thy greatness, which even the Vedas cannot tell.
Am I not Thy servant? Then frown no more upon these
faults of mine!

O, Sweetest One! O Lord of all that lives, to whom is joined Thy soft-tongued Lady; who o'er all dost reign! O Thou, who stood as endless light to Viṣṇu's great dismay¹! Know that Thou must give me Grace, who always thinks of Thee!

O, Thou, who dost in truth abide as Knowledge of all knowledge, In whom the sages ever dwell and know no separation!

This wretched dog knows not the path, nor knows the way to praise Thee.

Speak to me then, O Lord, I beg, the word² most fitting to me.

The sweetness hidden in the word this, sinner does not know. Night and day to Thee I cry. Here in this ancient world, Wilt Thou not appear before me, my poverty and ills to cure? Open Thy lips, O Gracious Lord, and give me Thy reply!

O, Siva! How can I describe the happiness and fortune Of Thy good servants, who in Thee are merged like salt in water? Come on this earth and with me too commingle in that manner! Who is there to prevent Thee? Please tell me that, I pray!

^{1.} See Appendix I p. ii.

^{2.} See Introduction p. xxxi. Note 2.

THOU ART EVERYTHING

Wisdom will dawn in those who do service. Silence¹ will descend on those who do service. Bounty will flow from those who do service. Song will arise in those who do service.

I, your servant, live in all.
I, your servant, bow down to all.
Your servant is ever the friend of all.
I find there is no use in words.

The form of all is my form. The good of all is my good. The strength of all is my strength. . All good men will value what I say.

Let all that is to come, come and go. Let all that must be thought, be thought of and concluded. Praise the Supreme *Guru's* holy feet— The shining roseate feet that none can comprehend!

Great souls will not affirm that it is either 'one' or 'two'. They will feel for any suffering mind they meet. They roam about without desire to kill for their existence. By ideas of 'good' and 'evil' they will not be disturbed—

Hari Om!

O, Taintless One, who art in everything, And all excellence and beauty hast become! As stones, as mountains, as the graceful trees, As grass, as herbs art Thou abounding everywhere!

The word translated as 'silence' is maunam, the meaning of which includes silence, but also conveys something wider and deeper. It signifies quiescence in word, thought and action arid implies consciousness without thought.

^{2.} Hari Om is an invocation commonly used before starting some auspicious undertaking or at the beginning of a sacred text. Hari is a name of Lord Viṣṇu.

Save Thy support, I see no succour for my soul; Henceforth must Thou within me inseparably abide. Thou art my father, mother, guru. Thou wast before the first existing things.

Thou art the moon. O Heavenly One, that in the heavens shines! O Eye of Truth, Thou art all meaning! Numbers and letters too art Thou!

My body, soul and my possessions—all these, OLord, are Thine! Give me the clarity of wisdom that firmness I may gain.

O Lord of Music! Harmony's rare Jewel! Henceforth this wretched dog will not another God conceive. Accept these verses, which with constant praise Are gladly sung in reverence to Thee!

THONDAN DANCED IN BLISS

Refrain: Thondan danced in bliss! Thondan danced in bliss!

Blessed with peace and patience,

Singing, "I am That",

Thondan danced in bliss! Thondan danced in bliss!

Realizing silence²,

Proclaiming—"All is truth",

Thondan danced in bliss! Thondan danced in bliss!

Reaching the goal of *Vedānta*,

Stating there is naught else,

Thondan danced in bliss! Thondan danced in bliss!

Tā tā tari kida tōm. Janata Janata timß

Thondan danced in bliss! Thondan danced in bliss!

^{1.} Thondan means 'devoted servant'.

^{2.} The word translated as 'silence' is maunam. See p. 60. Note 1.

This expresses the beat and rhythm of the dance.

O, BROTHERS!

Rectitude¹ will give you greatness, brothers.

Meditate, repeating—'Ōm'.

Envy, anger and desire will lead, brothers, To bondage of the soul.

Contemplate the feet of the Lord, brothers, Even if you slip and fall.

With mature and seasoned devotees, brothers, Sing and worship the Lord.

Ere old age overtakes you, brothers,

Everything must be known.

Don't amass riches in the world, brothers,

By telling lies till you break your tongue! For us no beginning or end, brothers;

The Eternal Spirit are we!

Study and realize that, brothers;

For that leads to heavenly bliss.

Know that difference in race and religion, brothers, Is only the work of the mind.

Long live, long live the name of Siva, brothers!

Repeat this with all your heart. Long live the servants of the Lord, brothers!

Long live the King² and his just rule!

^{1.} The Tamil word translated as 'rectitude' has the combined meaning of right conduct, virtue, integrity and good manners.

^{2.} This song was first sung in 1941.

WORSHIP THAT ONE!

Worship as One, O my mind,
The Reality that shines
As the world, as everything that lives,
And as the Lord!
Worship that One!

Worship the One, about which none can say
Whether It is or It is not.
Worship the One that has been and is the same
In the past and now and always.
Worship that One!

Worship the One that stands 'twixt good and evil,
The One that comes in jñāna-yoga¹ meditation.
Worship the One that burnt up Kāma² with His eye,
The One that kicked to death the god of death.³
Worship that One!

^{1.} Jñāna-yoga is the yoga of knowledge.

^{2.} Manmatha or Kāma is the god of love, the equivalent of Cupid. The Purānic story relates that the devas (gods) were very anxious that Lord Siva should wed Pārvati (Śakti), so that His promised son, Murukan, should be born, who would free them from the asuras (demons), their oppressors. (See Introduction p. xiii). But Lord Śiva was absorbed in deep meditation. The devas therefore persuaded Manmatha to shoot some of his flowery darts at Him. When the flowers touched the Lord, He opened His eyes, and a flash of fire from His third eye reduced Manmatha to ashes.

^{3.} See p. 50. Note 2.

1. LET US REPEAT THE NAME OF SIVA

Refrain:

Let our minds be cleared through repeating the name of Siva. Let us attain bliss from the sight of His holy feet.

Bliss beyond compare already lies within us. O wonder! Realize that and practise Śivathoṇḍu.

Let our minds be cleared...

We will know the *tattvas* as nothing else but matter; The Ātmā is reality—we will live for ever! Let our minds be cleared...

"Thou, in truth, art neither ignorance nor knowledge". This is the rare philosophy, difficult to master.

Let our minds be cleared...

We will slay the mind that it follows not the senses. We will go our way in full and perfect *nishdai*.

Let our minds be cleared...

We will see the vanity of liking and disliking. Siddhānta and Vedānta we'll proclaim as equal. Let our minds be cleared...

We will not be forgetful of benefits and kindness. To all parts of the globe we'll spread, doing Śivathoṇḍu. Let our minds be cleared...

From true and noble friendship we will ne'er be parted. We will be ever saying—'Ōm Śivāyanama'.¹

Let our minds be cleared...

We will keep in mind that all is Siva's action.
Towards all other souls our love will be extended.
Let our minds be cleared...

l. See Appendix II.

The guru's holy feet we'll ne'er forget to worship; Nor will be seen to move with the unworthy. Let our minds be cleared...

No sorrow do we know, but bliss alone experience. Yet, if God is not remembered, then troubles will arise. Let our minds be cleared...

ACCEPT THE ASSURANCE OF THESE WORDS

Go to the Śivathoṇḍan Home,¹
And *mukti* win through meditation.
Be at rest by keeping silent.
Know this to be the mantra!

Realize who is 'this' and 'that man'; Know that the Ātmā is eternal. Within you is bliss beyond compare. See that all that is, is truth!²

Follow not the senses' path,
But bring them under your control.
Rid yourself of cruel hatred.
Vedānta and Siddhānta seek to learn.

Know that there is not one wrong thing², And ' $O\dot{m}$ Śivāyanama' pray. With melting heart true bliss attain. Accept the assurance of these words!

^{1.} See Introduction p. xxxvii.

^{2.} See Introduction p. xxxiv.

WHAT IS THERE TO SAY?

Nothing can be lost and nothing can be gained. There is nothing curious here. Why be grieved by others? Jīva will Śiva become for those that offer worship. Will they be reborn on this earth again?

There is nothing to be said! There is no sin or merit. If you overcome your foe, the mind, and ever worship God, You can rest assured that no one is your equal. Know this, and live with valour in the world!

"Through knowledge attain Knowledge. Know thyself", he said. If you see nothing separated from you, then you and I are Brahman. There are no attributes or symbols, no union or division. There is no ground to say that there are many lives.

There is no place for thinking of this day or the morrow. Like a cow parted from its calf we make lamentation, That due to our past karma we took birth in this world. Now let us praise the feet of Him who dances in the hall.

What is there to say? Worship Him and understand His way, Who with the eye upon His brow cruel Kāma burnt,² who Yaman conquered.

Without other thought within your heart repeat The holy letters five³, and live from all guile free!

^{1.} See Introduction p. xi.

^{2.} See p. 63. Note 2.

^{3.} See Appendix II.

VIA NEGATIVA

I will...not think of It as 'one' or 'two'.

I will...not approach It as 'good' or 'bad'.

I will...not say that It was or that It is.

I will...not know what has been or what is to come.

I will...not consider that there is no wrong thing.¹

I will...not think of guru and disciple.

I will...not state that there is two-fold *karma*.¹

I will...not say It is the conclusion of the Vedas.

I will...not be moved by praise or blame.

I will...not make happiness my goal.

I will...not be deluded by those who flatter me.

I will...not suffer through repeating—"Aham Brahmasmi."

I will...not declare that there is unceasing love.

I will...not advise to give or not to give.

I will...not have respect for fools or sages.

I will...not say It is the beginning, the middle or the end.

I will...not be aware of It as 'five' or 'six' or 'eight'.3

I will...not entertain the thought of treachery or deceit.

I will...not have liking for grief or indignation.

I will...not show preference for nectar or for poison.

- 1. See Introduction p. xxxiv.
- 2. See Introduction p. xxiv.
- 3. The mantra of Lord Śiva (the *Pañcākṣara*) consists of five letters or syllables (See Appendix II); the mantra of Lord Murukan consists of six letters and the mantra of Lord Viṣṇu of eight letters.

SHOW ME THE WAY

Alas, O God! My mind is following a wrongful path, Because of the arrogance of 'I' and 'mine'.

O God of gods! I know not what to do.

Bestow on me a glance of Thy sweet holy grace
And reveal to me the way to liberation!

On this earth, is there another help but Thou,
O Lord of Nallūr, praised by all the world,
Who bears the glorious lance! and on the peacock rides?

WHATEVER YOU SEE, SEE AS ŚIVA

Refrain: Whatever you see, see as Śiva

And do not be distressed, O mind!

Those, who are free from agitation And who the senses five control, Will surely win the bliss of Siva.

Whatever you see, see as Śiva And do not be distressed, O mind!

The path prescribed by your religion You should always tread, and live In changeless, silent contemplation.

Whatever you see, see as Siva And do not be distressed, O mind!

This song is sung by Yogaswami, Who is ever mindful of the feet Of Chellappan, the perfect guru.

Whatever you see, see as Siva And do not be distressed, O mind!

^{1.} The *vēl*. See Introduction p. xiv.

^{2.} See Appendix I p. ii.

THE ĀTMĀ

It is greater than the great and smaller than the small. It is dearer than all dear things—that is the Ātmā! Whether it is 'one' or 'two' you cannot say. You cannot seek it, saying it is good or evil. It is as it has always been. It can never depart and leave us. It engenders happiness and wipes away all sorrow. It eradicates objective vision so that it does not sprout again. It is the sole reality that cannot be created or destroyed. Gods and sages search for it, but are unable to behold it. It is as it is in your humble servant's mind; And there it will remain and execute its tricks!

LISTEN TO WHAT I SAY!

Young man, listen to what I say! Constantly recall the mind that ever runs away, And make it stay with you.

Young man, listen to what I say! Doing service or going begging, Always think that we are Siva.

Young man, listen to what I say! Abhor the three desires¹ and conquer them By singing and contemplation.

Young man, listen to what I say! Lankā is a noble land full of lakes and rivers. Hate the very words—"I am a sinner"!

Young man, listen to what I say! Always praise the Lancer, who the feathered peacock rides². Let '*NamaŚivaya*' be ever on your tongue.

^{1.} See p. 36. Note 2.

^{2.} i.e. Lord Murukan. (See Appendix I p. ii),

MY MIND FOR EVER HOPS AND CAPERS

Refrain: My mind for ever hops and capers.

What a cruel thing this is! I am your slave, O gurunāthan! My prayers are made to you!

I have bathed in holy waters, And gone on pilgrimage. Yet is my mind not clear. What further can I do?

My mind for ever hops and capers...

Although I know that everywhere Whate'er I see is you, Since that I have not realized, I suffer great distress.

My mind for ever hops and capers

It is your duty to protect me, And take me 'neath your rule. You are a very sea of mercy. Your property am I!

My mind for ever hops and capers

All those, who learn and sing these songs Of the *bhakta, Yogaswami*, Will live on earth excelling all, And rest united to God's holy feet.

My mind for ever hops and capers..

KNOW THE SELF THROUGH THE SELF

Know that love is Śiva.

Realize that we are That.

Sing to melt your very bones. Rise up and march on!

All is the form of God.

Be all-pervasive like the ether.

Banish all vain desires.

Be watchful as you guard your eye, And carry out your work.

Without worry go your way.

Lankā is our land!

There is no male or female,

No sameness or diversity.

Heaven and earth are one.

This is the language of the great!

Come now and be happy;

We will rule the world!

Know the Self through the self.

Be simply what you are.

He came like a mother

At beautiful Nallur.

There is naught else to say.

Trouble comes from thoughts of 'great' and 'small'.

DANCE SERPENT!

Refrain. Dance serpent! Bow and dance serpent! Saying that the Ātmā is eternal, Dance serpent!

Declare that wealth, children and relations are illusion. Rejoice in the way of the great ascetics. Give praise to Him, who wears the *thōdu* in His ear,² And remaining *summā*,³ with opened eyes. Dance, O serpent!

Dance serpent! Bow and dance serpent! Saying that the Ātmā is eternal, Dance serpent!

Proclaiming that liberation is ever ours by right, That all other vain desires are bondage, That all the riches we acquire are for doing Śivathoṇḍu, Go throughout the world and tell the truth, And dance, O serpent!

Dance serpent! Bow and dance serpent!! Saying that the Ātmā is eternal, Dance serpent!

Even in suffering, think of the Almighty's feet. Look on a potsherd and the greatest wealth as one. Sing and sing and praise the Holy Grace, And, repeating—"All is truth", Pray and dance, O serpent!

Dance serpent! Bow and dance serpent! Saying that the Ātmā is eternal, Dance serpent!

^{1.} In India and Ceylon snake-charmers will often sing a song to the snake with music from a pipe as accompaniment.

^{2.} See Introduction p. xii.

^{3.} See Introduction p. xxxii.

WONDROUS GODS ARE WE!

Elder brothers, younger brothers, mothers — listen! Wondrous gods are we! Know this and live!

Can anyone describe our nature? What fear is there for us? Are not all things Śiva?

Can we forget the perfect saying uttered by sages long ago, "Not an atom moves but by His will"?

It is good to live with calmness in the world, Not thinking that God is here or there, but knowing that He is everywhere.

Servants of Śiva¹ state a truth that He is the Eye within
the eye.
Service to Śiva is to know its meaning and thus live free

Service to Siva is to know its meaning and thus live free from sorrow.

This small self has crowned his head with the holy feet Of those great souls, who realize that everything is One.

THIS LITTLE SELF SURRENDERS UNTO THEE

O God, 'tis Thou hast made me realize Self by self.

My Lord Supreme, Thou hast the power to accomplish

everything!

Thou art to me more loving than my mother and my father. The Soul of my soul indeed art Thou!

For Thee there is no end and no beginning.

Thou art my wealth, O Lord of Lanka where coconut and palmyra² thrive!

The God of gods art Thou! This little self surrenders unto Thee.

^{1.} i.e. Śivathoṇḍar. (Śivathoṇḍar is the plural of Śivathoṇḍan. See Introduction p. xxxvii).

^{2.} In North Ceylon the palmyrah palm is as ubiquitous as the coconut in the South.

LITTLE TREASURE

When the God of gods Dwells in your heart, Why roam about the world, little treasure?¹ Say farewell to sorrow!

Be not tossed here and there Like a straw upon the ocean! Suffer no distress on earth, little treasure. See and enjoy!

When the Lord of All Is here and there and everywhere, Don't wander to and fro, little treasure! Rejoice and dance and sing!

Praying for the holy grace
That knows not night or day²,
O lovely lady of the red lotus³, my little treasure,
Live with probity!

Utterly forsake All pomp and vanity! Behold close by to you, little treasure, The holy feet untouched by evil!

^{1.} The Tamil word translated as 'treasure' means literally 'gold'. It is used as a term of endearment for girls and small children.

^{2.} See p. 36. Note 3.

The goddess Lakṣmi, the consort of Viṣṇu, who signifies wealth, prosperity and auspiciousness, is often represented as standing or sitting on a red lotus flower.

Assume no outward show. Mix not with useless people. Don't search! Don't be confused, little treasure! Jīva has Śiva become!

Ever crying to the Lord, Give praise and offer worship, Till *turiya's* state you win, little treasure! Seek for the profit of the soul!

In former days the silent *guru* Said, "All that is, is truth."

There's nothing harmful here, little treasure!
But live in wariness!

When seer and sight have gone, And there is no object seen, You can abide in glory, little treasure! Death can cause no fear.

The holy feet that heaven pervade Are always in your heart. Do not waste your time, little treasure! Pray and offer worship!

Forsake both pride and shame! Not knowing earth or heaven, By yourself remain alone, little treasure, In the real form of the self!

^{1.} See Introduction p. xxxiv.

Except the self which is the Self There is no help for the self. In the state of silence¹, little treasure, Let yourself be drowned!

Do not enthrone your intellect And crown a worthless path! Then victory is yours, little treasure. Abandon like and dislike!

The Lord is in all directions.

Be as you have been!

Have love and faith and see, little treasure!

There is no fault or sin.

Don't cling to and embrace The thirty-six *tattva* devils. In pure and perfect fullness, little treasure, Blissfully abide!

Do not speak of wisdom! For aught else do not seek! Wander as one dead, little treasure, And know that you are God!

Avoid excessive talk!
Do not abuse great men!
For enemy and friend, little treasure,
Will both be seen as one.

^{1.} See p. 60. Note

THE SILENT SAGE PROCLAIMED THAT DAY

Refrain. ... The silent sage proclaimed that day

That all that is, is truth.

Do Śivathondu with the thought That defect there is none. The silent sage...

Birth will cease to be.
All sins will be destroyed.
Arise and be awake!
All victory is yours!
The silent sage...

Be not faint in heart! That 'jīva is Śiva' is clear, If the guru's word of truth You come to understand. The silent sage...

Singing and giving praise, Yogan¹ is guarded each day By the Rich One's holy feet, Which are day and night his aid. The silent sage...

^{1.} See p. 45. Note 1.

^{2.} See Introduction p. xxxiv.

^{3.} Yogan is short for Yogaswāmi.

THIS IS THE PROPER TIME, MY SON!

This is the proper time, my son, For us to know ourselves.

Do good to all, my son; God is there within you.

Don't kill¹, don't harbour anger, O my son! Worship each morn and evening.

There is no use in words, my son; You remain *summā* ² and see!

It is neither the eye nor the ear, my son; It is the Eye of the eye.

It lies beyond all thought, my son. Everything is That.

Don't have desire for land, my son, Nor for gold or woman!³

Of nothing be afraid, my son; Don't run away and hide!

In the past and now It ever is, my son. Sing and offer worship!

Think 'Aham Brahmāsmi', my dear son. Make that your daily practice.

This world and the next, my son, You will realize here.

^{1. &#}x27;Not killing' can be taken to mean non-violence or *ahinisa*, which is said to be the highest *dharma*.

^{2.} See Introduction p. xxxii.

^{3.} See p. 36. Note 2.

I AM HERE, I AM THERE, I AM EVERYWHERE!

I am here, I am there, I am everywhere! And I am the madman who knows it!

I will not differentiate, and then bow down and worship. The idea of 'good' and 'bad' I will not recognize.

I will not care to see that my speech is always pleasing; Nor will I give value to this vain, deceptive life.

I will not prepare *pongals*¹ or offer flowers in $p\bar{u}j\bar{a}$.² I will not think and grieve over what is past and gone.

I care not for the wealth that belongs to those who perish. I will not make display of miracles or powers.

I will walk the earth as roams a young lion. With wicked, wanton folk I'll not associate.

Wherever I may be, there is my home and dwelling. I shall not say it's shameful to be receiving alms.

Between Sinhalese and Tamils³ I make no separation; Nor do I assume any distinctive mark or sign.

I shall be remaining like a golden image, And be ever saying—"Sāmba⁴ Śiva, Śiva!"

The Lord of Nallūr, where women throng to worship, Chellappan, my father, I shall ne'er forget.

^{1.} A *pongal* (lit: 'a boiling over') is the boiling of rice (often with milk, sugar, raisins etc., added to it), which is ritually prepared as an offering to a deity.

^{2.} Ritual worship.

^{3.} The Sinhalese and the Tamils are the two principal races inhabiting Ceylon.

^{4.} Sāmba is the adjectival form (in Tamil) of Śambhu, one of the names of Lord Śiva.

SEE ŚIVA EVERYWHERE

Don't think that it is 'here' or 'there'! Don't think of 'this' or 'that man'! See Siva everywhere, my treasure And live in happiness!

Caught in the network of desire, The Lord you have forgotten. Worship His sacred feet, my treasure, And in perfection live!

Go and pay reverence each day To the holy feet of Nallūr's Lord.² But that they are or they are not, my treasure, You cannot even say!

We have the mercy of the dweller at Nallūr. If you want liberation, See all as the action of the Lord, my treasure, And daily pray to Him.

Think without thinking of the exalted holy words-"All that is, is truth",³ And humbly offer worship, my treasure. In everything will you succeed.

In order that the Perfect One, Who has no name or country, May dwell within your heart, my treasure, Do daily meditation

^{1.} See p. 74. Note 1.

^{2.} This could refer either to Chellappaswāmi or to Murukan (Kandaswāmi) See Introduction pp. xxxiii, xxxiv.

^{3.} See Introduction p. xxxiv.

"My father, who is our Lord— He is the Lord of all". Ponder the beauty of these sacred words, my treasure, Within your heart and live!

Never forget our Lord's most holy feet, Which all the seven worlds² Venerate and praise, my treasure. There is no 'I' or 'you'.

You are not the five great elements;³ Of that you can be sure! Remember you are the $\bar{A}tm\bar{a}$, my treasure, Do not desire to rule!

Forget not that this body, With nine entrances endowed, Is the temple of the Lord, my treasure. Give praise and offer worship!

Be not unmindful of the precept—
"Never cease from learning."
All things are of *Śiva* made, my treasure.
Be afraid of naught!

Abide in the firm conviction That our Lord and God is One, As long as you have life, my treasure. Do not speak in envy!

(Continued)

^{1.} This is a quotation from Mānikkavāsakar, one of the four great Tamil poet-saints.

^{2.} This means the whole universe.

^{3.} i.e. earth, water, fire, air and ether, of which the body and all material things consist.

^{4.} This is a quotation from the Tamil poetess and saint Avvaiyār.

Do not roam about the world In search of food and money. Covet not another's wealth, my treasure. Deliverance is yours.

O, KING OF NALLŪR!

O,...King! O, King of the city of Nallūr. Show the right path to me and take this dog beneath your sway!

Give me your grace to melt my stone-like heart! Make me to abide in boundless bliss!

Grant me the boon of knowing that the Ātmā is eternal! Grace me that I may be rid of all vain and useless fancies!

Give me the remedy to cure the dire disease of *māyā*! Ere this body dissolves, give me the grace to see!

Show me Śivalingam² in the heart! Show me SadāŚiva³ in the sound!

Reveal to me all beings in the Lord! Reveal to me the Lord in everyone!

I want the boon that on this earth I will not kill.⁴ I long to have love for all.

I want the gift of never forgetting you.

O guru, grant me the boon of standing as firm as a mountain!

^{1.} See p. 80. Note 2.

^{2.} See Introduction p. ix.

^{3.} See p. 54. Note 4.

^{4.} See p. 78. Note 1.

GRACE IS WITHIN MY GRASP

Refrain:1

Grace is within my grasp; My mind is full of joy!

The knowledge is growing ripe, That there is no one else but I. Grace is within my grasp; My mind is full of joy!

All my doubts are cleared
As to whether it is 'one' or 'two'.²
Through repeating—'Om Śivāyanama',
My heart is now at peace.
Grace is within my grasp;
My mind is full of joy!

Even the terrible Yaman
Will obey my commands with awe.
I am afraid of nothing,
And nothing will make me fear!
Grace is within my grasp;
My mind is full of joy!

^{1.} See p. 45. Note 1.

^{2.} See p. 48. Note 2.

NAMAŚIVĀYA

O Father, who wilt ne'er forsake the hearts of devotees! O Life of Grace! O Bounteous Lord, Who the deer and shapely axe¹ dost wield! Namaśivāya.²

The body is Thy temple; the soul is Śivalingam. O Taintless One, inseparably Art Thou pervading everything! Namaśivāya.

O Mount of Light! O Flawless Help, Who *mukti's* bliss dost make to win All those that venerate Thy feet! *Namaśivāya*.

O God All-Bountiful, who never leaves us! O Lord, whose fragrant lotus feet By all the gods are praised! Namaśivāya.

O Lord Divine, who dwells within And knows the hearts of all who think! O God, who hast Thy flower-crowned Lady as Thy other half! *Namaśivāya*.

O Śankara, who as a mother dost bestow Thy grace On all who come to realize the truth, Remaining like dumb men! *Namaśivāya.*

^{1.} See Appendix I. p. v.

 ⁽lit: 'homage to Śiva'). The Pañcākṣara mantra and one of the names of Lord Śiva. See Appendix II.

^{3.} See Introduction p. ix.

O Gracious God, Who art the source, as sages have declared, Whence springs the thinker's every thought! Namaśivāya.

O my Almighty Father, One and only One, who didst to Kāñci come, Thy beauteous Lady's sorrow to dispel! Namaśivāya.

O Thou, who at Nallūr that day my doubts didst end, And gav'st protection to thy humble slave!
O Pure and Glorious One! O Mount of *Turīya*!
Namaśivāya.

O Lord Divine, my nectar, who out of love Dost make the soul to be contained Within this nine-holed bag of skin!² Namaśivāya.

l. The *Puranic* story relates how once Umā Devi, Lord ŚÖiva's Consort, playfully closed His eyes with her hands. Immediately the sun and the moon and all the other luminaries lost their light and, though this had seemed but the act of a moment, for long ages the whole universe was plunged in darkness. Then the Lord looked at the world with His third eye and there was light again as before. To atone for this prank, Umā Devi was ordered to do *tapas* at Kānčipuram (Kānci) in South India, a city much venerated by all Hindus. There by the side of a river she installed a *lingam* (see Introduction p. ix.) made of earth and was performing *pūjā* to it every day. Some time later, by the Lord's grace, the river was in flood and overflowed its banks. Fearing that the *lingam* might be washed away, *Umā* clasped it to her, and from the warmth of her love it melted. Then the waters subsided and, pleased with her devotion, the Lord appeared to her and they were united once again.

^{2.} i.e. the body.

WHO CAN KNOW?

The...universe, animate and inanimate, is His body. The...universe, animate and inanimate, is His play.¹ The...universe, animate and inanimate, is He. The...whole universe, animate and inanimate, is a wonder.

Through the 'five letters' everything exists. Through the 'live letters' everything comes into being. Through the 'five letters' is everything established. Who knows the wonder of the 'five letters'?

Love is God. Love is the world. Love is all that lives. Love is everything. It is love that appears as becoming and dissolution. Who knows the wonder of love?

He is the One without origin or end. The reason for His seeming to have origin and end Can only be known by the Origin's Pure Grace. No one can know it through learning.

He creates limitless lives.
The wonder of His being limitless lives
The limitless gods and demons³ do not know.
Who can know His limitless Grace?

- 1. See Introduction pp. x, xi.
- 2. See Appendix II.
- 3. See Introduction p. xiv.

of sound2.

THAT

It cannot be seen by the eye, and yet It is the eye within the eve. It cannot be heard by the ear, and yet It is the ear within the ear. It cannot be smelt by the nose, and yet It is that which makes the nose to smell. It cannot be uttered by the mouth, and yet It is that which makes the mouth to speak. It cannot be grasped by the hand, and yet It is that which makes the hand to grasp. It cannot be reached by the feet, and yet It is that which makes the feet to walk. It cannot be thought by the mind, and yet It is the mind within the mind. It is the Primal One without past or future; Its form is free from age and sickness. It manifests as fattier and as mother; It blossoms as the Self-Existent. It cannot be described as 'one' or 'two'l; no artist can portray It. It is that which lies 'twixt good and evil; It ever abides in the hearts of the wise.

It permits no distinction between Vedānta and Siddhānta. It is that which dances at the zenith beyond the realm

^{1.} i.e. It transcends all theories such as monism, dualism etc.

^{2.} i.e. beyond the first vibration from which all' manifestation erives.

CHELLAPPAN DANCED IN BLISS

Refrain: Night and day in Nallūr's precincts Chellappan danced in bliss.

Even holy yogis merged in silence do not know him. He keeps repeating— "All is truth"², with radiant countenance.

Night and day in Nallūr's precincts Chellappan danced in bliss.

To end my endless turning on the wheel of wretched birth, He took me 'neath his rule and I was drowned in bliss.

Leaving charity and *tapas*, *charyā* and *kriyā* ³—By fourfold means he made me as himself!

Night and day in Nallūr's precincts Chellappan danced in bliss.

"There is nothing in the objective. All is truth"— His grace made $m\bar{a}y\bar{a}$'s shrouding darkness to depart. In that state my body and soul were his possessions. O wonder! Who in the world is able to know this?

Night and day in Nallūr's precincts Chellappan danced in bliss.

^{1.} See p. 45. Note 1.

^{2.} See Introduction p. xxxiv.

^{3.} See Introduction pp. xxv-xxvii.

ACHIEVEMENT

Refrain: After wandering in constant search, I am now clear in mind.

Through clear vision in the mind, bad *karma* is no more. I have attained the feet of Almighty God Himself! The world has vanished like a dream. All victory has come within my grasp!

After wandering in constant search, I am now clear in mind.

The senses from all their activity have ceased. I have come to see the sights that nobody can see. Apart from me I do not find a second! Oh! Oh! Māyā has flown away!

After wandering in constant search, I am now clear in mind.

I will tell my mind to stop and make it to stand still. I will command it to tread the righteous path. I will declare my strength and vanquish everyone. I will proclaim the vanity of desire for earthly life.

After wandering in constant search, I am now clear in mind.

LIGHT! LIGHT! LIGHT DIVINE!

The Lord, whom even Brahmā and Viṣṇu could not seel despite their searching for Him,

In a form like mine to Nallūr came, where people throng to worship.

One day with glowing countenance He, whom no one knew, Looked directly in my face and said—"There's no wrong thing."

He showed to me the Formless and That which is with form; He showed and showed the state of Grace, beyond what is beyond;

He revealed to me Reality without end or beginning, And enclosed me in the subtlety of the state of being *summā*.

All sorrow disappeared; all happiness disappeared! Light! Light! Light Divine!

OM TAT SAT OM

Rise ere the sun each morning and wash feet, face and hands. Weaving fresh blossoms into garlands, give worship unto

 God^3 .

If we curb the mind from following the senses and venerate the Lord's celestial feet,

Desire can certainly be conquered, before the shock of death shall us assail.

"All is truth"—as that word the sage has spoken gradually ripens in your heart,

You will come to have direct perception and with cleared mind will *mukti's* bliss attain.

There is no doubt about this whatsoever. All things are the action of the Lord.

In the cave of your heart by day and night extol Him,

repeating—"Ōm Tat Sat".4

^{1.} See Appendix I. p. ii.

^{2.} See Introduction p. xxxii.

^{3.} See p. 42. Note 4.

^{4.} See p. 4. Note 3.

Those hearts, which ever dwell on Him in homage, are the holy temple where the Lord abides.

Sitting, lying, walking — we will not cease from praise and worship.

Virtue and vice are both imagination, for we are that which neither comes nor goes.

Know this through Grace alone; on intellect do not depend. Coming to take birth and living in this world is itself a great illusion.

This great ascetics know—not others; so to that impart not importance.

We can live for countless ages! Of nothing need you be afraid; But, moving as you please, be ever giving praise. *Om Tat Sat!*

The joy of rearing Siva in our heart is now reality. The concept of a separate God, henceforth is dead and gone. Of the vainly roaming mind we will be master, nor will we travel by the senses' path.

We will fully know the *Ātmā*, as the Truth that nothing can destroy. We will go the way of *tapas* and, heeding the *guru's* word, the Self itself will come to realize.

Peace, patience and the good work that befits us will always be for us our ornaments.

Liking and disliking have both fled into hiding. In nothing are we lacking!

All is truth! Repeat each day—'Ōm Tat Sat Ōm'!1

In the Tamil edition 'Light! Light! Light Divine!', on the previous page, forms the first verse of one poem, of which verse 3 of 'Ōm Tat Sat Ōm' is the second verse, verse 1 the third, and verse 2 the fourth.

UNTIPARA

Concealing the deer and the battle-axe[!], He came on earth for us to see—*Untipara*, *Untipara*! All care is ended, cry *Untipara*!

That burning grief should vanish from my mind, He gave me a *mantra—Untīpara*, *Untīpara*! *Māyā* was destroyed—cry *Untīpara*!

He, who came as a king and ruled *Madurai*,³ Dwells in the golden hall⁴—*Untīpara*, *Untīpara*! Full and perfect I became—cry *Untīpara*!

I became fit for all the world To come under my control—*Untipara*, *Untipara*! The Supreme Spirit am I—cry *Untipara*!

Disclosing all things within the letters five⁵, He settled in my heart—*Untipara*, *Untipara*! I became you—cry *Untipara*!

^{1.} See Appendix I p. v.

Untipara means literally 'leap and fly'. It is the name of a kind of
folk-dance performed by girls and women, in which they sing a
song and at intervals spring in the air, crying 'Untipara!' out of
sheer joy.

^{3.} According to a Puranic story Lord Siva once came on earth as a king and ruled one of the Tamil kingdoms, of which the capital was Madurai.

^{4.} See Introduction p. xi.

^{5.} See Appendix II.

'Tis He who placed the moon and the Gangā on His head. He is the consort of His Śakti—Untīpara, Untīpara! Now there is no more birth for me—cry Untīpara!

Showing all the *tattvas* as being naught but matter, He stood within my mind— *Untipara*, *Untipara*! He is the God of gods—cry *Untipara*!

When the Supportless is reached by means of a support, There are the Lotus Feet—*Untipara*, *Untipara*! Then worship has won success—cry *Untipara*!

That I might bide in consciousness both by day and night, The Unseen Helper—*Untipara*, *Untipara*! Gave me a word²—cry *Untipara*!

Jīva is Śiva—to those who know this truth No harm can ever come—Untīpara, Untīpara! Love is Śiva—cry Untīpara!

All who hear and learn these verses ten Will wisdom win—*Untīpara*, *Untīpara*! Deliverance is ours—cry *Untīpara*!

^{1.} See Appendix I p. iv.

^{2.} See Introduction p. xxxi. Note 2.

O IMPISH MIND!

O impish mind! Don't wander here and there, If the Lord's grace you wish to gain. See that He is everywhere, O impish mind! Give praise to Him and worship!

O impish mind! Desire for wealth and land Will the judgment of the intellect destroy. Contemplate within your heart, O impish mind, Him, who is the King of kings!

O impish mind! Learn to bring your thought, Little by little under your control. Within you is the Lord of All, O impish mind! Of no one be afraid!

O impish mind! Don't sleep! Don't slacken effort! The state *of turīya* is what you must attain. Remain bereft of everything, O impish mind. And always be repeating—' $\bar{O}m$ '!

O impish mind! The disease of past cruel *karma* Will on this earth depart and fly away. Give up your stubborn will, O impish mind, And on Vedānta's path stand firm!

^{1.} The Tamil word translated as 'impish mind' is akappēy (pēy means 'devil' or 'imp'). One of the siddhas (See p. 56. Note l.) composed all his songs in a similar form and was known as Akappēy Siddha.

O impish mind! You are yourself that Being, Which ever is as It has ever been. Preserve in purity, O impish mind, The words that *gurunāthan* has declared!

O impish mind! Live in complete dependence Upon the *tattvas* 'Lord, the Self-Dependent. Depart not from the state of *maunam*, impish mind! Then liberation is within your grasp.

O impish mind! Do not become bewildered By thinking about what is 'good' or 'bad'. Do not eat by taking life, O impish mind! To the *guru's* holy feet give praise.

O impish mind! No one has perceived Him; And there is no one who has not perceived Him! There is no beginning and no end, O impish mind! There are no devas; there are no 'three gods'.2

O impish mind! God's grace is there within. Be not a prey to opium or $ka\tilde{n}j\bar{a}$, But ever in the heart, O impish mind, Guard carefully the sacred letters five!

^{1.} See p. 60. Note 1.

^{2.} i.e. Brahmā, Viṣṇu, Rudra. See Introduction p. vii.

Kañjā is a kind of wild hemp, which like opium can be smoked in a pipe.

^{4.} See Appendix II.

THE TRUE DEVOTEES

Everywhere will they see God, and ever be rejoicing.

From delusion, lust and anger they will wholly free
themselves.

They are happy in the practice of steadfast meditation,
And with good and evil karma are equally content,
For they are the true devotees
And servants of the Lord. $\bar{O}\dot{m}$.

If unbearable distress should come, they accept it and are joyful.

Both heaven and earth they worship and venerate as One. The sight of the dance of the Holy Feet they relish,

And 'Namaśivāya Hail!' are the words they will repeat.

For they are the true devotees

And servants of the Lord. Ōm.

They will say that for them there is no end and no beginning.

They will never be unmindful of loving devotees.

All attachment to caste and creed they have utterly forsaken,

And from the state of silence¹ they will not deviate,

For they are the true devotees

And servants of the Lord. Om.

In this world they will refuse to conform to any pattern. They will never be allured by the joys of fleeting youth Through repeated invocation they will become like madmen, And will ever be proclaiming that all that is, is truth, For they are the true devotees And servants of the Lord. $\bar{O}m$.

^{1.} The word translated as silence is maunam. See p. 60. Note 1.

^{2.} See Introduction p. xxxiv.

They do not make distinction between female, male and neuter. "Hara Hara! Śiva Śiva!" with gladness they repeat. They will say that with the seeing eye It is in truth commingled. They will enjoy the vision where there is no day or night!,

For they are the true devotees

And servants of the Lord. $\bar{O}m$.

They will say for them there is no being born or dying.

They will live like simple fools or those who are insane.

From their pure and humble hearts all deceit will be ejected. They proclaim—"Namaśivaya is the holy name of God", For they are the true devotees

And servants of the Lord. Om.

They will state that nothing is destroyed and nothing is created.

The 'five' and the 'three'³, they will realize as One.

They will say there is no coming and equally no going.

They will subjugate the mind that treads the wrongful path,

For they are the true devotees

And servants of the Lord. Ōm.

They will not be concerned with siddhas, gods or sages.

"Śiva Śiva!" is the prayer they will offer every day.

The Lord, who is the God of gods, they will always be extolling,

And even evil-doers they will not censure or despise.

For they are the true devotees

And servants of the Lord. Ōm.

(continued)

^{1.} See p. 36. Note 3.

^{2.} This is a line from *Tirujñānasambandhar*, one of the 'four Śaiva saints'.

^{3.} The 'three' can refer to A, U and M, the three letters that constitute the sacred monosyllable Om (or Aum), which in Śaiva Siddhānta doctrine are taken to represent Pati, paśu and pāśa (See Introduction p. xvi.), and the 'five' to Pañcākṣara or 'the five letters' (See Appendix II). 'The three and the five' can also represent the eight manifestations of Lord Śiva, which are—the five elements, sun, moon and jivatmā. There are also other interpretations.

Along the way of the five senses they will not stray and wander.

The arrogance of ego¹ they will annihilate.

They have gained the knowledge where they need not guard the senses.

They will avoid the danger of desire's deceptive path, For they are the true devotees And servants of the Lord. Om.

They will not keep in mind what has already come and vanished. For length of life and livelihood they will not show concern. With ever melting hearts they will overcome cruel Yaman. Auspicious days and planets will have no place in their thoughts, For they are the true devotees

And servants of the Lord. Om.

THE BODY IS A TEMPLE

The body is a temple, the controlled mind the acolyte. Love is the $p\bar{u}j\bar{a}$. Know that! Through this device you'll find that naught is lacking. That is what the Vedas all declare.

The Lord, who not a whit is separated from you, Those of impure mind can never see. The mind is a temple; the soul is its lamp. Meditate, meditate! Then truth will dawn for you.

"He is my friend. He is my foe"—talk of this kind renounce. If "All is Śiva, Śiva", you affirm instead, Abounding happiness will swallow you. This is the practice it is proper to perform.

Those who do *sādhana* will realize the Self. By the Lord's grace divisive thought forswear. This life doth for a bubble's while endure; Hence service of the *bhaktas* is where true virtue lies.

^{1.} The word here translated as 'ego' is anava. See Introduction p. xvi.

If you grow ever humbler, all sin will fly away, And powers such as *animā*¹ will come; Sorrow will depart and bliss you will attain, And steadfastness and joy ineffable.

Those, who regard all beings as the Lord And righteousness pursue, will win the state supreme. Distress they will dispel and happiness they'll gain. And Tillai's Lord of Dance² they'll surely reach.

On those, who whole-heartedly surrender Their possessions, souls and bodies, Naṭarāja, The Gracious Giver, will at once bestow His golden lotus feet. That is the truth!

There is no need to roam about or mortify the body; There is no need to sing or bow yourself in worship; There is no need to search or practise meditation, If the shining golden feet are crowning you!

"Hold rectitude more dear than life itself."³ Impress upon youf mind this holy saying of the sage And live, giving praise to the sacred lotus feet Of the Lord of Bliss, which are beyond all praise.

^{1.} The first of the eight powers or *siddhis* attained by the practice of *yoga*. It is the capacity to make oneself exceedingly small in size.

^{2.} Lord Śiva, as Naṭarāja (See Introduction pp. ix—xi), first showed the cosmic dance to two rishis at Tillai (Chidambaram) in South India.

^{3.} This is a quotation from Tiruvalluvar, a great poet and sage. The Tamil word translated as 'rectitude' has the combined meaning of right conduct, virtue, integrity and good manners.

THE PATH OF YOGA1

If you close the gates of *Pingalai* and *Idaikalai* And churn the *Sulumunai*, You can make the skull to open, my treasure,² And to the land of Kāśi go.

Concentrate where the nose doth end, And mount the horse of *prāṇa*. And, guiding it on either side, my treasure. Keep it going straight.

You will gain ability
To compose spontaneous verses
And the other kinds of poetry³, my treasure,
If you do *prānāyāma*.

For eight units of time inhale; For eight times eight be still; For twice eight then breathe out, my treasure. This is one kind of *prāṇāyāma*.

If, taking only milk and fruit. Not sleeping in the day, You ever adore the Lord, my treasure, You will be radiant as a child.

^{1.} An explanation of all the symbolism and of the Tamil and Sanskrit terms used in this song will be found in Appendix III.

^{2.} See p. 74. Note 1.

^{3.} According to Tamil prosody, poetry is classified under four headings—
'swiftness', i.e. ex-tempore verse; 'elegance', i.e. verse that is pleasing
to the ear, with perfect rhyming, alliteration etc.; 'embellishment', i.e.
verse composed in intricate and ingenious forms and metres, and
'expansion', i.e. long epic poems.

If you dwell in the solitary house, Where day is not nor night,¹ And worship and offer praise, my treasure, You will possess both earth and heaven.

Mount with proper care
The horse that has twelve feet,
And then with both your legs, my treasure,
Keep it in firm control.

The six steps first you must traverse; Then will come the silver step. If you surmount that too, my treasure, Who will be your equal?

The five senses will carry out your orders. The gods will shower on you their favours. You will win final liberation, my treasure. Open your eyes and see!

Beginning with the tongue that speaks. Surrender all your organs² to the Lord, If you are able to do that, my treasure, You will not have the smallest want.

Like a mighty potentate, In this world you can reside. Utter— "Om, Ām Nām",³ my treasure, And become possessed by that.

(continued)

^{1.} See p. 36. Note 3.

^{2.} i.e. the five organs of perception and the five organs of action. Sec Introduction pp. xxi, xxii.

^{3.} These three words do not form any commonly known *mantra* and their meaning is not clear.

Through constant invocation Stand firm on Ōmkāra's pillar¹, So that heavenly bliss may rise, my treasure. Then *Jīva* has Śiva become!

Become not negligent, Thinking that all has been achieved, Or your yogic powers will go, my treasure. Do not forget to worship!

In life, in death or in rebirth, Though of Him you are unmindful, Never will God forget you, my treasure. There is nothing else to fear!

That we are ourselves, That we are ourselves within ourselves, Be alone and see, my treasure! See the self as the Self!

The kingdom of the gods, The universe entire— All are in this hall², my treasure. There remain and rest!

That All-Supreme, which stands as 'one', And appears as 'two' and 'three', And 'four' and 'five' becomes³, my treasure Know that you are That!

^{1. &#}x27;To stand firm on *Ōnikāra's* pillar' can be taken to represent the state in which all the *tattvas* are transcended.

^{2.} See Introduction p. xi.

^{3.} In a song of Tirujñānasambandhar, one of the 'four Śaiva saints', 'two' is given as 'male and female', 'three' as 'the three *gunas'* (see Introduction p. xxii), 'four' as 'the four *Vedas*' and 'five' as 'the five elements'—earth, water, fire, air and ether.

Brown sugar, honey, fruit-juice, sugar-candy mixed together May on occasions cloy and nauseate; But the savour of the Omnipresent Lord, my treasure, Will ne'er be aught but sweet.

Those who have seen the Truth, Which the three *maṇḍalas* enfolds. About it will never speak, my treasure. It transcends all perception.

That which the six *adhvās'* surpasses And yet within the *adhvās* stands— That is as It has ever been, my treasure. Make sun and moon unite as one!

Now everything has truth become! All breath has gone! All speech has gone! Perfect success has been achieved, my treasure. Perceive without perceiving!

(Continued)

^{1.} According to Saiva Siddhānta, the whole manifested world of 'name and form' is nothing but a means of emancipation, a help given by God to enable the soul to escape from the darkness of ānava (See Introduction p. xvi). From this point of view it is classified into six 'paths' or 'ways of release' called adhvās. (The word adhvā means 'path' or 'way'). The six adhvās include all the experiences which the soul undergoes through repeated births on many different levels from the grossest to the most subtle. These experiences form its karma and perpetually give rise to fresh experiences and fresh karma on all levels of being.

At each birth the Lord allocates to the soul only that part of its previous karma that is necessary for that particular birth. All the remaining unexhausted karma is said to be 'stored' in the six $adhv\bar{a}s$. This unexhausted karma cannot be removed by the soul itself; that can only be done by the guru, who, at a certain stage in the soul's development, performs certain initiatory rites, which 'purify' the six $adhv\bar{a}s$ for it, thereby destroying all the karma that had been stored up in them.

You the five elements are not; The five sense-organs are not you; Nor are you the senses five¹, my treasure; You are the *Ātmā!* Realize that!

He Himself belongs to me, And this poor self belongs to Him. Then are not birth and death, my treasure. Naught but a mirage or a dream?

Those, who do not know themselves. Will say that previous *karma* Has resulted in all this, my treasure. But you be free from grief and worry!

Abandon all distress!

To the lotus feet surrender!

Let no guile be in your heart, my treasure.

Know eternity as your home!

Who will adorn a golden vessel And gaze in admiration? Never forget yourself, my treasure! Don't wander here and there!

He has no place; He has no name, No brothers and no sisters; No kith and kin has He, my treasure. Who is there who knows Him?

Earth and water, air and light and space— He with an eye upon His forehead² Has all of these become, my treasure. Who can see Him, if Himself He does not show?

Here 'the five sense-organs' mean the five organs of action, and 'the five senses' the five organs of perception. See Introduction p. xxii,

^{2.} See Appendix I p. iii.

KUTHAMBĀY II

Like oil in gingelly¹, He is everywhere— Is our God, *Kuthambāy*², Is our God, my dear.

Meditate, meditate—clarity will slowly dawn. Be firm, *Kuthambāy*, Be firm, my dear.

Like water that will always flow downhill, So is it with the Perfect Being. *Kuthambāy*; So is it with the Perfect One, my dear.

If you control the darting, wandering mind, You can reach the state of *turiya*, *Kuthambāy*; You can reach the state of *turiya*, my dear.

Wheresoever you may go, There you must see God, *Kuthambāy;* There you must see God, my dear.

As are the coconut and its water³, So is God in the world, *Kuthambāy;* So is God in the world, my dear.

^{1.} Seeds of the gingili plant are extremely small in size, but full of oil, which is used for cooking and medicinal purposes.

^{2.} See p. 56. Note 1.

^{3.} The whole of the inside of the kernel of the coconut is filled with a watery substance that is very refreshing to drink.

I AM HE

Refrain: "I am He"—you must affirm and meditate each day; Then all desires will leave you, and God's Grace will fall in showers.

Fear not! Like thistle-down will all your sins be blown away! Be ever wakeful and repeat the five letters² in your heart, "I am He"—you must affirm...

Give worship to the *guru's* feet and start Gradually to do your best to subjugate the mind. Anger and jealousy expel and scorn to kill and steal. Then dance and sing together with the Lord's true devotees. "I am He"—you must affirm...

Repeating— "For the Ātmā there is no end or beginning", Frequently and with ardour dance and sing. "You are without a second. Who is there who knows? All, all is truth³"—so has the master of Nallūr declared! "I am He"—you must affirm...

In this world you may acquire a multitude of *siddhis;*But do not stray from *bhakti's* path, nor disobey the words of *bhaktas*.

If you do service and in *Bhairavi*⁴ mode these lines of Yogaswāmi sing,

All your sins will fly away and on this earth deliverance you'll win.

"I am He"—you must affirm...

^{1.} See p. 45. Note 1.

^{2.} See Appendix II.

^{3.} See Introduction p. xxxiv.

^{4.} The name of a rāga or melody in South Indian music.

ŚIVA, ŚIVA

Associate ever with God's noble servants—Śiva, Śiva. Cherish the mantra that Chellappan gave.

Think well and then only undertake action—Śiva, Śiva. Lovingly care for all men in the world.

No matter what others may say—Śiva, Śiva, Argument is an evil whence arrogance springs.

Though the whole world may hate and oppose you—Śiva, Siva, It is great to be free of the least agitation.

The saying of great men that $j\bar{i}va$ is Śiva—Śiva, Śiva—Gladly accept and regard as true knowledge.

Is there anything that is destroyed or created—Śiva, Śiva? Who the five senses have conquered will realize this.

Without spoiling your work in the world—Śiva, Śiva, Take care to be always kind and indulgent.

Our atma is of all precious things the most precious—Śiva, Śiva; It is noble to live in the light of this knowledge.

It is proper for us on this earth to live gladly—Śiva, Śiva, Without ever saying— "It's here!" or "It's yonder!"

Our guru has given the excellent statement—Śiva, Śiva, "Wherever you are there will I also be".

HARK TO THE MAN OF LANKA'S WORDS!

Those, who praise with love the Lord's eternal feet. Will in this world no sorrow through attachment undergo. Receive within your heart this utterance of him, Whose motherland is *Lankā*, where fragrant groves abound.

Even the unlearned will attain salvation, If with songs and flowers they offer worship To the Almighty's holy feet. All your suffering will' depart, If you think and meditate on what the man of *Lankā* says.

The best help for the tongue is the original five letters¹. The best help for the eyes is the tender lotus feet. The best help on your path is to sing God's praise and glory. To these sayings of the happy man of *Lankā* give good heed!

Do not let your mind stray along the senses' path,
But learn on the right path at all times to remain.
Do not be deluded and affliction undergo.

Mukti will be yours, if you tread this path the man of

Lankā shows.

Cease from your travelling along the wrongful way, And always concentrate your aim upon the righteous way. In pursuit of the noblest way that has the highest worth; So falter not, but understand the way the man of *Lankā* tells.

^{1.} See Appendix II.

When the first initiation¹ has been given, The *sat-guru* will come. If his way you then pursue, The knowledge of how to realize Self within you will arise. To the man of *Lankā's* pleasing words 'tis proper to give heed.

Seer, sight and the object seen—if gracefully all three You leave aside and meditate upon God's lotus feet, All vain imaginings will take alarm and fly. Let the man of *Lankā's* noble words be treasured in your mind.

Whether you stay seated or in all directions go, Openly and with gladness extol the golden feet Of the Lord, who on the mountain doth reside.² The man of *Lankā's* joyous words will give you liberation.

In this birth consider as the Lord Himself Your father, mother, and dear brothers, And morning, noon and evening³ offer up your praise. This fine saying of the man of *Lankā* to deliverance

will lead.

All you, who make your hearts to burn by thinking of the past, To the fair feet of Wisdom's Lord give praise! Then all your meannesses will from you slip away. Ponder the man of *Lankā's* words that silence⁴ will bestow.

^{1.} See Introduction p. xxxi.

^{2.} See Appendix I p. i.

^{3.} Morning (sunrise), noon and evening (sunset) are the three times of *sandhi*, the hours of worship for all orthodox Hindus.

^{4.} The word translated as "silence" is maunam. Seep. 60. Note 1.

DEVOTION TO SIVA

I know no yoga. No yogis do I know. I know no other proper path. Before this body falls, Let me humbly worship and embrace Thy fragrant lotus feet!

That I may yearn to join the throng of those whole-hearted souls, Who with prayer and adoration pursue the taintless path, Grant me a boon to melt my heart and make it be contrite, And grant me that my tears may overflow!

That great disease called birth and death, that for ever doth endure—

To me henceforth what is there it can do, When my sure stronghold is the holy feet Of those deserving beings, who have refuge found in Thee?

They will live long and will not know distress From thinking of 'I' and 'you' and 'he', That tread the path of God, who inseparably abides As Knowledge of all knowledge, beyond what is beyond.

By doing patient service I have rid myself of sin. My Lord, who art as Thou hast ever been! Will there be further suffering? Can there be joy or sorrow, If Thy fair fragrant feet are on my head? The ornament of the head is the service of Thy feet. The ornament of music is the singing of Thy praise. The ornament of the eye is to see Thy beauteous form And bliss attain, O Lord, by serpents ornamented!

O Lord, who offerest Thy grace to devotees that worship! Grace me with the boon, that praising Thee I may abide, Oblivious of day and night². I have no words to utter this. Think of me, Lord, I beg of Thee, and do not from me part!

O Thou, who art the Thought that lies behind all thought! Must this poor dog grow lean in following the path of karma? Yet is there no distress for me, for all things are Thy action. Then say—from now henceforward can I know any fear? O Lord, who dwells within the minds of those who do hard *tapas*, Whom the *Āgamas* and *Vedas* are powerless to describe, Although they seek for Thee! Please tell me! Hast Thou some aversion

To pitying the wretched dog, who sings this song to Thee?

O Śiva of *Tillai*, who by Thy gracious nature

The five actions in the dance³ dost show through Thy

sweet holy form,

Make me hereafter to be born for the service of those souls,

Who have attained the noble path that of future birth is free!

^{1.} See Appendix I pp. iii, iv.

^{2.} See p. 36. Note 3.

^{3.} See Introduction p. xxxii.

COME, OFFER WORSHIP, O MY MIND!

Come offer worship, O my mind, To the Almighty's holy feet, Who has His temple in the hearts Of those that pray to Him.

Come, come to honour, O my mind, By speaking without speech, The holy feet which stand as all, And are beyond all too.

Come gladly and freely, O my mind, For me on earth to know And venerate the holy word—
"Where you are, there am I."

Come unreservedly, O my mind, That I may revere and love That Truth, which is but One alone, Yet stands as 'two' and 'three'.

Without attachment, O my mind, Come to adore the grace Of the *Guru* Supreme, to whom are attached, Those of attachment free.

 ^{&#}x27;Two' is Śiva and Śakti (See Introduction p. xii). 'Three' can be taken as the three principles of creation, preservation and destruction. (See Introduction p. vii).

Come with all swiftness, O my mind, To worship and praise each day The Compassionate and Changeless One, Who transcends speech and thought.

Come soon and quickly, O my mind, That seeing I may revere Our Lord, the one and only aim Of loving devotees.

Come, O my mind, to see that One, Who in Himself contains Each creature and the whole great world, Yet in one form abides.

Please follow, O my mind, this fool To pay respect to him, Who looked directly in my face, And told me—"You are I."

Come without waiting, O my mind, To worship and adore
The holy feet of that great sage,
Who, "All is truth," declared.

I can assure you, O my mind, That all, who hear and sing These verses ten, will live on earth As perfect among men.

^{1.} See Introduction p. xxxiv.

THE LIZARD SONG

If the Supreme comes here, who is all-powerful,
If the Lord should come, who dwells in hearts that praise Him.
If the God conies here, who even to the illiterate grants
His Grace—
In happiness rejoice and joyfully give welcome, little lizard!
If the knot that binds us to lust and other harmful qualities²
be loosened.

If the God should some whose very form is more.

If the God should come, whose very form is mercy, If Siva of His own accord should manifest before us In happiness rejoice and immediately give welcome, little lizard

If the thirty-six *tattvas*³ should be burnt up and cease to be. If the "Self by Itself should arise and show Itself, If the Lord should come who from His devotees is never parted—In happiness rejoice and reverently give welcome, little lizard!

If the One who is the Light of lights should come,
If the state of Truth should slowly dawn within my heart,
If the All-Bountiful should come, who holds us as His
bond-slaves—
In happiness rejoice and spontaneously give welcome,

little lizard!

^{1.} In every building all over South India and Ceylon small house-lizards will be found chasing flies and beetles on the walls and ceilings. At intervals, for no apparent reason, they give vent to a shrill chirping sound. It is ah old Tamil custom to pay special heed to the lizard's calls, which are taken either as a confirmation of some thought or intention on which there may be doubt, or as a warning or discouragement against embarking on some plan or undertaking, according to the moment at which the sound is heard. In this song the lizard is being called to give its approval and confirmation.

^{2.} These are called 'the six inner evils', namely—lust, anger, greed delusion, pride and jealousy.

^{3.} See Introduction pp. xxi, xxii.

If that Truth which cannot be spoken should come to be told, If the happiness of being *summā*¹ is attained, If that makes me mad for all to see—
In happiness rejoice and once more give welcome, little lizard!

If the Lord of Wealth should come with honeyed *konrai* flowers adorned,

If the God should come, who lives with Śivakāmi¹ at His side, If it should come to pass that you and I become⁵ as one—In happiness rejoice and yet again give welcome, little lizard!

If that Being, unknown even to the Vedas, should suddenly approach,

If He should come as all-pervading consciousness, If we can see the dance that is beyond the Primordial Sound³—In happiness rejoice and with sweet voice give welcome, little lizard!

If the holy feet, which dance— $t\bar{o}m$, $t\bar{o}m^4$, should come, If He appears, whose other half is His Lady of wavy tresses, If the Lord should come, who says—"I am coming! I am coming!"—

In happiness rejoice and abundantly give welcome, little lizard!

If the Pure One comes who joyfully rides the snow-white bull,⁵ If the Vedas' secret should be clearly understood, If we have vision of the dance universally performed for all—in happiness rejoice and once more give welcome, little lizard!

(continued)

^{1.} See Introduction p. xxxii.

^{2. (}lit: 'desired of Śiva'). Śiva's consort or Śakti.

^{3.} i.e. *Nāda*, the first vibration of the Supreme Spirit or Pure consciousness, which initiates the process of manifestation and from which all manifested things derive.

^{4.} This represents the sound made by the feet in dancing.

^{5.} See Appendix I, p. i.

If the Taintless One appears, who the five elements has become, If a mind that walks not in evil ways should be attained, If the Father of All should come with blossoms in His matted locks—In happiness rejoice and courteously give welcome, little lizard!

All those who hear and those who sing these verses ten, Will live from all harm free; and after, by the Grace of God, Will liberation win. That is the truth. Again and again in your sweet voice give utterance, little lizard!

PLAY THE KUMMI

O maiden! Play the *kummi*, play the *kummi*! Sing of *gurunāthan* and play the *kummi*! Play the *kummi* and sing of that Perfection, Which here and hereafter hath placed us 'neath Its sway!

O companion! Śiva alone is God. The Gangā is flowing on His head². Behold the Lady, who His left side forms³! Contemplate and liberation win!

O maiden! There is not anything save Him. He holds the fire in His hand. The serpent adorns His chest, O maiden! The tiger skin is round His waist.

The demon lies beneath His feet. In His beauteous hands the axe and deer. In one hand is seen the drum, O maiden! And in one hand the trident shines.

^{1.} The *kummi* is a kind of folk-dance performed by women, in which they dance and clap their hands. The word also denotes the song that is sung in accompaniment to the dance.

^{2.} For the symbolism used in this song, see Appendix I .pp. iv, v.

^{3.} See Introduction p. xii.

All living beings has He made His own. He kicked the murderous god of death. He has no origin or end, O maiden! Blissfully play the *kummi!*

Behold the beauty of the upraised foot!² Hark to the sound-beat—tōm, tōm, tōm'. He has the power to fashion and destroy. Blissfully play the *kummi!*

The snake and the tiger⁵ remained beholding What Brahmā and Viṣṇu strove to see. This is the proper time to give our praises! O lovely lady, play the *kummi!*

Stray not along the senses' path!
Make the sun to be united with the moon!⁴
Be calm and see, O maiden—
See Him and be content!

It is the honey that in the heart is ever sweet. It is the medicine that cures the incurable disease.⁵ Lovers perceive it and offer worship. O ladies, play the *kummi!*

^{1.} See p. 50. Note 2.

^{2.} See Introduction p. xxxii.

^{3.} The two rishis, to whom Lord Śiva first revealed the cosmic dance at Tillai (Chidambaram), were called Patañjali and Vyāghrapāda. Patañjali is always represented as being half man, half snake. This probably signifies Kuṇḍalini, as Patañjali was the great exponent of Rāja Yoga (See Appendix III). Vyāghrapāda means literally 'tiger-foot'; he was called by that name, because he had prayed to Lord Śiva to give him the claws of a tiger, so that he could climb trees easily in order to pluck flowers for His worship. The two sages may thus be taken to represent the way of yoga and the way of bhakti or devotion.

^{4.} See Appendix III pp. xiv, xv.

^{5.} i.e. birth.

ALL IS YOU

Father and mother are You. Dear brothers and sisters are You Incomparable wife is You. Precious sons are You. Royal potentates are You. The *devas* and all gods are You. This great earth is You; and that which guards and governs me is also You.

You it was who stayed the river. You are He whose half is Śakti.²

You are the truth-revealing Vedas. You are both righteousness and error.

You are the One adorned with ashes¹. You are He with an eye upon His brow¹.

You are the prize that I have gained. You are the One who has made me Yours.

Indra and the gods are You. The multitude of rishis are You; Both the sun and the moon are You; and 'tis You who as the *lingam*³ stands.

Mantra and *tantra* are You. This life and the next are You. All beauty and loveliness is You; and our Protector too is You.

You are the One without an end. You are the Lord who is my father.

You are in truth the Changeless One. You are that which is in the heart.

You are He who has no parts. You are also all beliefs. You are that which is known through search. You are order and perfection.

That which is love is You. Body and life are also You. Far and near are You. Truth and untruth too are You. Verse and melody are You. The contents of the song are You. Numbers and letters are You; and that which is my help is You.

^{1.} For the symbolism used in this song, see Appendix I pp. i, iii and iv.

^{2.} See Introduction p. xii.

^{3. (}lit: 'pillar'). See Introduction p. ix. This could also refer to the 'pillar of fire' in the *Puranic* story. See Appendix I p. ii.

You are all benefits. You are the true support of life. You are the Almighty Judge. You are yesterday and today. You are that understood by learning. You are the heart of the best of men.

You are, religion and You are race; and it is You who has made of me Your man.

Everything that is, is You. Your Lady forms one half of You. All might and power is You. All the days of our life are You. Many there are who glorify You. He who came on the Horse¹ was You.

The hearts of all good men are You; and that which is myself is You.

You are He who rides the bull. 'Twas You who kicked the god of death'.

'Tis You who as the *guru* comes. 'Tis You indeed who are my refuge.

You are what cannot be told. You are the Self-Existent One, You are that beyond all praise; and 'tis You behind the intellect.

He Who bestows alms is You, and He who accepts alms is You-The entire universe is You. The bright-browed Lady's Spouse is You.

He adorned with snakes is You. That which is sweet to worship is You.

He of beauteous form is You. What lies within the heart is You. The Universal One is You. That without place or name is You. That which is good is You. What will be tomorrow is You. Mountains and seas are You. The whole of this wide world is You.

What is in the open hall³ is You. That devoid of taint is You. (Continued)

^{1.} This refers to a story concerning the great poet-saint Māṇikkavāsakar.

^{2.} See p. 50. Note 2⁵.

^{3.} See Introduction p. xi.

That splendour known as $\bar{O}m$ is You. That which has no form is You, That which affirms is You and that which negates is You. That which is free of sloth is You. That which is the truth is You, Our safeguard is also You; and all embodied souls are You.

That which no envy knows is You. What becomes the letters five is You.

He who holds the deer is You. That which exists as 'I' is You. All upright minds are You. That behind all thought is You. That which is Divine is You. Guru and disciple—both are You.

A GARLAND OF MEDITATION

U and M are both in A. A and M are both in U. Both A and U inhere in M. He is a *siddha* who has seen and realized this in *Śi.*¹

Who has become both the Support and all that is supported, Who as the Consort of the Mother eternally abides, The Holy One, who as the five elements doth bloom—His lotus feet through worship I perceived.

Though they see that those who live today will cease to live tomorrow, Even so like gold they cherish this perishable body, And persist in their adherence to ideas of 'good' and 'bad'—Oh, when will they be able to behold the feet of God?

^{1.} This verse expresses a Siddhāntic interpretation of Om (AUM). Here, 'A'can be taken to represent Pati, or the Lord (in His manifested aspect, which would include Śakti), 'U' paśu, or the soul, and 'M' paśa, or bondage (mala). See Introduction p. xvi. Śi would then stand for Paraśivam. See Introduction p. viii and Appendix II p. viii.

By constant worry tiring out the body and possessed By the devil of attachment to their children, wives and kin, Which are but forms of *māyā*, still babbling when death comes— What does it matter if such misers live or die?

The Sovereign of the devas, the Primordial Source of All, The Splendour of Vedānta, that cruel bondage will dispel, Who stands beyond the *tattvas* and makes us one with Him—By forsaking our attachment, 'tis Him we have beheld.

That One who has no country and who cannot be named, Who is Knowledge of all knowledge, but who is known by none, He who air and fire and water has Himself become—Unite yourself with Him, then all your cares will cease to be.

Who is the light within me, of whom His Lady forms one half¹ The God, who bears the Gangā on His glistening matted locks,² The three-eyed One, Lord Siva, who is all diversity—Rely on Him and Him alone; that in itself is *tapas*.

That One Supreme, the *Siddha*, who all things doth perform, The Lord of all enjoyment, whose left half is His Spouse¹, The First of All, who burnt in wrath the illusory three cities³—Let us meditate on Him before our bodies fall.

Granting no place for weariness from the work of the five senses, Forswearing all deceitful deeds and wholly merged in merit, Unified in truth and act in giving adoration, Wasting and consumed by love, I pray and offer worship.

(Contd.)

^{1.} See Introduction p. xii and Appendix I p. i.

^{2.} For the symbolism used in this song, see Appendix I.

^{3.} In the Puranic story Lord Śiva destroyed the cities of three great asuras or demons, which can be taken to signify the 'three impurities'—ānava, karma, māyā. See Introduction p. xvi.

If you carefully close the nine gateways of the body, If melting to your very bones, with heart made soft and tender. You are able to transcend alike both happiness and sorrow, Then will come to you the Pure One with locks that shine like gold.

If you can use the key of constant watchfulness To open the bed-chamber of the well-constructed house, That is set upon the top of the pillar of *Omkāra*,¹ Then will the bliss of Siva be eternally assured.

If you can wholly banish all envy from your heart, And offer up your worship to the Beauteous Lord Supreme, Who in His hands the deer and the battle-axe doth hold, Both powers² and liberation will unfailingly be yours.

If you can keep your mind alert and wake it to true knowledge, And adore the *guru's* feet—he who from desire is free—And, softening like molten steel, grow pliable and tender, Then never will you know distress, but only bliss supernal.

It is good to see on every side and reverently worship Those, who by doing *tapas* that further birth repels, From the sight that knows not night or day³ are never separated, And in the knowledge ever live that everywhere is Siva.

^{1. &#}x27;The top of the pillar of *Omkāra*' can be taken to represent the state in which all the *tattvas* are transcended. The 'well-constructed house' would then stand for the Pure Void (See Introduction p. xi) and the 'bed-chamber' for *maunam*, the state of Pure Consciousness, which, in relation to the so-called 'waking' state, has been described as 'luminous sleep', and which is also *Om*.

^{2.} i.e. supernormal powers or siddhis.

^{3.} See p. 36. Note 3.

Namaśivāya is in truth both Āgama and Veda. Namaśivāya represents all mantras and tantras. Namaśivāya is our souls, our bodies and possessions. Namaśivāya has become our help and sure protection.

The Lord who dwells within the hearts of those who do good *tapas*,

The Lord, whose utterances are the Āgamas and Vedas—
Those who that Lord yearn for and seek will win the gift
of wisdom.

By keeping that Lord as our aim we've come to realization.

The thought that you are thinking is naught but you yourself.

They will themselves be that Supreme, who have attained
the knowledge

Of the Self, which has become their father, mother and relations. In truth, from now henceforward there is nothing more to say!

'You' and 'I' and 'he' and 'it', Burning fire and air and ether, Ghosts and devils, other beings, God— Upon examination will all appear as He.

The Madman¹, who dances with His slender-waisted Spouse, He, who in the heavens shines, who rides upon the bull-r-Those, who having seen rejoice in seeing Him, Will hot take birth again. So the *Vedas* have declared.

Even those of keen intellect cannot penetrate and see, Even he, who on the lotus dwells², is unable to perceive, Even the $\bar{A}gamas$ and Vedas are powerless to describe Him, whom the virtuous through $s\bar{a}dhana$ will know.

(Continued)

^{1.} See p. 54. Note 3.

^{2.} i.e. Brahmā, who is usually depicted as sitting on a lotus flower.

He who, adorned with matted locks and an eye upon His forehead,

With ghosts and spirits sports and plays, and on the bull doth ride,

The sight of whom is easily attained by long-tressed Umā—He is the Pure One, who will eat no food that's sold for money.

The kind and loving Yogi¹, who is beyond all ways and paths, Who from the taint of bondage is by nature wholly free, Who is great beyond description, and abides without a name—He is the Lord of Yogan², His devotee and slave.

He who the three-pronged weapon³ in His hand upholds, Which severs from the contrite the sin of saying 'I', Who for the god of death is Himself the God of Death-Acclaiming Him to be our God, let us His feet attain.

The other half of Umā, who with bracelets is adorned, The Exalted One, who in a trice will rescue the distressed! With mark of poison on His throat, His shawl a tusker's hide-He is the Lord Almighty by all the world unknown.

They will be crowned with glory, who lovingly each day In the morning and the evening upon Him meditate, And, the bonds of all attachment having cast away, Will surely reach the country, where bliss doth ne'er abate.

^{1.} Lord Śiva is sometimes called 'the Supreme Yogi', and also 'the Great Ascetic'. According to the *Vedic* rules a *sannyasin* should have no money or possessions. He must live on what comes to him.

^{2.} A shortened form of Yogaswāmi.

^{3.} i.e. the trident. See Appendix I p. v.

OUR PATH

We will do service and as beggars go our way, That *jīva* is *Śiva* ever pondering, And, convinced that in the world this is the sure help for the soul, We will seek the good *tapasvin* at Nallūr.

Morning, noon and evening we will chant with joyful hearts The blessed name of Siva. We will sever in our minds The root of all desire and lust and, sweetly as we please, We will abide in *nishdai*, where night is not nor day.¹

We will not even have the thought— "When will Your grace come?"²

Fruit only—ripe or raw—we'll eat to satisfy our hunger. We will not enter in the world and fall in line with it, Save only to remain alone and think of naught but *mukti*.

We will not offer flowers in worship, nor will we tread the senses' path. With the mind that wickedness engenders we will not be associates.

Of nothing will we be afraid. We'll seek no aid from anyone, But will ever live in solitude, as our own refuge and support.

^{1.} See p. 36. Note 3.

^{2.} This is a quotation from Tayumānavar, a famous poet and saint, who lived about 250 years ago.

O MOTHER, SAYS SHE

He who creates earth and heaven and all else besides Quicker than thought—O mother, she says!— Quicker than thought—is it not a wonder That in a form like mine He came? O mother, says she.

The God, whom Brahmā and Viṣṇu could not see²—
'Tis He who disperses all my troubles—O mother, she says—
And after dispelling my troubles, He made me Himself.
Delusion has disappeared, O mother, says she.

On me not knowing eight and two³
He conferred high dignity—O mother, she says,
He conferred high dignity and told me—
"Both earth and heaven are for your delight, O mother",
says she.

By telling me to meditate upon Śivāyanama, He rid me of all danger—O mother, she says, And having rid me of danger, He made me His. He cannot be known by any device—O mother, says she.

^{1.} There are several poems in Tamil based on the theme of this song. The idea is that a young girl is love-sick and keeping aloof. Her mother thinks that she is physically ill, but the girl's companion tells her the real cause, and then acts as a messenger between mother and daughter. In the song it is the companion who is speaking.

^{2.} See Appendix I p. ii.

^{3.} In Tamil the sign for the number 'eight' is that of the character for the vowel 'a', and the sign for the number 'two' is that of the character for the vowel 'u', so that 'eight and two' can mean 'A and U', the first two letters of the sacred monosyllable AUM(or Om), which, according to Saiva Siddhānta, stand for the Lord (Pati) and the soul (paśu). See Introduction p. xvi.

Eight and two make ten, for which the sign is 'Ya'. Ya signifies the soul (See Appendix II), so that 'not knowing eight and two' could also mean 'not knowing oneself'. There are other interpretations of this phrase, which occurs in songs of Tamil mystical poets.

Advising me to give up like and dislike, He saved me from entering the womb¹, O mother, she says. He saved me from entering the-womb, And vouchsafed me the state, where there is no night or day,² O mother, says she.

The excellent holy word— "I do not know",³ He made me realize, O mother, she says, And having made me to know it, He gave me refuge By saying— "I am you"—O mother, says she.

The word uttered that day— "Who knows?"—
Who is capable of knowing? O mother, she says.
Who is capable of knowing it? None the less
Lovers will surely know its excellence—O mother, says she.

He who gave me the grace to know myself— He is not separate from me, O mother, she says. He is not separate from me. He is all-powerful. He has come on this earth! O mother, says she.

He cannot be reached by speech or thought. Through His word have I gained firmness, O mother, she says. Through His word have I gained firmness. He has burnt up in me the desire to live O mother, says she.

All is the work of Śiva; all is the form of Śiva. He is everything—O mother, she says. If all is His form, if He is everywhere, How can there be evil here, you foolish girl? O mother, says she.

^{1.} i.e., He saved me from taking birth again in this world,

^{2.} See p. 36. Note 3.

^{3.} See Introduction p, xxxiv.

NEAR THE HOUSE OF THE CAR

Having entered the path of the senses, I was wandering in despair.

But he set me on the proper way, by saying—"You are I"— That great one, whom others call a madman, that lord I saw Near the house of the car¹ in Nallūr's town by fertile gardens ringed.

That I, his slave, might not be caught and ruined
In the bondage of father, mother, children, wife and kin,
He cleared my mind and placed me in the midst of worthy

devotees—

That great lord, my father, I saw at glorious Nallūr.

Taking the body as reality, I was roaming like a fool, When the Supreme and Perfect One cured my delusion and made me His—

That Source of Bliss, who graciously appeared, concealing the fair-tressed lady by His side², I saw at the city of Nallūr, where *nāga* blossoms fall like rain.

^{1.} Most of the larger Hindu temples in South India and Ceylon have a great massive wooden car or chariot, intricately carved and lavishly decorated, on which the image of the presiding deity is drawn round the temple by ardent devotees on the occasions of the yearly festivals. The car is kept in a large building, close to the temple itself, which will often have a flight of steps on the outside leading up to an opening in one of the side walls, so that the image can be easily and ceremoniously placed on the dais of the car, which may be ten or twelve feet from the ground. It was on the steps of the 'car-house', close to Nallur temple, that Chellappaswami was usually to 'be found. See Introduction pp. xxxiii, xxxiv.

^{2.} Lord Siva is sometimes portrayed as having the right half of His body male and the left half female. See Introduction p. xii. Here the meaning is that He appeared on earth in male form only.

^{3.} A flowering tree, the blossoms of which resemble the open hood of a snake (nāga).

When, through previous karma my mind was in confusion and I was sore distressed,

God, of His great mercy, had the holy will to take me under His protection,

And came on earth as the embodiment of Grace—'twas Him I saw Near the house of the car in the city of Nallūr, where the goddess Laksmi dwells.

He, who has an eye upon His forehead and dances with $K\bar{a}li$ in the forest¹,

Graciously, as Wisdom's teacher, came unto this land, And on that day hastened to my rescue. His fragrant, lotus feet I saw near the house of the splendid car at illustrious Nallūr.

The glorious feet, which Brahmā and Viṣṇu sought, but could not see,

Walked on earth in the form of the fair and gracious *guru*. He it was who rid me of my greatest foe and gave me refuge, And it was Him I saw near the house of the car in world-renowned Nallūr.

On true devotees who question—"Who am I? What is my mind?" Śaṅkara bestows His holy grace and makes them as

Himself.

As a king He came on earth and took me as His own.

Near the house of the car

At Nallūr set in honeyed gardens His balm-bestowing feet I saw.

To me, not knowing eight and two², the Form of Truth appeared And gave high dignity. 'Twas That I saw Near the house of the car in Nallūr's town, where good

men dwell, And ladies go around the temple³ worshipping the holy feet.

(Contd.)

^{1.} i.e. the cremation ground. Kāli is Śaktī in her destructive aspect.

^{2.} See p. 126. Note 3.

^{3.} Orthodox Hindus go round the outside of a temple before entering.

The master, who said there is not anything but me, And whose love is greater than a mother's, I saw on earth Near the house of the car at the great city of Nallūr, Where sugar-cane, red paddy, plantains, areca and jak trees! thrive.

The Lord, who made me praise and worship Him In the solitary house², where night is not nor day, Became my *guru* and placed His lotus feet upon my head.³ 'Twas Him I saw at cool Nallūr, where the scent of flowers never fails.

FORGET NOT THESE WORDS, MY DEAREST TREASURE

The body is a temple, my dearest treasure.⁴ Know that as the place where God resides. Conquer the $m\bar{a}y\bar{a}$ mind, my treasure. Be rid of all other desire! That is the trick, my dearest treasure! All that is, is truth.⁵ There is not one wrong thing,⁵ my treasure. Have a deed drawn up for this! It is as it is, my dearest treasure. In the whole world, who knows?

^{1. &#}x27;Red-paddy' is a type of paddy that yields the best rice. 'Plantains' are bananas. 'Areca' palms produce the nuts that are chopped up and chewed with betel leaves. 'Jak' trees bear a large and very sweet fruit that hangs by a thin stalk from the trunk of the tree.

^{2.} See Appendix III. p. xiv.

^{3.} See Introduction p. xxxi.

^{4.} See p. 74. Note 1.

^{5.} See Introduction p. xxxiv.

It was all accomplished long ago, my treasure; Be alone in solitude.

That cannot be explained, my dearest treasure; It is Chellappan's holy word.

It is a word without compare, my treasure.

The body you must forget.

Like salt dissolved in water, dearest treasure,

Merge yourself in the Lord.

There is neither heat nor cold¹, my treasure.

Follow the path of Vedanta.

Both Father and Mother², my dearest treasure,

Are dwelling in your heart.

In peace and concord live, my treasure.

In nothing are you lacking.

Take fresh flowers, my dearest treasure,

And praise the anklet-circled feet.3

Three times a day4 bow down, my treasure,

And give worship to the Lord.

From time to time, my dearest treasure,

He will show His form of Grace.

Do not do wrong things, my treasure.

Be alone and see!

It is beyond the beyond, my dearest treasure.

There is nobody who knows.

Forget not these words of Appuswāmi⁵, my treasure.

Cherish them in your heart.

l. i.e. thinking in terms of opposites must be transcended.

^{2.} See Introduction p. xii.

^{3.} See Appendix I p. iv.

^{4.} i.e. morning, noon and evening—the three times of *sandhi*, the hours of worship for all orthodox Hindus.

^{5.} Appuswāmi means literally— 'father swāmi'. This was the name by which the small girl, to whom this song was sung, used to address Yogaswāmi. It is also one of the names of Lord Śiva.

WORSHIP THE FEET OF THE LORD

Refrain: If you always offer worship To the Almighty's holy feet, Then you will have peace.

> That will make you realize That all you see is transient. That will show the way The body to subdue.

If you always offer worship...

That will make you rule the mind. Which treads the senses' path. That will daily in your heart Repeat the letters five.¹

If you always offer worship...

That will surely, by degrees, All anger extirpate. That will all mistakes accept As blessings in disguise. If you always offer worship...

That will remove and drive away All the three desires.² That will reveal the holy feet, Which neither come nor go.

If you always offer worship...

See Appendix II.

^{2.} These are the desires for 'woman, gold and land'.

That will keep you ever
In the state of being *summā*.
That will make you realize
Compassion for the poor.
If you always offer worship —

That sets you in the Open Void,² And takes away all sorrow. Both Vedānta and Siddhānta That will see as one.

If you always offer worship...

That will control the fickle mind, Which cannot be controlled. That will give the vision, Where there is no night or day.³
If you always offer worship ...

This song of *Yoganāthan*Will show the righteous path.
It will nourish you with nectar
For all the days you live.
And to know *'Aham Brahmāsmi'*Is the crown that it will give.

If you always offer worship...

^{1.} See Introduction p. xxxii.

^{2.} See Introduction p. xi.

^{3.} See p. 36. Note 3,

YOGANĀTHAN'S¹ GRACE IN WORDS

Give charity, do *tapas*, follow *Dharma*; Then wisdom's bliss will easily be gained.

The Lord is all-pervasive like the fragrance of a flower; Saying—'*Namaśivāya*', let the tongue give praise.

They will attain the bliss of Śiva, who can serve That Pure One, who is Life within all life.

The lotus feet of the Supreme sinners cannot know. Call to Him, cry to Him, ere the lord of death comes nigh.

If unreservedly you give yourself to Him, Just as a mother will He care for you.

Foolish it is to call men 'great' or 'small'; 'Tis hard indeed to comprehend this saying.

It is bliss to control through knowledge The miscreant mind that treads the senses' path.

Those who know That are That; Small minds say that it is 'this' or 'that'.

Sages affirm that all is $\acute{S}iva\dot{s}$ action; Then live without forgetting Him, who dwells within this frame

Those noble souls will *mukti* win, who know
The certainty of the word that is spoken without speaking.

l. Yoganāthan (lit: 'master of yoga') is an alternative name for Yogaswāmi. It is also one of the names of Lord Śiva.

Those endowed with wisdom will come to realize me, Whom *devas* and *asuras*, though they worship, cannot know.

Forsaking the mind that what is past bewails, In the state of silence¹ 'tis proper to abide.

Even if heaven and earth should fall, Those who have become That will not be moved.

The pura in heart will leave no place For burning lust, for anger or for malice.

Whatever arts and sciences he studies, One who is fully vain will not be free of mischief.

Through perfect calmness, patience, self-control, Here on this earth can eternity's bliss be won.

Slowly, slowly conquer the ruinous mind, Which unfolds itself in diverse ways and forms.

None can measure, none can fathom the Supreme, For whom there is no day or night.²

Love of God is the sweetest of all sweet things. Hatred of anger and desire is also sweet.

They will end illusion, who do not forget The feet of the Lord, who knows not birth or death.

He, who in eating knows not proper measure, Will not have even a taste of bliss supreme.

(Continued)

^{1.} The word translated as 'silence' is maunam. See p. 60. Note 1,

^{2.} See p. 36. Note 3.

It is heaven indeed, where lives
One who has realized that all lives are like his.

Truth will dawn in a calmed and quiet mind; This is the prize for those who are detached.

Who knows the nature of tranquility and mastery of senses, Will rule the realm of gods—by that I swear!

Know that he is my true devotee, Who without ceasing contemplates the Lord.

Those, who have knowledge of the breath that courses right and left.²

Power beyond measure assuredly will win.

Those of firm mind, who are not swayed by differences of caste, Upon this very earth His lotus feet will reach.

Those, who know not with the world to move, No benefit will gain however much they study.

To those, who do not know God's loving-kindness, Of what use knowledge of the eight-fold yoga²!

Tell me—is there any good in casting blame on That, Which of gain and loss is ever unaware?

That Great Being, who neither comes nor goes, Has made me His and ended birth and death.

Tell me, O tell me—can the deluded know The sweetness of the honey that lies within the heart?

l. See Appendix III p. xiii.

^{2.} See Introduction pp. xxvi, xxvii.

One by one the days passed by, And, vainly toiling, no profit I derived.

I beheld all within the letters five¹; Suffering vanished and solitude I gained.

Even through worship Brahmā and Viṣṇu could not know the Lord, Who on His throat the mark of poison wears.²

Those, who commit on earth the five great sins³, Know not that One within the heart, from whom all thoughts arise.

Through always meditating "I am That", As a bee enjoying honey has many a one become.

There can be no division from that One, Who alters not with difference and yet all difference is.

That Pure One the Āgamas and Vedas do not know. 'Namaśivaya', we will say, "is the name of the Supreme."⁴

It is the Eye behind the seeing eye; It is male and female and that which is not either.

Great gain will come from worshipping the lotus feet of That, Which is both the Support and the supported.

'Tis certain you will blissfully abide Within the Void of imperfection free.⁵

'Tis said, 'tis truly knowledge within the heart to see The Treasure of treasures, before the body dies.

(Continued)

^{1.} See Appendix II.

^{2.} See Appendix I p. iii.

^{3.} These are—killing, lust, drinking alcohol, theft and lying (or, according to some authorities—abuse of the *guru*).

^{4.} A line from Tirujñānasambandhar, one of the 'four Saiva saints'.

^{5.} See Introduction p. xi.

In *yoga samādhi* you will comprehend The vanity of enjoyment and the things enjoyed.

The Unique One by sacrifice has all become. Then contemplate and realize this truth.

No one has understood the whole. Think not in pride that you have all attained.

For those, who the perfect feet of Tillai's Lord have reached, Within this world, 'tis sure, there is no further birth.

You are the witness; of this there is no doubt. Look upon everything as but His play.¹

There is nothing that is my own action; I have perceived all actions to be in truth Thy action.

AH my past *karma* has been consumed and burnt; In future evil deeds will not arise for me.

There is no *Dharma*, charity or *karma*. That is the truth which I have clearly seen.

I have beheld that One who all pervades; All doubts and cares have been removed.

It is everywhere—in the universe, in each creature. True devotees have realized this and said farewell to sorrow.

The placing of the lotus feet upon my head² I've won! O wonder of wonders! Even the gods have not experienced this.

^{1.} See Introduction pp. x, xi.

^{2.} See Introduction p. xxxi.

All my past *karmas* have fled away! I have adored the lotus feet adorned with tinkling rings!

Arise with the dawn and wash the feet and hands; Go to the temple and worship Siva's feet.

That is proper conduct: that is a sacred rite. So long as this world lasts, great gain you will derive.

Karma will not approach you, death will not draw nigh, Through the grace of Him, whose throat the mark of poison bears!

When gross, subtle, causal² are all three understood, The Lady of fragrant tresses³ will bestow Her lovely grace.

Learned scholars do not know, however keen their minds; Even Brahmā, Viṣṇu and the gods in heaven do not know.

You are that Great Being, who from birth and death is free. Daily without forgetting you must meditate on this.

This is beauty; this is wealth; This is virtue; this is grace.

This is love; this is truth; This is strength; this is attainment.

Meditate, meditate upon the state of Śiva. This is the *mantra*. Cherish it in your heart.

These sayings told by Yoganāthan Will dispel illusion and grant you liberation.

^{1.} See Appendix I p. iii.

^{2.} See Appendix II p. viii. The categories, 'gross, subtle, causal', represent the three worlds or planes of existence, in which everything manifested lives and has its being.

^{3.} i.e, Śakti.

THE LION

Self must be realized by self.
All must be pervaded by the Self.
We must give up desire for wealth and woman,
And shun the greed for ownership of land.¹
We must guard *Dharma* like our eyes.
We must give worship to the lotus feet.
All thought in us must die—
O my great *guru*, thou mighty lion!

We must root out faults and study virtue.
We must reap the fruit of education.
We must forsake the friendship of the foolish.
Morning, noon and evening² we must adore the holy feet.
We must come to know our real form,
And in it for ever inseparably abide—
O guru supreme, who didst say— "You are without a second!"
O wondrous lion in valour shining!

All three must be together tied as one.³ The doorway at the end must be unlocked.⁴ We must rest in sleep beneath the standing leg.⁵ Abounding bliss must overflow within, And blazing light must come to swallow us. O best and dearest *guru*, who in this world to me hast given The marvelous, flawless feet of gold that beyond the *gunas* stand! Thou hast made of me thy man, O kind and gentle lion!

^{1. &#}x27;Woman, gold and land' are the objects of what are known in Hinduism as 'the three desires'.

^{2.} Morning (sunrise), noon and evening (sunset) are the three times of *sandhi*, the hours of worship for all orthodox Hindus.

^{3.} See Appendix III. p. xiv.

^{4.} i.e. the Brahmarandhra. See Appendix III p. ix.

^{5.} See Introduction p. xxxii.

Free from ignorance must we remain.
We must behold God everywhere.
We must have knowledge of the truth and ever cherish it.
Falsehood and jealousy must be expelled.
We must transform and into blessings change
The things which cause delusion and make us be confused—
O peerless *guru*, whom others hold in high esteem!
O lion, who in my bondage takest care of me!

The 'three' and the 'five' must both be known.
The ego² must we annihilate.
O Primal One, by Rāvana³ adored,
Who dwelt in Lankā with strong ramparts ringed!
O Thou, who held the poison in Thy throat!⁴
O God! O King, who came to guard me 'neath Thy rule!
O Guru Paramount, whose feet are soft as thistle-down!
O Lion, who took this sinner as Thine own!

HE IS ALL

He is body; He is life; He is I; He is you; He is the *guru* and the king—I have no words appropriate.

Those, who know the Lord, devoid of attributes and features, To be both knower and the, known And that which all pervades, yet stands as One, In this great world will not be born again.

^{1.} See p. 97. Note 3.

^{2.} The word translated as 'ego' is ānava. See Introduction p. xvi.

^{3.} Rāvaņa was the king of Lankā (Ceylon), who abducted Sītā, the wife of Rama, the hero of the great Hindu epic, the Rāmāyaṇa. He was a great devotee of Lord Śiva.

^{4.} See Appendix I p. iii.

THE MASTER OF NALLŪR

Those who have seen the dance¹, which is the agitation, That heaven's Lord², the world and all that lives create, Will no more turn and struggle on the wheel of birth and death In this great world. So has the master of Nallūr declared.

Our Father, who the endless dance performs, while yet remaining Unknown to Viṣṇu³ and to him who on the flower doth dwell,⁴ Came in human form to this fair prosperous earth At great Nallūr, and sought me out and took me 'neath His rule.

He does not interest himself in family or caste. Beyond the *tattvas* he remains, unmoved and unperturbed. Many revile and scorn him as having lost his senses; Yet at glorious Nallūr the dance be has displayed!

He is the lord of grace, whom wise men make their food, A towering mount of gems that others cannot know, The possessor of all wealth, veiled from men of little knowledge. The master of Nallūr, to whom the blessed offer praise.

He, who both like and dislike has exterminated, The noble one who ne'er forgets the holy feet of God, Who, that there is not one wrong thing⁵, has openly declared— 'Tis he indeed, who has assumed the *guru's* splendid form!

^{1.} See Introduction pp. ix—xi.

^{2.} i.e. Lord Śiva in his manifested aspect.

^{3.} See Appendix I p. ii.

^{4.} i.e. Brahmā, who is usually depicted as sitting on a lotus flower.

^{5.} See Introduction p. xxxiv.

He, who unceasingly proclaims that all that is, is truth¹, The master, who has passed beyond ideas of 'good' and 'bad', He, who sees and looks upon himself and me as one, Out of love upon my head has placed his beauteous feet.²

The exalted seer, who by the name of Chellappan is called, Who, ever and anon, "Who knows? Who knows?" repeats, The madman, who will never by the world be known—He will be seated every day upon the car-house steps³.

Dark as the clouds in colour, he ever had the habit To sleep upon the earth; his pillow was his hand. In the form of the *guru* he lived with grace and honour At Nallūr, where fresh water and fertile lands abound.

The mighty one, who has declared for the benefit of all The great and blessed *mantra*—"Nothing do we know", Who delusion, lust and anger has banished from his heart-He bears the name of Chellappan and at Nallūr he dwells.

The crowning jewel beyond compare, who always will repeat That it was all perfected ages long ago, ¹ The madman, whom nobody is able to describe— In the presence of Lord Murukan he for ever lives.

At Nallūr, where orators and poets bow in worship, My Guardian, who made me His and ended birth and death, Wears the divine and sacred form of holy Chellappan, Who accomplishes his service at Kandaswāmi's shrine.

^{1.} See Introduction p. xxxiv.

^{2.} See Introduction, p. xxxi.

^{3.} See p. 128. Note 1.

DO THIS WORSHIP AND KNOW ŚIVA!

The One, who has no end and no beginning, Has end and beginning.

The One, who has no caste or creed, Has caste and creed.

The One, who cannot be understood through words. Can be understood through words.

The Supreme *Guru* is justice itself; He has become earth, water, fire, air and ether.

He has become the sun and moon; He has become the constellations of the stars.

Mantra and *tantra* has He become; He has become the medicine and those who swallow it.

He has become the gods—India¹ and all the rest. He has Himself become the universe entire.

This soul and body, too, has He become. He has become the four great Vedas.

It is He who creates bondage and liberation, And it is He who destroys bondage and liberation.

In the mornings and in the evenings, Do this worship and know Siva!

^{1.} Indra is the king of the gods and celestial beings.

O MAIDENS!

You are not the five elements, O maidens, Nor are you the organs of perception. You are not the five senses, O maidens, You are not the four faculties of self.

For you there is no end or beginning, O maidens. You are the $\bar{A}tm\bar{a}$ alone! Live without keeping in mind, O maidens, What has already come and gone.

Ignoring the six *cakras*, O maidens, Our Father worship and praise. Behold the lotus feet, O maidens! There is neither night nor day.²

You are without a second, O maidens Cherish it above all else. Apart from you there is nothing, O maidens. There is no wonder here!

Why do you seek eternity, O maidens, When you are the Eternal Self? Remain like a mother, O maidens. Leave all resolves and plans.

You are the whole world, O maidens. Do not speak a word! As plain as a nelli³ fruit on your palm, O maidens, Does God within us stand.

^{1.} See Introduction p. xxi.

^{2.} See p. 36. Note 3.

^{3.} The fruit of the nelli tree (*phyllanthus emblica*) is like a cherry, but yellowish in colour.

HAIL, O SANNYĀSIN!

Hail, O sannyāsin, love's embodiment!

Does any power exist apart from love?

Diffuse thyself throughout the happy world!

Let painful māyā cease and ne'er return!

Day and night give praise unto the Lord.

Pour forth a stream of songs to melt the very stones.

Attain the sight where night is not nor day.

See Śiva everywhere, and rest in bliss.

Live without interest in worldly gain.

Here, as thou hast ever been, remain.

Then never will cruel sorrow venture nigh.

Hail, O sannyāsin, thou who know'st no guile! Establish in thy heart and worship there That Taintless One—Pañcākṣara's' inmost core, Whom neither Viṣṇu nor Brahmā had power to comprehend.² Thou that regard'st all others as thyself—Who in this world can be compared with thee? The powerful karma thy past deeds have wrought Will vanish without trace. Daily, on the thought—"Is not this jīva Śiva?"—thou must meditate.

^{1.} See Appendix II.

^{2.} See Appendix I. p. ii.

Best of sannyāsins, of one-pointed mind!
Morning and evening worship without fail
The holy feet of the Almighty Lord,
Which here and hereafter preserve and safeguard thee.
Cast aside the fetters of thy sins!
By steadfast concentration of thy mind
Awareness of a separate self thou must extirpate.
Conquer with love all those that censure thee.
Thou art eternal! Have no doubt of this!
What is not thou is fancy's artifice.
Formless thou art! Then live from all thought free!

WHERE CAN YOU SEEK GOD?

Refrain:

Where can you seek God, if you do not see Him here?

Running here and there, you undergo distress. Seeing everything in parts, you suffer and lose heart.

Where can you seek God, if you do not see Him here?

You argue as to whether it is 'our God' or 'your God' You quarrel in the name of your religion and your race. Where can you seek God, if you do not see Him here?

You experience perplexity, since you do not know reality. In spite of all your learning you are ignorant of truth; Yet as one endowed with wisdom you range the country lecturing.

Where can you seek God, if you do not see Him here?

I REMAINED SUMMĀ, KUTHAMBĀY

I climbed upon the platform of *Omkāra*.¹ There I saw nothing, Kuthambāy;² There I saw nothing, my dear.

I was blessed with the bliss of sleep without sleeping. I remained *summā?*, Kuthambāy; I remained *summā*, my dear.

Ego disappeared; happiness disappeared. I became He, Kuthambāy; I became He, my dear.

I have attained the flawless *nishdai* that ever stays unchanging. There is no 'I' no 'you', Kuthambāy; There is no 'I', no 'you', my dear.

I became like a painted image, Kuthambāy; I became like a painted image, my dear, Unable to say whether it is 'one' or 'two'.⁴

I attained the feet of the Lord, Kuthambāy; I attained the feet of the Lord, my dear, Which cannot be described in terms of 'good' and 'bad'.

The Creator, who is the Eye within the eye, I saw and rejoiced, Kuthambāy; I saw Him and rejoiced, my dear.

Whether macrocosm and microcosm are 'one' or 'two', I was unaware, Kuthambāy; I was unaware, my dear.

^{1. &#}x27;To climb upon the platform of *Ōmkāra*' can be taken to represent the state in which all the *tattvas* are transcended.

^{2.} See p. 56. Note 1.

^{3.} See Introduction p. xxxii.

^{4.} See p. 48. Note 2.

The six *cakras* and the five states of consciousness¹ Entirely disappeared, Kuthambāy, They entirely disappeared, my dear.

By seeing without seeing the lotus feet, I worshipped without worshipping, Kuthambāy, I worshipped without worshipping, my dear.

AMMĀNAI

Who is it that exists as Father and as Mother?²
Know that it is the Lord of this world and the world beyond,

Ammānai⁶

If He is Lord of this world and the world beyond, Can those who know themselves become supreme, *Ammānai?*Be sure that, if their hearts are pure, the highest place they will attain.

There, 'tis said, 'you' can't be seen, Ammānai. What mean the wise words of the ancients, That the world is a deception and a dream, Ammānai? Those who live without attachment Will know that secret—no one else, Ammānai.

^{1.} According to Śaiva Siddhānta the soul in its earthly existence passes through five states of consciousness or avasthās— the waking state, the dream state, sleep without dreams, deep sleep and a fifth state called turīyātīta, which means 'beyond, the fourth'. This last is still only an avasthā, since the final goal—union with the Lord—lies even beyond that. (Vedānta postulates only three states of consciousness, with turīya—'the fourth', as explained in the Introduction p. xxiii.)

^{2.} See Introduction p. xii.

^{3.} Ammānai is the name of a game played in ancient times by women, in which balls of cloth were passed quickly from hand to hand. In this song one of the players is questioning another.

I SAW MY GURU AT NALLŪR

I saw my *guru* at Nallūr, where great *tapasvins* dwell. Many unutterable words he uttered, but I stood unaffected. "Hey! Who are you?" he challenged me. That very day itself his grace I came to win.

I entered within the splendour of his grace.
There I saw darkness all-surrounding—I could not comprehend the meaning.

"There is not one wrong thing," he said. I heard him and stood bewildered, not fathoming the secret.

As I stood in perplexity, he looked at me with kindness, And the $m\bar{a}y\bar{a}$, that was tormenting me, left me and disappeared. He pointed above my head, and spoke in Skanda's forecourt². I lost all consciousness of body and stood there in amazement.

While I remained in wonderment, he courteously expounded The essence of Vedānta, that my fear might disappear. "It is as it is. Who knows? Grasp well the meaning of these words," he said, And looked me keenly in the face—that peerless one, who such great *tapas* has achieved!

In this world all my relations vanished; My brothers and my parents disappeared, And by the grace of my *guru*, who has no one to compare with him, I remained with no one to compare with me.

^{1.} See Introduction p. xxxiv.

^{2.} i.e. in front of Nallūr temple,

GRANT ME THIS BOON!

By myself he made me know myself—he who at Nallūr doth dwell,

Where coconut, palmyra¹ and mango trees abound. He is more loving even than a mother. I came to him and he vouchsafed to me a boon.

That I may gain the happiness of planting in my heart The pure and holy lotus feet that great ascetics praise, Who the sun with the moon can make to join²—

I have asked for understanding—please grace me with this boon!

That united with the Supreme *Guru* I may shine as one, Making both good and evil deeds at sight of me afraid And all deeds yet to come my beggars on this earth, Shrouding in oblivion all sin that has accrued—grant me this boon!

That I may enjoy the vision of the dance within the hall,³ And praise the tender lotus feet of that Entity Supreme, Which for those, who everything as 'this' or 'that' behold, Stands for each one as 'this' or 'that'—grant me this boon!

O Lord! O Purest One, who in the Vedas and Āgamas dost shine!

Grant me this great boon—that I may win the exalted state, Where, having reached the Supportless by means of a support, Neither sameness nor diversity are seen. Grant me this boon!

^{1.} See p. 73. Note 2.

^{2.} See Appendix HI pp. xiv, xv.

^{3.} See Introduction p. xi.

THE MADMAN

"There is not even one wrong thing. All is truth"—he said. "There is nobody who knows", my little treasure.² He remained just like a painted image.

"It is so. Who knows?"—our beloved friend declared. "It is all a magic show", my little treasure. Rich Chellappan said that.

Clothed in rags he stands in front of Skanda's holy temple. On those who come and go before him, my little treasure, He will shower abusive language as it comes.

"It is as it is. It is all a juggler's trick"—he'll say. He wanders here and there, my little treasure. You will see him seated near the car.³

No caste has he nor creed. He will not talk with anyone, my little treasure. People say he is deranged in mind.

Justice and injustice have no place with him; Nor does he conform to any pattern, my little treasure. He goes about like one insane.

^{1.} See Introduction p. xxxiv.

^{2.} See p. 74. Note l.

^{3.} See p. 128. Note I,

No holy ash¹ or *pottu*² does his forehead bear. He will not utter what has once been said, my little treasure. He has passed beyond the *guṇas*.³

He will not tell you to be calm and rid yourself of ego. He speaks in contradictions, my little treasure. Those hearing him will say. he's lost his wits.

Chellappan, my father, in vulgar language will revile All those who pass by in the streets, my little treasure. They will say that he is mad.

With lordly gait he roams from place to place. But all of those who notice him, my little treasure, Treat him with ridicule and scorn.

Those, who hear and those who sing these verses ten, Will live as sages on this earth, my little treasure, And afterwards will liberation win.

^{1.} See Appendix I p, m.

^{2.} A *pottu* is a spot of sandalwood paste or other powder applied to the forehead between the eyebrows to symbolize the opening of the 'third eye'.

^{3.} See Introduction p. xxii.

MY MASTER¹

He will not go to eat in others' houses. He is like unto the Lord who at $\bar{E}raham^2$ abides. He is the master, who bestowed the basic *mantra's* secret³. He dwells within the minds of those with loving hearts.

Laughing, he roams in Nallūr's precincts. He has the semblance of a man possessed; all outward show he scorns. Dark is his body; his only garment rags. Now all my sins have gone, for he has burnt them up!

All powerful *karma* kindled in the past he has dispelled. His heart is ornamented with the love of God. He shines in purity, as a light well-trimmed sheds lustre. On that day at Nallūr he came and made me his.

He does not go to sleep till after midnight. The idle folk, who wander in the streets, He'll scold deliberately, to make them shun him. He made me to be *summā*⁴ after tests.

This song is in praise of Chellappaswāmi. See Introduction pp. xxxiii, xxxiv.

^{2.} Ēraham or Tiruvēraham is a place in South India sacred to Lord Murukan, the presiding deity of Nallūr temple.

^{3.} The 'basic mantra' is \vec{Om} . See Introduction p. x. According to a Puranic story, it was at Tiruveraham that the Child, Murukan, explained the meaning of \vec{Om} to his father, Lord Siva.

^{4.} See Introduction p. xxxii.

Always repeating something softly to himself, The blessing of true life he will impart To anyone who ventures to come near him. And he has made a temple of my mind.

All pomp of guise and habit he abhors. When devotees with great love come to worship, He'll hiss at them and glower black as Yaman. Yet artfully he drew me 'neath his sway.

'Twas he who made me; but, if I approach him. He will attack me—attack me without mercy. At me he'll look, and many words he'll utter. All aim and object did that look dispel!

He would not allow me to form any mental image. He would not allow me to offer any service. He would not allow me to know what was going to happen. And yet this god ingeniously fulfilled my heart's desire.

To serve him was a pleasure, but he would not allow it. He would not let me know what his pleasure was. He would not permit the gaining of pleasurable *siddhis*. Yet thus did he befriend me. How wonderful was that!

He would say— "There is no wonder!"

And those who came in awe and wonder he would not suffer to approach him;

He left them in perplexity. But his own devotees He permitted to pay homage—that teacher of true wisdom!

BY THE GURU'S GRACE

By the guru's grace my ego was destroyed.
By the guru's grace my heart became refreshed.
By the guru's grace true love grew up and flourished.
By the guru's grace the guru disappeared.

By grace I gained the measure of the five great elements. By grace I gained the measure of the five organs of sense. By grace I gained the measure of all the senses five. By grace I gained the measure of and came to know the *Ātmā*.

Doing Śivathoṇḍu in this world is charyā. Doing Śivathoṇḍu in this world is kriyā. Doing Śivathoṇḍu in this world is yoga. Doing Śivathoṇḍu is having Śivajñāna.²

It is not created. It is not destroyed. It goes not out. It comes not in. It is not the gods. It is not the directions.³ It is not anyone. Who is there who knows It?

I won the bliss in which I knew no other. I attained the silence where illusion is no more. I understood the Lord, who stands devoid of action. From the eightfold *yoga*⁴ I was freed.

^{1.} See p. 104. Note 1.

^{2.} See Introduction pp. xxv-xxviii.

^{3.} The eight directions, i.e. the whole manifested world.

^{4.} See Introduction pp. xxvi, xxvii.

Those devotees have ended birth and death, who can discern The reed in the pillar and the pillar in the reed, The woman in the man and the man in the woman, And who equally esteem the eye that sees and that which does not see.

The work undertaken by the servants of the Lord, Who everything pervades like a flower and its scent, And who is manifest as taste is to the tongue—How can words express it and who can fathom it?

Those who have learnt the secret of perceiving
The 'one', the 'two', the 'three', the 'five', and 'good' and 'bad',
Auspicious days and planets as all derived from One—
They are the wise, whom nothing can disturb.

They are *jīvanmuktas*, who have seen
The beauty that is imaged by the Gangā and the moon,²
The hissing snakes, the demon, the fire and the drum,²
The female half, the trident and the deer.²

Joining the letters A and U and M, And uniting *śi* and *va* and *ya*³—if you utter that, Then in the void within the heart you will live alone, And with the holy feet be crowned that no one can describe.

Those who give praise unto the Lord and chant these verses ten, Which by my guru's grace I've sung, will in this world be freed From all distress that could arise from two-fold karma's⁴ store And will attain that state wherein there's day and night no more.⁵

^{1.} Here 'two' can be taken to stand for 'Śiva-Śakti' (see Introduction p. xii); 'three' for Brahmā, Viṣṇu, and Rudra. (See Introduction p. vii); and 'five' for the five elements—earth, water, fire, air and ether.

^{2.} See Appendix F.

^{3.} See Appendix II.

^{4.} See Introduction p. xxiv.

^{5.} See p. 36. Note 3.

HAIL TO THE FEET OF THE SAT-GURU!

Hail to the feet of the true *guru*, who removed the six paths of the *adhvās*! And made me, His humble servant, to transcend all the *tattvas*²

Hail to the feet of the teacher, who gave initiation and made me his. Saying—"You are not the body; you are the $\bar{A}tm\bar{a}$ "

Hail to the feet of the able master, acclaimed as the great *tapasvin*, Who gave the sweet and noble saying— "Be and see!"

Hail to the feet of the *sat-guru*, who came and guarded me like a mother, So that I need not frequent the homes of the miserly and mean!

Hail to the feet of the true *guru*, who came like a madman, And took in his hands my wealth, my body and my life—all three!

Hail to the holy dancing feet, that have become What is within and without, body and life, you and I!

^{1.} See p. 103. Note 1.

^{2.} See Introduction pp. xx-xxii.

Hail, ever hail to the anklet-circled feet¹ of the revered and bounteous one, Who bestowed on me the priceless blessing of living as I please!

Hail to the feet of the *sat-guru*, who placed his feet upon my head²,

That I might not be bewitched by the beauty of ladies bedecked with blossoming flowers!

Hail to the feet of the perfect one, who gave me the grace to prosper By looking at me. his slave, and saving—"Why do you have doubt?"

Hail to the sacred feet of the great giver, who dispelled my fears and made me his, And, by one word², caused me to be as a painted picture!

Hail to the holy feet of the good *tapasvin*, who revealed The whole world within the one word—*Om*, and told me—
"It is I."

Hail to the feet of the precious one, who at the proper time took me as his own, And showed to me the glorious dance at beautiful *Nallūr!*

Hail, all hail to the feet of the gracious master, who by his laugh Saved me from wandering here and there in search of food and money!

^{1.} See Appendix I. p. iv.

^{2.} See Introduction p. xxxi.

A CRADLE-SONG

- O *sat-guru* without a peer, who to thy humble slave Didst come as father, mother, teacher, and mad'st of him thy man, Sleep soundly, sleep!...
- O thou who hast delivered me and ended further birth! O best of all, who hast declared that all that is, is truth,¹ Sleep soundly, sleep!...
- O thou who at Nallūr didst say— "Nothing do we know!" O noble one, in safety kept within this heart of mine, Sleep soundly, sleep!...
- My father, who upon this earth didst make me live and thrive, By frequently affirming—"It is as it is"

 Sleep soundly, sleep!...
- O dark-hued one, who art the Eye behind the seeing eye! I find myself reluctant to speak of 'I' and 'thou'.

 Sleep soundly, sleep!...
- O father, who beside the car at beautiful Nallūr Didst sit, the while repeating— "Who is there who knows?" Sleep soundly, sleep!...
- O glorious gem beyond compare, who art indeed my friend, And didst impart the teaching— "All finished long ago", Sleep soundly, sleep!...
- O Chellappan, who hast to me vouchsafed thy holy grace Here and there to wander for a handful of cooked rice, Sleep soundly, sleep!...
- 1. See Introduction p. xxxiv.

Who knoweth thee remaining on the branch beyond all reach? O lord of mighty *tapas*, great jewel of priceless worth, Sleep soundly, sleep!...

Within my heart I will not think of any other God. Eye of my eye, sleep soundly! O handsome, dark one, sleep!

GURUBHAKTI

Gurubhakt¹ is the greatest blessing.
Cherish it and relish it and be refreshed!
Advance on the path of Dharma.
Call on the name of Śaṅkara Śiva.
Know that there is not one wrong thing²,
And proclaim that all is truth².
Seek for the grace of God.
Repeat Śivāyanama.
You must realize Self by self.
In you will peace and patience shine,
And you will be your own support.
Let 'like' and 'unlike' be snuffed out.
Ponder not upon past karma.
Resolve to kill the 'three desires'.³

- 1. Gurubhakti means intense love, faith and devotion towards the guru.
- 2. See Introduction p. xxxiv.
- 3. See p. 36. Note 2.

ŚIVĀYAVĒ

If you raise your hands in worship of the fragrant lotus feet Of the Lord, who has no origin or end, Who from His devotees is never parted, All your cruel karma will die away—Śivāyavē.

He who, adorned by writhing snakes,² dances in spirit-space³—That God will cure the sins of those who sing His praises, And dwell within the hearts of all who seek Him. Cleave then to Him, and suffering will depart— Śivāyavē.

He who knows not youth or age, Our Lord and Father, The Giver, who bestows His boundless grace Even on sinners who deceive and steal-He abides happily within your heart—Śivāyavē.

The Father of us all, whose matted locks are ever wet², By very nature author of abundant grace, Who on the burning-ground with ghosts² in triumph dances³— 'Tis He indeed stands face to face before me—Śivāyavē.

That Perfect Being, Maker of all the world,
Lord of the *tattvas*, playing countless games,
Master of Learning, who maintains the whole diversity of
art and science—
Not even for a moment will He be parted from me—*Śivāvavē*.

1 tot even for a moment will fie be parted from the bivayave.

^{1.} For \acute{Sivaya} see Appendix II. (The suffix $v\bar{e}$ —or, to be correct, \bar{e} —is simply for emphasis.)

^{2.} See Appendix I.

^{3.} See Introduction p xi.

Who is both life and body built of flesh, Well does He know the misery I suffer. Bright as the lotus, the deer clasped in His hand¹, 'Twas He who came and occupied my mind—*Śivāyavē*.

Like gingelly² and its oil, so is the Lord. Adorned by fragrant *konrai* flowers with honey filled, He dwells within those minds that dwell on Him, And those that love Him He Himself will seek—Śivāyavē.

Those sages will not suffer care for this day or the morrow, Who practise *tapas*, trusting in the feet Of Him, part man part woman¹, who rides upon the bull¹—And He will take my own poor self beneath His sheltering rule—Śivāyavē.

Who lives in rare *tapasvins* hearts that are devoid of doubt—
In my mind also does that God abide!
We are redeemed! We are redeemed! In nothing are we lacking!
The whole world everywhere adores and worships Him— *Śiyāvayē*.

The whole world has evolved from One; The whole world is sustained by One; The whole world will merge into One— That One is my support—*Śivāyavē*.

The whole world has evolved from Om; The whole world is sustained by Om; The whole world will merge into Om—In Om resides my strength—Sivayave.

^{1.} See Appendix I.

^{2.} See P. 105. Note 1.

LOVE THE FEET OF SIVA

Great men love the feet of Śiva. Small men do not love Śiva's feet. Love of Śiva's feet will give you glory. Love of Śiva's feet is *mukti* in this life.

Love of Śiva's feet eradicates bad karma. Love of Śiva's feet grants you clarity of mind. Love of Śiva's feet imbues the heart with gladness. Love of Śiva's feet is consciousness itself.

Love of Śiva's feet kills all the sins you practise. Love of Śiva's feet induces Holy Grace. Love of Śiva's feet leads to the state of Śiva. Who can describe the love of Śiva's feet?

The very love of Śiva's feet is union with Śiva.

The very love of Śiva's feet is knowledge of the Lord.

The very love of Śiva's feet is experience of Śiva.

The very love of Śiva's feet is Siva Absolute.

If you love the feet of Śiva, like gold will be your body. If you love the feet of Śiva, all-conscious it will be. If you love the feet of Śiva, of the body you will be master. If you love the feet of Śiva, of Śiva it will be made.

Love of Śiva's feet is of triple time¹ the knowledge. Love of Śiva's feet means the three worlds² are understood. Love of Śiva's feet is to comprehend *Trimurti.*³ Love of Śiva's feet means the three defects⁴ are dead.

Give love to Śiva's feet, then all you see will vanish. Give love to Śiva's feet, then the seer will shine forth. Give love to Śiva's feet, then the three *guṇas* will perish. Give love to Śiva's feet, then there will be sweetness in your heart.

Love the feet of Śiva, then for you there are no devas. Love the feet of Śiva, then no *jīvas* will exist. Love the feet of Śiva, then there will be no sages. For all are Śiva, if you love Śiva's feet.

^{1.} i.e. past, present and future.

^{2.} i.e. the nether world, this world and the world of the gods. The 'three worlds' could also be taken to signify the three (Vedantic) avasthās or states of consciousness—waking, dreaming and deep sleep.

^{3.} Lord Śiva represented as comprising in one form the 'three gods'—Brahmā, Viṣṇu, Rudra, who stand for the creative, preserving and destructive aspects of the Supreme Being in relation to the manifested world (See Introduction p. vii).

^{4.} This could refer to 'the three impurities'—ānava, karma, māyā (See Introduction p. xvi) or to 'the three evils'—lust, anger and confusion of mind, or to the three 'humours' of the body—wind, bile and phlegm.

OUR GOD

The God, who as father, mother, *guru* took me 'neath His care, And who within the minds of His devotees tastes sweet, The God, who made me realize myself by myself, Who stands as all and yet does all transcend, The God, who has protected me by ending all past karma, Who by my forbears was revealed to me—He is the God, who lives in Lankā, where coconut and palmyra¹ thrive. He is the God, who bears the name of Śiva.

This God on learned and unlearned felicity bestows. He manifests all visions that the eye cannot perceive. He stills the raging waters in His matted locks² And has a single eye that shines upon His forehead.³ This God is the God of all and He is also my God. All those are God, who in this knowledge live. He is the God, who dwells in Lankā ever blessed by clouds; He is the God, who bears the name of Śiva.

The God, who gladly gives His grace to those that have firm faith, Who is Knowledge of the Truth that all the sages praise, The God, who is the remedy for the cruel disease of birth, Who is the God of Vedānta and of illustrious Siddhānta, The God, who abides with Śakti as His other half, Who is 'this' or 'that' to each and everyone, Who is worshipped by Ganeśa and by Him who has six faces He is the God, who dwells in wooded Lankā.

^{1.} See p. 73. Note 2.

^{2.} See Appendix I p. iv.

^{3.} See Appendix I p. iii.

^{4.} See Introduction p. xii.

^{5.} i.e. Murukan. See Introduction pp. xiii, xiv.

The God, who is our help in this life and the next, Who has placed the crescent moon upon His beauteous locks, The God, who supports us as Father and as Mother And who upon this earth lives naturally like me, Who regards with disdain all false delusive pride And who is venerated by the strewing of fresh flowers²—He is the God, who lives in lovely Lankā's land, He is the God, who in the mind tastes sweet.

The God, who stands as one with those that master their five senses, The God, who everything pervades, yet neither comes nor goes, Who dwells within the minds of those that are one-pointed, Who testified upon this earth as the uncle in the case, The God, who without motive carries on His play, Who rejoices in the child that bears the shapely lance!—He is the God, who lives in Lankā, where sweet-scented groves abound,

He is the God, for whom no like or dislike has existence.

^{1.} i.e. Murukan. See Introduction pp. xiii, xiv.

^{2.} See p. 42 Note 4.

^{3.} This refers to one of Lord Śiva's 'holy sports', in which, in answer to the prayers of a widow and her son, who were being cheated of their property by avaricious relatives, He took the form of the boy's uncle, who had bequeathed the property and who at the time was far distant overseas, and, by giving evidence in their favour, won their case for them in the courts.

^{4.} See Introduction p. x.

VĒL, VĒL

We want the Holy Ash¹ and the Five Letters², $v\bar{e}l$, $v\bar{e}l$. We want to understand that $j\bar{i}va$ is Siva, $v\bar{e}l$, $v\bar{e}l$.

We want to do *japam*⁴ till it possesses us, *vēl*, *vēl*. We want to avoid inflicting harm on others, *vēl*, *vēl*.

We want to cease from taking birth, *vēl*, *vēl*.

We want to banish thoughts of women who attract the eyes, *vēl*. *vēl*.

We want never to forget the guru's feet, *vēl*, *vēl*. We want to live devoid of wants, *vēl*, *vēl*.

We want not to steal or kill, *vēl*, *vēl*. We want to be free from envy and from anger, *vēl*, *vēl*.

We want to live loving all, *vēl*, *vēl*. We want to forsake the idea of 'I' and 'mine', *vēl*, *vēl*.

We want to keep the company of the good, $v\bar{e}l$, $v\bar{e}l$. We want to be unswervingly impartial, $v\bar{e}l$, $v\bar{e}l$.

We want to be true to our word, *vēl*, *vēl*. We want to know the bliss of being *summā*, *vēl*, *vēl*.

^{1.} See Appendix I p. iii.

^{2.} See Appendix II.

^{3.} The *vēl* is the lance with which Lord Murukan is always depicted and which signifies Divine Wisdom. See Introduction p. xiv.

^{4. (}lit: 'utter in a low voice') Repetition of a *mantra* or invocation of a name of God.

^{5.} See Introduction p. xxxii.

IN PRAISE OF THE FEET OF THE LORD

It is sweet to speak of the fragrant lotus feet.¹ Give up desire! Give up desire! There is no one equal to you!

Devotees who to God's feet give praise Will never perish. Search with steadfast faith!

They attain liberation in this life, Who on the Lord's feet ever meditate.

Countless sins will fly from those that laud Our Father, who the noble bull doth ride.²

Karma will not act on those who praise The feet of the Pure One adorned with holy ash.²

They take no birth, who've gained the beauteous feet Of Him, who is all beauty and with Gangā is adorned.²

They do not die, who live without forgetting The fair feet that have granted wealth and fame.

Those, who are desirous of attaining liberation, Will daily sing of the feet of the Supreme.

'Tis *mukti* but to think of everlasting feet Of the Lord, who frees from karma those that pray to Him.

It is bliss the Beloved One to praise, Whose chest a wreath of dead men's bones adorns.²

It is bliss to attain the glorious feet of God, Who rid of birth the one who called Him mad.³

The line could also be translated: "Who rid of birth him whom the world called mad", in which case it would refer to Chellappaswāmi. (See Introduction pp. xxxiii, xxxiv.)

^{1.} See Introduction p. xxxi.

^{2.} See Appendix I.

^{3.} This refers to Sundaramūrti, one of the four great Tamil Śaiva saints, one of whose songs in praise of Lord Śiva begins: "O Madman, crowned with the crescent moon, O Lord Supreme!"

MY REFUGE IS THY FEET

Refrain:

O Lord, behold me! Cast but a sidelong glance upon me! O Lord, behold me!

Behold Thy servant, Lord, and soothe the anguish of my mind! Draw me to Thee, O Lord! I come for refuge to Thy beauteous feet.¹ O Lord, behold me!...

Who is the resort of this Thy slave, save Thou? O Lord, deliver me from my distress! I come for refuge to Thy holy feet.

O Lord, behold me!...

Those around me are no help, my relatives can give no aid; There are none here to succor me.

Thy slave am I; my refuge is in Thee.

O Lord, behold me!...

Prosperity is no support; riches are no protection.

I am Thy servant; in Thy fair holy feet my refuge lies.

O Lord, behold me!...

^{1.} See Introduction p. xxxi.

That the heart of this Thy slave be filled with love, Bestow on me Thy grace.

I come for refuge to Thy feet.

O Lord, behold me!...

O Precious One, with dead men's bones adorned¹, Who dost in fair-tressed Umā² take delight! My refuge is in Thee. O Lord, behold me!...

O Lord, who dances in the Void³ and rides the wondrous bull!¹ I am Thy servant; my refuge is Thy golden feet.

O Lord, behold me!...

O Lord Creator, who the dance performs—tattā thi tōm

tām tōm!

In Thy fair feet with anklets¹ ringed my only refuge lies. O Lord, behold me!...

O Taintless One, invisible to Viṣṇu's and Brahma's quest!! For refuge in Thy beauteous feet I come to Thee, O Lord!

O Lord, behold me!...

^{1.} See Appendix I.

^{2.} One of the names of Lord Śiva's Consort or Śakti.

^{3.} See Introduction p. xi.

^{4.} This represents the beat or rhythm given for dancing.

WORSHIP THE LORD

They will live long that daily praise the Lord, Who with ūmatthai¹ blossoms is adorned.

It is a disgrace indeed to join Those sinners, who are hypocrites at heart.

The harbouring of desire for the fleeting joy of youth Unhappiness for seven births will carry in its train.

Yaman will flee in terror at the very sight Of bhaktas who the Trident-bearer² daily eulogize.

Those, who the Father-Mother³ devotedly adore, In this very life itself good fruit will surely reap.

Not the slightest trace of karma will remain to those That worship the Pure One, who Manmatha⁴ destroyed.

Those fools, who keep the company of mean, ignoble men, By fear will be tormented; that is sure.

'Tis bliss indeed to praise the holy feet Of Sankara, the One without compare.

Those devotees, who think of Nilakandan,⁵ Will in this world have long life with renown.

They will live in bliss like children on this earth, Who with fair blossoms offer up their praise.

A poisonous shrub (datura), the flowers of which are sacred to Lord Śiya.

^{2.} See Appendix I p. v.

^{3.} See Introduction p. xii.

^{4.} See p. 63. Note 2.

^{5. (}lit: 'blue throated one') A name of Lord Śiva. See Appendix I. p. iii.

ALL HAIL TO THE FEET OF THE LORD

All hail to the feet of our Lord, Who bears the moon¹ and the Gangā on His head!¹ All hail to the upraised foot² of the guru Supreme, Who said— "There is not one wrong thing!"³ All hail on this earth to him who knows The excellent holy word—"We do not know!"³ All hail with honour to the saying that to us was spoken, "It was all completed long ago!"3 All hail for ever in this world To the rare and sacred word—"Who knows?"! All hail to the liberty that lauds and glorifies The statement of the wise one—"All is Truth!"³ All hail to the Feet that none can ever know Of Him whom no one can describe! All hail to Lord Siva, who blossoms in the heart, And is the origin of all primordial things!

^{1.} See Appendix I p. iv.

^{2.} See Introduction p. xxxii.

^{3.} See Introduction p. xxxiv.

THE CUCKOO SONG

Call cuckoo! Fly and call cuckoo!
Call Him, who dwells in the minds of those that worship!

Call fair cuckoo! Call the Lord to come, Whose name is sweet to the tongue!

Call cuckoo! Call to come that Being, Whom, crying— "Śiva, Śiva", all the sages seek!

Call cuckoo! Call to come here the beauteous Śiva, Worshipped and praised by orators and poets!

Call to come here, O cuckoo, the God of gods! O cuckoo divine, who in honey-filled groves dost dwell!

O cuckoo, call to come here my Lord and Master, And coaxingly tell Him of the affliction that I suffer!

Call cuckoo, call to come in search of me My Lord, who knows not youth or age!

O cuckoo, fly gracefully and call to come The Lord, whom the crescent moon adorns!²

Call, O cuckoo, call to come that Perfect One, Who lives in the heart that ever thinks of Him!

O cuckoo, call to come the Giver of all, Who dwells in the minds of those that sing His praise!

^{1.} The song of the variety of cuckoo found in Ceylon and India is more melodious than that of its European counterpart.

^{2.} See Appendix I p. iv.

THOSE WHO DO ŚIVATHONDU

Those who do Śivathoṇḍu will attain both wealth and learning. Those who do Śivathoṇḍu will win prosperity and fame. Those who do Śivathoṇḍu will have minds made clear and lucid. Will those who do Śivathoṇḍu follow any wrongful path?

Those who do Śivathoṇḍu will be lords of all creation. Those who do Śivathoṇḍu will escape the taint of birth!. Those who do Śivathoṇḍu will make the gods their servants. Those, who do Śivathoṇḍu will not be born again.

By doing Śivathoṇḍu the world did Viṣṇu² govern. By doing Śivathoṇḍu Sundarar³ became the Lord. By doing Śivathoṇḍu His feet were gained by Appar.⁴ For those who do Śivathoṇḍu can there be any want?

Those who do Śivathoṇḍu have neither fear nor anger. Those who do Śivathoṇḍu are without the wicked 'I'. Those who do Śivathoṇḍu know neither night nor day-time.⁵ Those who do Śivathoṇḍu will not live on sinful food.

Those who do Śivathoṇḍu will be blessed with peace and patience. Those who do Śivathoṇḍu will fathom threefold time.⁶ Those who do Śivathoṇḍu will not suffer pain or sickness. Those who do Śivathoṇḍu like gods will surely be.

^{1.} i.e. the innate taint' or anava. See Introduction p. xvi.

^{2.} For doing service to Lord Śiva, Viṣṇu was made the Preserver and Sustainer of the world.

^{3.} Sundaramūrti—one of the 'four Saiva saints' and poets, who attained oneness with the Lord.

^{4. (}lit. 'father') Tirunāvukkarasu, another of the 'four saints' and poets, is often called Appar or Apparswāmi.

^{5.} See p. 36. Note 3.

^{6.} i.e. present, past and future.

KUTHAMBĀY III

Can any harm befall, Kuthambāy;¹ Can any harm befall, my dear, If we worship the God, who bears the Gangā in His hair?²

Will there be night and day,³ Kuthambāy, For those great *tapasvins*, my dear, Who everywhere see and worship the feet of the Lord?

You will have eternal life, Kuthambāy; You will have eternal life, my dear, If you can understand how Śiva and Śakti⁴ are one.

Remain in equanimity, Kuthambāy; Remain in equanimity, my dear. If we worship the Lord, can even Yaman venture nigh?

Can there be material desire, Kuthambāy?
Can there be material desire, my dear,
If you win the grace of Pure One, who held the poison
in His throat?⁵

Avoid all quarrelling, Kuthambāy; Avoid all quarrelling, my dear. If you live in amity, you will see all as Śiva's action.

^{1.} See p. 56. Note 1.

^{2.} See Appendix I p. iv.

^{3.} See p. 36. Note 3.

^{4.} See Introduction p. xii.

^{5.} See Appendix I p. iii.

Can there be downfall on this earth for those who have realized themselves?

After that, what is there to say, Kuthambāy? After that, what is there to say, my dear?

If we become ourselves, if we become ourselves within ourselves, All our karma will depart, Kuthambāy; All our karma will depart, my dear.

Let us see and let us serve, Kuthambāy; Let us see and let us serve, my dear, Him, who in. the past, now and always remains the same.

Our tutelary god, Kuthambāy, Our tutelary god, my dear, Is the Lord who has His Lady as His other half.¹

We enjoy the loving-kindness, Kuthambāy; We enjoy the loving-kindness, my dear, Of Him, who to Brahmā and Viṣṇu remains unknown.²

There is no birth or death, Kuthambāy; There is no birth or death, my dear, For those servants of the Lord, who daily— "Hara! Hara!" cry.

^{1.} See Introduction p. xii.

^{2.} See Appendix I p. ii.

OUR DUTY1

Meditate, meditate on God's name in five letters². Eagerly come forward to serve *Śivathoṇḍan*. Grow and grow, the path of *tapas* ne'er leaving. Live in concord with parents and other relations.

Conquer, conquer the wayward mind little by little. Offer your worship to the feet of *gurunāthan*. Abandon, abandon all sin with contrition. Have love and affection for all.

Moderately, moderately eat for your sustenance. Take pains at all times to assimilate knowledge. In your youth, in your youth learn the arts and the sciences. To the mean and the miserly be not attached.

Foster, foster the friendship of well-nurtured people. Live in happiness, saying you are lacking in nothing. Look after, look after your brothers and kinsfolk. Inwardly and outwardly let your life be the same.

Be firm, be firm in grace, yourself quite forgetting. Annihilate ego, forbidding doubt to arise. Then speak and speak of the greatness of the *guru*. Brush aside the calumny of those who call him mad³.

^{1.} One verse of this song, which was first sung at the time of the fifth anniversary of *Śivathondan* Journal, has been omitted, since it refers only to that event.

^{2.} See Appendix II.

The last half of this line can also be rendered as—'those who call you mad'.

HAIL TO THE GURU'S HOLY FEET!

Hail to the holy feet of the handsome *guru*, Who gave me both earth and heaven, Pervading all things like the vowel 'a'!

Hail always to the feet with anklets ringed,² That before my eyes appeared As male and female, father and mother!

Hail to Thy sacred feet, O Precious One, Who came and assumed a holy form To wipe out all my *karma*, and set me in the state of bliss!

Hail to Thy holy feet, O my Support, who hast appeared As the father and mother that gave me birth, As my kith and kin and as my *guru*!

Hail to the fair feet of my *guru*, who came in a form like mine, Showed me my true nature and made me his, Whom even the knowers cannot know!

Hail within my mind to the lotus feet that are, unknown Even to pure ascetics, who hard *tapas* undergo And on a razor's edge are able to abide!

Hail to the feet of the true *guru*, who took me 'neath his rule, And gave himself to me, saying— "Do not suffer By regarding me as separate from you!"

Hail, all hail to the flawless teacher, Who bestowed on me his perfect grace, and said— "Be yourself, of all else free!"

^{1.} See p. 34. Note 2.

^{2.} See Appendix I. p, iv.

THE ŚIVATHONDAN

O you servants of Śiva! Know that it is your duty To gladden the heart of that small child, Who to your noble courtyards comes Śivathoṇḍu to perform, And who the holy name of Śivathoṇḍan¹ bears!

That dear boy called *Śivathondan*, Who worships the servants of Siva as Siva, Has come on this earth for the happiness of all, In the auspicious month of *Mārkalī*² in *Bhava* Year.³ Though but a small child, because of his past tapas⁴ He is a master of great knowledge. He is one who knows the worth of taking A good deed, equal to a grain of millet, To be as great as a palmyrah tree in size. He understands that everything is Siva's action. To him belongs the blessing of overcoming anger. He is filled with truth, forbearance and tranquility And is an adept in discerning the eternal from the passing. Transcending the path of the six adhvās,5 He has realized the state beyond the *tattvas*. Poverty will not disturb him, nor will prosperity elate him. He is a pure soul, possessed of abundant patience. Not an inch from the path of Dharma will he swerve, But will always go the way the supreme guru has declared. Honoured by all the world, his nature is to live With hands engaged in work and thoughts engaged with God.

¹ This song was sung to give encouragement and blessings to the publication of the *Sivathondan* Journal (see Introduction p. xxxvii), which is here personified as a small boy.

^{2.} Mārkali is the Tamil month of December—January.

^{3.} In Hindu chronology, instead of centuries there are cycles of sixty years, each year having a different name. Thus, in the present cycle, *Bhava* year was 1935.

^{4.} i.e. tapas performed in a previous birth. See Introduction p. iv.

^{5.} See p. 103. Note 1.

Every month he will go with gladness to your home, From which the goddess Lakṣmī ne'er departs, Bringing with him Good Thought¹ and good religion, And the marvelous song of holy praise,² And *yoga* expounded with deep learning, And the tale of Chūdālā³ that savours sweet in word and meaning, And, furthermore, many delightful essays.⁴ Bearing all these with him, he will happily revere you. So take him up and put him on your lap, And sing pure Tamil to him in melodious voice, And feed him well, mixing together these four things—Milk and honey, sweetmeats and green gram.⁵ Dress him in cloth of silk, deck him with many ornaments, And adorn him with garlands of fragrant honey-dripping flowers6.

Then, having attained the bliss that is beyond all comprehension, Live in the knowledge that "those who give are great." 7

To the joy of orators and poets Śivathoṇḍan appeared in Mārkali month in Bhava year, That we might do Śivathoṇḍu, knowing that jīva is Śiva. We have no other haven for our safety save his words.

- 1. i.e. Natchintanai. See Introduction p. xxxvii.
- 2. The song on p. 54.
- 3. Chūdālā was a queen, who attained realization of the Truth, and then helped her husband, the king, to do the same.
- 4. This and the previous four lines refer to the contents of the issue of the *Śivathondan* Journal current at the time.
- 5. These four things are commonly offered to Ganeśa.
- 6. To sing songs in praise of the deity, to make an offering of food, to adorn the image with silk and ornaments, and to place garlands upon it are part of the ritual worship performed in all Hindu temples.
- 7. This is a quotation from a song by Avvaiyār, a great Tamil poetess and saint.

YOU ARE NOT SEPARATE FROM ME

My father, the king of the city of Nallūr,
Out of his great mercy came and led me to the path of bliss,
Who knew neither the path of grace nor the path of love.
Now I know not happiness or sorrow. I know no previous *karma*.
I know neither past nor future, O sage, who told me—
"All is truth!"

O sage! O foremost among sages! O unique one! O incomparable master, who has placed this stubborn creature 'neath your rule!

O you, who are sweet to all the fourteen worlds!2

O Lord, who are not separate from me!

O jewel-like guru of Nallūr! O taintless one!

All hail to that Being, to whom the virtuous draw nigh!

Hail, hail to the sacred feet of him who said—
"There is not even one wrong thing!"
Hail, ever hail to the holy feet praised by all the beings of this world!
Hail to the Grace, which guards this simpleton!
O Pure One, who to end my *karma* as a *guru* came and
sat in state

At Nallūr with its cooling waters and glowing gardens that surpass all words!

Is there anything to make me think that I am separate from you?

In this world is there anyone like you? If I see and understand aright, You are the all-powerful one, who has given me assurance. Omy father, my father! Can anyone declare that you and I are separate?

O precious gem! O *guru* of Nallūr, where bees are ever humming! O treasure-house of silence!
Can anything be lacking for those who you have seen?
I have become merged in you. I am like a bee made drunk by honey.

- 1. See Introduction p. xxxiv.
- 2. There are said to be seven nether worlds and seven higher worlds.

O Precious Gold, Jewel, Pearl! Who can understand You, Whom the renowned Vedas searched for and failed to know? At Nallūr, as the *guru* steeped in Grace, You showed me Your true form,

That I, Your servant, might not suffer weakness and delusion, From taking this $m\bar{a}y\bar{a}$ body to be real; And it was You who made me to succeed in gaining bliss! Now what further can I say? Is there another way to worship

You? O Gracious Giver, reveal to me the truth!

I NOW COME RUNNING IN SEARCH OF YOU

Refrain:

O Lord, True *Guru* and Master! I come to seek protection. Give me, O give me Your grace! O Pure One! O Voice of Wisdom! I offer praise to Your golden feet.

I moved with the mean and miserly, And underwent countless sufferings. Singing Your fame without ceasing, I now come running in search of You. O Lord, True *Guru* and Master!...

Passing through the six *cakras*, I stand praying in the hall of grace. Ever goading the crafty mind, My thoughts on you, I come in quest. O Lord, True *Guru* and Master!

OUR GURUNĀTHAN DWELLS AT BEAUTIFUL NALLŪR

Refrain': Our gurunāthan dwells at beautiful Nallūr. Here, there and everywhere he shines!

He gives the *prasādam*² of auspicious words. He enters into silent changeless contemplation. Our *gurunāthan* dwells at beautiful Nallūr. Here, there and everywhere he shines!

He is the helper of his devotees, an ocean of bliss. Night and day he adorns the precincts of Nallūr. He forgave me all my faults and made me his. Day and night he is dancing in my mind.

Our gurunāthan dwells at beautiful Nallūr. Here, there and everywhere he shines!

On those, who harbour envy, anger and deceit, His grace that free one also will bestow and say—

"Don't fear!"

In the hearts of those, who even in dreams do not forget his lotus feet.

His sweetness will be relished like pañcāmirtam.3

Our *gurunāthan* dwells at beautiful Nallūr. Here, there and everywhere he shines!

^{1.} See p. 45. Note 1.

^{2.} *Prasādam* is anything, which having been offered to a deity is then distributed among the devotees, or anything received from a *guru* or a holy man.

^{3.} Pañcāmirtam (lit: 'five nectars') is an especially sweet mixture that is offered to a deity. It consists of the juice of sugar-cane, honey, curd, ghee and milk.

TELL, O ŚIVA, TELL!

Tell, O Śiva, tell! Tell, O Śiva, tell!
The way to obtain happiness, tell, O Śiva, tell!
That the overpowering foe may die, tell, O Śiva, tell!
That there is no second thing, tell, O Śiva, tell!
That day and night may disappear¹, tell, O Śiva, tell!
That love is God Himself, tell, O Śiva, tell!
A song that will even melt a stone, tell, O Śiva, tell!
That the body is a temple, tell, O Śiva, tell!

The way to live from sorrow free, tell, O Śiva, tell! *Aham Brahmāsmi*,² tell, O Śiva, tell! That the Lord is good to all, tell, O Śiva, tell! That everything is Śiva's work, tell, O Śiva, tell! That life is short and fleeting, tell, O Śiva, tell! That both you and I are one, tell, O Śiva, tell! That there is nothing harmful here,³ tell, O Śiva, tell! That we are the new devotees, tell, O Śiva, tell!

That it is noble not to kill, 4 tell, O Śiva, tell! Boldly go before all men, go, O Śiva, go! That we should keep good company, tell, O Śiva, tell! That we are all and everything, tell, O Śiva, tell! Joyously go everywhere, go, O Śiva, go! That everything that is, is real, 3 tell, O Śiva, tell! That bliss is for the illiterate too, tell, O Śiva, tell! How to control and rule the mind, tell, O Śiva, tell!

^{1.} See p. 36. Note 3.

^{2.} This is one of the four Vedic *Mahāvākyas* or 'great sayings'. It means 'I am Brahman.'

^{3.} See Introduction p. xxxiv.

^{4.} See p. 78. Note I.

GRANT THE BOON OF WORSHIPPING THY FEET

Refrain: O gurunāthan, grant to us thy liegemen
The boon of humbly worshipping thy feet!

Lord of Nallūr, with rice and sugar teeming,¹ Who the holy name of Chellappari² dost bear! As father, mother, *guru*, God thou earnest; I come to thee for refuge. Guard me each day!

O *gurunāthan* grant to us thy liegemen
The boon of humbly worshipping thy feet!

O thou, who walk'st with grandeur as thou pleasest! There is no one in the universe like thee.

Who can know the acts of the Almighty?

Make me ever worship thee and offer praise.

O gurunāthan grant to us thy liegemen

The boon of humbly worshipping thy feet!

O sage, whom people spoke of as a madman!
Thy nature others cannot comprehend.
To thee, O father, wholly I surrender.
Henceforth shall I have fear of anyone?
O gurunāthan grant to us thy liegemen
The boon of humbly worshipping thy feet!

^{1.} Literally—'abounding in red paddy and sugar-cane'. 'Red' paddy is a variety of paddy that is considered to yield the best rice.

^{2.} Chellappan is Chellappaswāmi. See Introduction pp. xxxiii, xxxiv.

IN PRAISE OF SIVATHONDAN

Traveling to all points of the compass, good Śivathondan Praises the Lord whose holy feet we worship, And tells us every month that we are Siva's servants; He will not be forgotten by our hearts.

You must be pure in heart and with a gladsome mind The supreme five letters² incessantly repeat. Is any worship needed on this earth? Is there a separate God? For the Lord's true devotees what is there lacking?

Seek the rewarding friendship of God's servants, Who with enjoyment read the pleasant essays, Brought by bounteous, majestic Sivathondan, Who to the peerless *Sat-guru* gives praise.

Plentiful rain will fall in the land of those who search, And there will be great sweetness in the hearts of those who seek.

All sins will flee away from those who sing, and heavenly wisdom will be theirs.

That *iīva* is Śiva you must see and clearly understand.

Śivathondan shows the path of clarity of mind,

And pours forth a stream of poems the knowledge to disclose, That 'twixt Vedanta and Siddhanta no difference is found, And on this earth to us reveals That which transcends all sound³

^{1.} See p. 180. Note I.

See Appendix II.

^{3.} i.e. that which is beyond all manifestation—Godhead, the Absolute, Brahman, Paraśivam,

AMMĀNAI II

The holy feet, that were unknown to Brahma's and Visnu's quest,¹ Took, in the midst of this great world, this fool beneath their care.

When on such love it dwells, with happiness my heart o'erflows, And tears stream from my eves.

Day and night to them I offer praise.

Of their rare and holy glory let us sing—Ammānai²

The lotus foot upraised in dance³ we worship, bearing upon our heads

The feet of those true devotees, who swiftly come in radiant guise. To the Sat-guru declaring praise, of the holy feet we sing— The feet that made me do good service as all the world can see. The feet that evil do not know—Ammānai!

Who with the crescent moon is crowned,⁴ whose body is of coral hue.

Who holy ash⁴ doth wear and with the blossoms of fresh konrai flowers is decked,

That Being, who is Truth itself, of whom one half is female,⁵ Who in the streets doth sport, surrounded by a countless horde of ghosts4—

Let us that Lord, the First of All, adore—Ammānail

^{1.} See Appendix I p. ii.

^{2.} See p. 149. Note 3.

^{3.} See Introduction p. xxxii.

^{4.} See Appendix I-

^{5.} See Introduction p. xii.

^{6.} The Tamil word, here translated as 'street', was originally used to denote the concentric courtyards that encircle the innermost sanctuary within the walls of a large Hindu temple, and also the public streets immediately surrounding the temple on the outside.

Who is indeed Reality, the celestials' King, who on the bull doth ride,

Almighty God, to whom there can be no impediment, The Lord of Wisdom, beyond the ken of this poor mortal's senses five—

That Holy Form of Grace has made me His, who am the least of all.

To Him on earth we bow and sing—Ammānai!

The Essence of the Vedas, which He Himself revealed, The Wealth of those who to His feet their veneration give, The Birthless One with matted locks¹, who made blue Viṣṇu His

And his illusion cured²—at Nallūr, where *māthavi*, *punnai* and wild jasmine thrive,

'Tis Him we worship and of His feet we sing—Ammānai!

The Life of all that lives, embracing as His sacred other half Fair *Umā*, who the peacock doth outshine, The holy form that dwells within the hearts of those who meditate, Lord of *Kailās*, with dark blue throat¹, the help of the detached—

Saying farewell to sleep, to Him we offer praise—Ammānai!

^{1.} See Appendix I.

^{2.} See Appendix I p. ii. Viṣṇu is usually represented as black or dark blue or dark green, since the colour of ether or akasa is said to be 'smoky' or the colour of clouds, and ether, as the formless substance that pervades the whole material world, is regarded as the symbol of the All-Pervader or Sustainer of the universe.

^{3.} Māthavi is a large creeper (gaertnera racemosa). Punnai is a flowering tree— 'alexandrian laurel'.

THE CURE FOR BIRTH

Naught else do they desire, who always do good meditation Upon that Being, which exists as this day and the morrow. Let us with flowers that do not fade His golden feet adore, Who on that day the Truth explained beneath the banyan tree.¹

Who is to me sweet nectar, father, lord and God, Primordial Ruler, Form Divine, to which 'the three' prostrate, The Unique King who is Himself, the *tattvas*' Lord, the Gracious One—'Tis sure that those who tell of Him will not take birth again.

Who is the Lord beyond all sound³, who neither comes nor goes, And who the five elements⁴ became—those, lauding Him each day According to the Vedic rules, will see and venerate His lotus feet in this great world, and will from birth be free.

Always will I give honour to the holy feet of those, Who say that it is good each day to worship with fresh flowers Him who my errors doth forgive, the essence of *Pañcākṣara*, Who loveless hearts will not approach, and who is everywhere.

He is *mantra*, *tantra*, *yantra*, the medicine, the feast, The sun, the moon, and everything that moves and does not move. He is my refuge and my help. He is all, yet beyond all too. Who my Father's nature thus perceive from rebirth will be free.

^{1.} See Appendix I p. i.

^{2.} i.e. Brahmā, Viṣṇu, Rudra. See Introduction p. vii.

^{3.} i.e. the Absolute, beyond *Nāda*, the Primordial Sound; beyond all manifestation.

^{4.} i.e. He manifested as the world, which is composed of five elements: ether, air, fire, water and earth.

Whose hearts with Him are e'er united will not take birth nor will they die.

They'll nothing hide, nor will they waver; there's nothing that can cause them grief.

They'll not forget to serve the *bhaktas*. From virtue's path they will not stray.

From what is seen their minds withdrawing, they nothing else but Him will see.

Śaṅkara Śiva, who cruel Kāma¹ burnt, With wetted locks² and garlands on His chest, Who has His Lady on His left³ and with the crescent moon is crowned²—

Those who with yearning give Him praise will heavenly bliss attain.

The Life of my life, whose nature 'tis to hold the lire in His hand,⁴ Essence of Truth of purest gold, who neither comes nor goes, The Mighty One, who doth all souls pervade—in this great world Those, who thus meditate on Him, all future births will end.

Lord of the *devas* with sweet-scented wreaths adorned, Bounty's Bosom, Liberation's Flame, the All-Pervading Consciousness,

Who with form and without form stands, who is both here and there,

Who king and *guru* has become—at sight of Him my heart was calm.

(Continued)

^{1.} See p. 63. Note 2.

^{2.} See Appendix I p. iv.

^{3.} i. e. Śakti. See Introduction p. xii.

^{4.} See Introduction p. xvii and Appendix I p. v.

My present birth He'll terminate; in all my births with me He stayed;

To make me free of future births on me His grace He has bestowed. He is Himself His only peer. Throughout eternity He stands. For those, who offer praise to Him, no future birth or death will rise.

THE LORD OF LANKA

He who bears the moon¹ and the Ganges¹ on His head, The Flawless One, whom Brahmā and Viṣṇu could not know,² Who liberates from sorrow the devotees that praise Him— He is Lord of Lankā, with its great walled cities.

He who is earth and water, fire and air, The subtle ether and the sun and moon, Who all honour, wealth and beauty doth possess— He is Lord of noble Lankā, rich in paddy fields.

The Lord who from within vouchsafes His grace,
That devotees with hearts, which melt from constant
meditation,

In no wise way return again to take birth in this world—He is Lord of Lankā, whose fertility is boundless.

He without taint, who neither comes nor goes, Who the whole world creates, sustains, destroys, Who, from His devotees all sorrow doth remove— He is the Lord of fair Lankā's golden land.

^{1.} See Appendix I p. iv.

^{2.} See Appendix I p. ii.

The Primal One, without end or beginning, Who fame and gold and property bestows, Who ever shines as Wisdom's Light within me—He is Lord of Lankā, by mountain ranges girt.

The Great and Glorious Being, who uproots All anger, delusion and desire that sprout Within the minds of devotees who practise meditation— He is Lord of Lankā's ancient land, enriched by springs.

The First in all the world, beyond the 'great three's' ken, The God, who even to the gods remains unknown, Who gives the grace that burns the sins of all who worship Him—He is of Lankā Lord and King.

The Bounteous One with form of roseate hue,² The Pure One who with skulls is garlanded,³ He of whom Beauty is His own peculiar name⁴— He is the Lord of Lankā, where sugar-cane abounds.

What auspicious days and planets can there be for us, When the God, who governs all, dwells in our hearts? Always are we protected by the fragrant lotus feet Of the Lord, who lives in Lankā that with waterfalls doth shine.

^{1.} i.e. Brahmā, Viṣṇu, Rudra. See Introduction p. vii.

^{2.} See Appendix I p. iv.

^{3.} See Appendix I p. iii.

^{4.} One of the names of Lord Śiva is 'Cokkan', which means 'Beautiful One'

MY REFUGE IS IN THEE

O Father! Precious Life! O Love! O my Support!

O Thou beyond comparison, who from all ages dost abide!

O Bounteous One who layeth up no riches, Časket of gemlike silence.¹

O Lord of Lankā's city, renowned throughout the world my refuge is in Thee!

Thy wetted locks, adorned with flowers, the river, moon and serpent bear, and all vibrate in dance.

Thy body gleams with holy ash. Thy beauty manifesting. The demon, who opposes Thee, lies 'neath Thy lotus feet.² O Ruler of fair Lankā that in rivers doth abound—my refuge is in Thee!

Pervading all things as the spacious earth, as sun, as moon, as fire, As running water and as wind, as rolling ocean and as human life.

As *guru*, as disciple, as light ineffable beyond compare— O Shining Jewel of Lankā—my refuge is in Thee!

O Glorious One with beauteous glistening locks, who wields the battle axe,

Whose left side is Thy Lady of full and rounded breasts!³ O King, clad in the skin of the murderous tiger Thou didst slay! O Precious Nectar, of good Lankā Lord—my refuge is in Thee!

Who art all lives and yet all lives art not, How can Thy greatness be described, O Gem that life irradiates? O Truth by all the heavenly host adored, whom Viṣṇu could not see!!

Great Jewel of Lankā, where cuckoo and peacock thrive my refuge is in Thee!

^{1.} See Appendix I.

^{2.} See Introduction p. xxx and Appendix I p. v.

^{3.} i.e. Śakti. See Introduction p. xii.

O Thou, who hast no parents, no name, no place, no kindred, Who all wealth and beauty dost possess, with body like the evening sky!

O Lord, who on the mighty bull dost ride, that words cannot describe!

O God of Lanka, which the clouds adore—my refuge is in Thee!

O Lord, my Guru, who art able all things to achieve!

O Wisdom's Jewel and Ornament, whom good men venerate and praise!

O Truth revered by sages, who the path of not-killing ever tread!²

O King of Lanka, blessed with all fertility—my refuge is in Thee!

As one, as many, as He who in the Himalayan mountains dost reside,

As the Primal One who in times past deluded Dakṣa didst destroy³,

As Consort joined to Her whose bosom all prosperity adorns⁴—O Lord of Lankā worshipped thus by Yoganāthan—my refuge is in Thee!

O Thou, who as a beggar once didst come to cure the rishis' arrogance¹,

Who half Thy body to Thy Spouse didst give⁴, and by Thy waking look

Burnt up cruel Mathan's⁵ frame and made him perish! O God! O Śiva of the land of Lankā—my refuge is in Thee!

(Contd.)

^{1.} See Appendix I.

^{2.} See p. 78. Note 1.

^{3.} According to the Puranic story, Dakşa, a son of Brahmā and the father of Umā (i.e. Śakti in one of her manifestations), refused to recognize Lord Śiva as the Supreme Being, and, though repeatedly warned not to do so, performed a great sacrifice to which he asked all the gods and *rishis* and celestial beings to come, but refused to invite Lord Śiva. The Lord then sent one of His sons, Virabhadra, to destroy the sacrifice and all who attended it, including Dakṣa. Later, at Umā Devi's request, Lord Śiva restored all to life again.

^{4.} i.e. Śakti. See Introduction p. xii.

^{5.} Another name for Manmatha, the god of love. See p. 63. Note 2.

If Thou should'st still remain without compassion for my mind, Which night and day for this poor nine-holed bag of skin¹ doth strive,

O my *Guru*, what then shall I do and to whom can I state my case? O Light of Lankā, blessed with gold—my refuge is in Thee!

DARŚAN OF THE MASTER

Near the house of the car² at the Glorious Lancer's³ holy shrine,

Who all sorrow and distress from those true devotees removes, That dwell on Him with melting hearts and worship with joined palms, I had *darśan* of the master. "Hey! Who are you?" he cried!

Near the house of the car at the temple of the six-faced Lord³, Who as a mother takes 'neath His protection Those great ascetics that to know themselves hard *tapas* undergo, I had *darśan* of the master.

"Dive deep within and realize!" he shouted and laughed loud.

Near the house of the car at great Nallūr, where plenty overflows And bees do sweetly hum, where to a higher state Those of hard and obdurate hearts are raised, I had *darśan* of the master. "Give up attachment!" he told me with a smile.

^{1.} i.e. the body.

^{2.} See p. 128. Note 1.

^{3.} i.e. Murukan, the son of Lord Śiva and the presiding deity of Nallūr temple. See Introduction pp. xiii, xiv and xxxiii.

Near the house of the splendid car in Kandaswāmi's holy precincts At Nallūr, where sugar-cane, red paddy, jak, and plantains, And varied mango trees abound, I had *darśan* of the master. Worthy devotees stood round him—impress that on your mind!

In Nallūr's noble town, where dwell great sages who no second thing perceive,

I beheld the Śivaguru,² Chellappan by name, whose state is such That he cannot be enmeshed in the lustful net of women's sparkling eyes.

"All is well, my son," he lovingly declared.

From time's beginning until now all men have made inquiry, As to whether it is 'one' or 'two' or 'three'.

He, who beyond the reach of all philosophy remains, Came as the glorious *guru* of Nallūr and upon me high dignity bestowed.

The Taintless One, who air, fire, water and the mighty earth became.

Whom none can comprehend, as the *Sat-guru* came there face to face,

And, having banished all my doubts, took me 'neath His sway. Then indeed I gained the state, where of the *guṇas* I was free.

In the golden land of Lankā, where birds start at the sound of falling water,

In Nallūr's town, where the Son of Him who holds the fire is pleased to dwell.³

As the Divine *Guru*, to bestow true life upon me, He appeared, And showed to me His feet and made of me His man.

^{1.} See p. 130. Note 1.

i.e. a teacher, who has become the embodiment of Grace and is therefore not different from Lord Siva Himself. See Introduction p. xxix.

^{3.} See p. 196. Note 3.

I HAVE NO OTHER THOUGHT BUT THEE

Refrain. O King of gods! O Sole Support of Life! I have no other thought but Thee.

Thou art my father, mother, guru.

I resort to Thee; why then art Thou hard-hearted?

Is this the mischief of my previous karma?

O King of gods!...

O Master of the wise,
Who in the golden hall² dost dwell,
Who art as sweet as sugar, fruit and honey.
Our Lord and God!

O King of gods!...

Thou art my inner light! Henceforth Thy service is my stay. O Form of Silence, Sea of Bliss, My King! O King of gods!...

Grace me to curb the wicked mind,
That on the wrong path strays,
To make it tread the righteous way, O
Ruler of my life!
O King of gods!...

That he may know bliss within his heart, Being speechless like the dumb, And on this noble earth be saved. Is Yogaswāmi's prayer.

O King of gods!...

^{1.} See p. 45. Note 1.

^{2.} See Introduction p. xi.

GIVE PRAISE TO MURUKAN

O people of the noble land of rich and prosperous Lankā! Your sins will vanish in this world and all reproach will leave you,

If the holy feet of Him, who has the cock upon His banner¹, You contemplate until you die and ever gladly worship.

O people of the worthy land of fair and golden Lankā! Having mastered the six evils²—desire and all the rest. To give all praise and honour to the fragrant holy feet, That to us grant protection, is the potion for new birth.

O good folk of Lankā! Why think and suffer further For the insubstantial body, that is transient As dew-drop on a "blade of grass? While on this earth Extol with love the holy feet of Him who has six faces³.

O people of the great and pleasant land of Lankā! Convinced that youth is fleeting, clasp the Lancer's³ holy feet. Which immortality bestow; for that will everlasting bliss vouchsafe Know this, and lovingly bow down to them in worship.

O men of Lankā! Attach yourselves by treading virtue's path To the holy feet of Murukan, who all pervades, Who is Knowledge of all knowledge and beyond the beyond doth stand.

Repeatedly prostrate to them; then victory will always be your fruit.

O people of the land of honoured Lankā! Renouncing all desires that in you may arise, Ever praise the feet of the young and tender child;³ Then grace will fall like rain. Know this to be the right and proper time!

^{1.} See Appendix I. p. ii.

^{2.} The six evils are—desire or lust, anger greed, delusion, pride and jealousy.

^{3.} i.e. Murukan, See Introduction pp. xiii, xiv.

O GOOD FOLK OF LANKA!

O people bewitched by passing passion for fair ladies! There is a medicine that makes you rule the world. Morning and evening, good folk of sea-girt Lankā, Praise the Lord's feet with all your heart.

Taking pride in riches attracts a load of evil deeds. That will drown you in a very sea of troubles. Therefore, good folk of Lankā, cling to the feet of Murukan, The Gift of Almighty God. Then endless bliss is yours.

O people of ancient Lankā! Can anything be lacking To those, who to the poor give their fleeting, well-earned wealth And worship with devotion the holy feet of God? If we do this, then can we too eternally be proud.

This body, which is nothing but a wretched nest for evil worms—Will wise men value it? So, good folk of Lankā, without afflicting it.

Keep as your goal each day the feet of Him who bears the pointed lance.

Then in the whole wide world what fear is there for you?

l. i.e. Murukan. See Introduction pp. xiii, xiv

MURUKAN OF KATHIRKĀMAM

O Murukan of Kathirkāma,¹ Playing with your upraised spear,² Rid me of that foe, my karma! To you with faith I now draw near.

Our Lord with foot in dance uplifted,³ Who has an eye upon His brow, You, as our God, to us has gifted.⁴ At your feet with anklets ringed⁵ I bow.

Everywhere your holy faces,⁶ Your eyes, ears, hands and feet I see. O Lord, who Kathirkāma graces, Where'er you are there I will be!

Kathirkāmam (Kataragama) is the most important place of pilgrimage in Ceylon, venerated alike by Hindus, Buddhists and Muslims. For Hindus the presiding deity there is Lord Murukan.

^{2.} The vēl, the symbol of Divine Wisdom. See Introduction p. xiv.

^{3.} See Introduction p. xxxii.

^{4.} See Introduction p. xiii.

^{5.} See Appendix I p. iv.

^{6.} Murukan was born of six sparks from Lord Śiva's third eye and is often depicted with six faces.

THE WISDOM OF PRAISE

As it has pithily been said— Those, who knowledge have, have all.

Great souls, who have the wandering mind controlled, Of endless birth have brought about the end.

To the Lord's fair feet give praise and know. That the $\bar{A}tm\bar{a}$ does not come to be and cannot be destroyed.

Boundless bliss will germinate for those, Who live on earth and ne'er refuse to give.

Worship, by offering sweet-scented flowers, The God, who is the Infinite Lord of All.

Give reverence to your tradition's God, Who the whole world and all that lives pervades.

When there is One who nourishes and rears us, Why are you downcast? In happiness abide!

The pure in heart will ever offer worship To the feet of the Lord, who cannot be described.

Before the body falls revere the God, Who both the One and many has become.

Assurance will be granted by the Lord To those whose hearts are purified from doubt.

Before, this nine-holed bag of skin¹ doth burst. Embrace Him lovingly with all your heart.

^{1.} i.e. the body.

Like the fruit of the tamarind¹ within its shell, Make your escape and live in greatness here!

Envy will annihilate all wealth. Clasp the feet of God and on them meditate.

Worship with piety our Lord, Who a garland formed of skulls doth wear.²

Extol the God with Gangā and the moon adorned,² Who has His Lady as His other half.³

Praise the lotus feet of God, who stands as all, Of whom we cannot say that He is here or there.

Those, who the feet of Śankara revere, Will bliss and liberation easily obtain.

Those, who regard the Lord's feet as their own, Will have no fear when Yaman comes to them.

Adore the Lord who rides upon the bull,² Whom even the gods are powerless to attain.

Those, who can live in harmony with all, Money and property will have and *mukti's* bliss will win.

Always with devotion offer praise to Him, Who the prancing horses into jackals changed.⁴

(Continued)

^{1.} The fruit of the tamarind tree, when ripe, is completely separate from its hard outer shell.

^{2.} See Appendix I.

^{3.} See Introduction P. xii.

^{4.} This refers to a story concerning the great poet-saint Māṇikkavāsakar,

The pure are those that speak about the Lord. Who 'good' and 'bad' does not investigate.

To end attachment that to bondage leads. Praise that Eternal One, who knows no end.

Always keep enshrined within your heart The Precious Jewel that dances in the hall.¹

You will reach heaven, if with esteem you praise Him whom the *yakṣas¹* and *rishis* venerate.

They will attain the State Supreme, who laud The feet of Him, whose body snakes adorn.³

Those, who with love extol the Boundless Light, In this great world itself pre-eminence will win.

Our refuge is the soothing lotus feet Of Him, whose flowing locks sweet *konrai* blossoms bear.

He is our fortress, who holds the fire in His hand,³ And whom the gracious moon³ and *konrai* flowers adorn.

He is our support, who in the countless faiths doth bloom, Standing for each as each imagines Him.

Sing always of the Lord and meditate on Him, Who virtue, wealth and happiness and *mukti* doth bestow.

Who can comprehend that One, Who for us food and clothing doth provide?

^{1.} See Introduction p. xi.

^{2.} Yakṣas are a class of celestial beings.

^{3.} See Appendix I.

HE DWELLS WITHIN THE LAND OF LANKA

To me He is the heart of sweetness; And sweet to others He will be. He has no one as His equal. Far beyond the *tattvas* He! As garment for His holy body The raging tusker's hide He flayed.¹ He dwells within the land of Lankā, That forests of rich beauty shade.

He is all-powerful, omnipresent; But Him they neither could perceive, When Brahmā flew into the heavens And Viṣṇu through the earth did cleave.² As one half He has His Lady;³ In His hands the axe and deer.¹ Fair Lankā, has He made His temple, Where fragrant groves all round appear.

It is He, who has empowered me Myself by myself to know. Greater than that of a mother Is the love He doth bestow. He is Supreme, the Lord Almighty; His nature nobody can sound. He sought and made His own this Lankā, Where coconut-laden palms abound.

^{1.} See Appendix I p. v.

^{2.} See Appendix I p. ii.

^{3.} See Introduction p. xii.

WHAT DO WE WANT?

Refrain. We want the grace of the Lord of Nallūr! We want to be always singing!
What else do we want?

We want to remain *summā*, oblivious of word and meaning. We want to take refuge in the holy *guru's* feet.

We want the grace...

We want to repeat day and night the name of Śiva.

We want to destroy the three desires⁴ to their very roots.

We want to see and see and appease the mind.

We want to be rid of lust and anger and delusion.

We want the grace...

We want the mind to cease from following the senses' path. We want to be blessed with full and perfect *nishdai*. We want to have love towards all living beings. We want to travel by the path of the glorious *sushumna*⁵.

We want the grace...

^{1.} See p. 45. Note 1.

^{2. &#}x27;Lord of Nallūr' can be taken to refer either to Lord Murukan, the presiding deity of Nallūr temple, or to Chellappaswāmi. See Introduction pp. xxxiii, xxxiv.

^{3.} See Introduction p. xxxii.

^{4.} See p. 36. Note 2.

^{5.} See Appendix III p. xi.

WORSHIP AND SING OF NALLUR

Refrain:1

Worship and sing of Nallūr!
Then all the sorrows in the land will quickly flee away.

Do not go with empty hands! It is the place where Chellappan abode; So bring with you a coconut and fruit.² Worship and sing of Nallūr! Then all the sorrows in the land will quickly flee away.

Do not stray from place to place in agitation,
Through care and worry over wife and child.
If your mind becomes discouraged and tries to run away,
If sufferings crowd in on you in hordes,
If your shortcomings seek you out and drown you,
Think of the feet of Chellappan—they will take to their
heels and fly!

Worship and sing of Nallūr!

Then all the sorrows in the land will quickly flee away.

^{1.} See p. 45. Note 1.

^{2.} It is the custom among Hindus, when visiting a temple or a holy man, to bring some offering—in Ceylon, usually a coconut and some fruit.

A PRAYER TO VISNU

Refrain.¹ O Śrī!² O God, Śrīraṅgam's Lord!³ Wilt Thou not grant Thy Holy Grace?

That with Thy Grace I may be filled, Forgetting time and place, O Śrī! O Śrī! O God, Śrīraṅgam's Lord! Wilt Thou not grant Thy Holy Grace?

On earth thou Pūtanā didst slaughter, Whom the villain Kaṁsa⁴ called to come. That the arrogance of this Thy servant May likewise perish, grant Thy Grace. O Lord, O Śrī!

> O Śrī! O God, Śrīraṅgam's Lord! Wilt Thou not grant Thy Holy Grace?

O Thou, who art the Lord of Learning, Whom the Vedas and Purāṇas⁵ do not know, The Lotus-eyed, by *bhaktas* worshipped, O Pure and Taintless One, come soon! Come soon, O Lord! O Śrī! O Śrī! O God, Śrīraṅgam's Lord!

O Sri! O God, Srirangam's Lord! Wilt Thou not grant Thy Holy Grace?

^{1.} See p. 45. Note 1.

^{2.} Śrī, which means literally 'holy', is a name of Viṣṇu (see Introduction pp. vii, viii.), and more particularly of his consort, Lakṣmi.

^{3.} Śrīraṅgam, near Trichinopoly in South India, is the site of the largest Vaiṣṇava temple in the whole of India.

^{4.} Kamsa (Tamil—Kanjan) was the king of the country in which Kṛṣṇa, who is an avatāra or incarnation of Lord Viṣṇu, took birth. Before that event occurred, it had been foretold to him that a child, who would be born in his kingdom at a certain time, would bring about his downfall. And so he called forth a demoness called Pūtanā (Tamil—Pūttaki) and, like Herod, ordered her to kill all male infants born at the stated time. This she did by giving them poisoned milk; but the babe, Kṛṣṇa, took the milk and sucked the life out of her.

^{5.} See Introduction p. xv. Note 1.

HARA, HARA! ŚIVA, ŚIVA!

Hara, Hara! Śiva, Śiva, who in Thy lovers' hearts dost dwell, Who art the essence of the Vedas! O Wealth! O Jewel! O Beauteous King, Our Ruler, whom the poets praise, Who art commingled with the eye that sees, And dost like sunlight everything pervade! O Thou, who hast become both male and female!1 O Heavenly One, by devotees adored, Who with the crescent moon art crowned,² And the murderous tiger's skin dost wear,² Who set the Ganges in Thy matted locks,² And the raging tusker didst destroy,² Who didst the sea of milk call forth,³ Who as both heaven and earth dost spread, Who the scriptures' meaning dost reveal, Whose left half is Thy Graceful Spouse! O Lord of Knowledge, who at Tillai dancest! O Siva, Siva! Siva, Siva, who art That Supreme! Thou hast Thy boundless grace bestowed, And come to Nallūr in a form like mine!

^{1.} See Introduction p. xii. 2.

^{2.} See Appendix I.

^{3.} This refers to a Puranic story, in which the small son, Upamanyu by name, of Vyāghrapāda (See p. ll7. Note 3), a great rishi and devotee of Lord Śiva, was crying for milk in the absence of his mother. The father in desperation prayed to the Lord, who called forth an ocean of milk to feed the child, destined also to become a great sage in later years.

A LULLABY

- O Lord! O Primal One, who givest bliss to devotees, That have the embodiment of love become—peacefully sleep!
- O Joy Abounding, Cosmic Form, that to all precious lives Appear'st for each in filling guise—peacefully sleep!
- O Thou of Nallūr, who giv'st Thy grace that keeps us from the homes Of people who refuse to give -peacefully sleep!...
- O Lord Supreme, our loving God, who by showering Thy sweet grace
- Dost rid us of all sorrow and guard'st us 'heath Thy rulepeacefully sleep!
- O One and only Lord of All, who virtue's path dost show, As father, mother, heavenly *guru*—peacefully sleep!
- O God, if I forget Thee, can I this present life endure? Wilt Thou, O Gracious Lord, forget me? Peacefully sleep!
- O Nectar Pure that doth not cloy, but in the heart Doth sweetness give, as body and as life—peacefully sleep!
- O Supreme Lord, Transcendent One, who at Nallūr dost dwell, Who **all** things art and yet art not—peacefully sleep!
- O King, Quintessence of the book that sings: "Glory to the feet Of the Lord, who stands as One and many"—peacefully sleep!

This is a line from Tiruvāsakam, the great devotional work of Māṇikkavāsakar, one of the 'four Saiva saints'.

O Life of lives, who giv'st Thy grace to benefit the world In the holy word the *guru* spoke— "Why doubt?"—

peacefully sleep!

O Wealth! O Treasure! Holy God, Who by one word didst make my heart rejoice—peacefully sleep!

Will they seek empty glory, who repeat till they are lost— Om NamaŚivāya? O Truth Divine, peacefully sleep!

Save me from harm through envious talk. Make me to live here like a god, and peacefully sleep!

THE PANACEA

Refrain: The panacea—a guru cure— At Nallūr I have found!

It is the medicine that ends the disease that has no end,¹ A medicine applicable to this life and the next, A medicine that always gives and never answers—'No', A medicine of sympathy for needy devotees.

The panacea—a *guru* cure—At Nallūr I have found!

It is the medicine bestowed by mighty Chellappan, A medicine by blessed Gaṇapati² loved, Which, though they may have seen it, the impure cannot take,

The medicine that deserving Yogan³ has imbibed.

The panacea—a *guru* cure—At Nallūr I have found!

l. i.e. birth.

^{2.} One of the names of Ganeśa. (See Introduction p. xiii.)

^{3.} i.e. Yogaswāmi.

O LORD SUPREME!

Will not my heart melt, O Lord, my life, At that one word— "There is not one wrong thing"?¹

O Lord Supreme! Give me the state to realize—"Twas all accomplished long ago"—
The holy word our father, gurunāthan, spoke.

Bestow on me, O Lord Supreme, the gift of living blissfully Through knowledge of the saying once at Nallūr declared—
"We do not know"!

O Lord Supreme! O Śiva! Make me to know the virtue of the word Uttered by my master long ago— "Who knows?"

O Lord Supreme! Have mercy, that on this earth I grasp The word my *guru* spoke that day— "It is as it is."

O Lord Supreme! Grace us to do service, having understood The holy words— "Since Thou hast been, so have we also been."

O Lord Supreme! Reveal to me Thy fragrant lotus feet, That I may impress without impressing the five letters² on my heart.

O Lord Supreme! Make Thy shining feet my refuge, That while on earth I may not stray along the senses' path.

O Lord! My Father! Please of Thy kindness give Thy holy grace, To make me to control the mind, which cannot be controlled.

O Lord Supreme, who art as sweet as honey, nectar, sugarcane! My flesh, my life, my body dost Thou permeate.

O Supreme Lord! Grace me to live within Thy Holy Grace, Imparted in the words—"One God, one world. All that is, is truth."

^{1.} See Introduction p. xxxiv.

^{2.} See Appendix II.

ALL HAIL TO OUR THONDAN!

All hail to the handsome *thoṇḍan*,¹ who came for the good of *Ilanāḍ*,²

The *thoṇḍan*, who serves both small and great and moves without display!

All hail to the *thoṇḍan*, who regards his neighbour as himself, And ever stands as guardian to Nilakandan's devotees! All hail to the *thoṇḍan*, who does his work oblivious of night and day.

And says— "Think long! For all eternity are you!" All hail to the *thoṇḍan*, who in *nishdai* ever stays! Long may he in happiness abide!

All hail to our *thoṇḍan*, who always thinks before he acts, The *thoṇḍan*, who states that laziness is sin and says—
"Share with others what you eat, albeit only porridge!"
All hail to the *thoṇḍan*, who without fearing in the world can live, Who says—"Think deep; then sense of 'I' will disappear for you!"
All hail to the *thoṇḍan*, who on his head places the *bhaktas*' holy feet!

All hail to the mighty thoṇḍan, who the greatness of the Lord extols—

The Lord, who for the widow carried earth⁴ and as the Pandyan⁵ ruled!

^{1.} Thondan has the meaning of servant and also that of devotee.

^{2.} This is the name used for Ceylon in ancient Tamil literature.

^{3. (}lit: 'blue-throated one') a name of Lord Śiva. See Appendix I p. iii.

^{4.} This refers to one of Lord Siva's 'holy sports'. Once the ruler of an ancient Tamil kingdom ordered all his subjects to help in the construction of a dam to stem the floods that were threatening the capital city of Madurai. Each citizen was allotted a certain span to complete. One old woman, unable to find anyone to carry out her share of the task, prayed in desperation to Lord Siva, who then appeared as a young labourer and agreed to do the work. But he played about and did not do his job properly and the king, who happened to come to inspect the dam just then, found him sleeping there with his work unfinished. In great annoyance, he ordered him to be given a blow, which was immediately felt by the king himself and all those present. Then the labourer disappeared, and all realized that it was Lord Siva Himself.

^{5.} According to the Puranic story Lord Siva once took the form of a king of the Pandyan dynasty and for many years ruled one of the Tamil kingdoms from the capital city of Madurai. [It will be seen that, in this story and in that given above, the Lord Himself becomes the servant (thondan) of His devotees.]

WISDOM IN COUPLETS

Near the house of the car, holy Chellappan would teach: "There is not one wrong thing."

That sage the saying has declared: "All that is, is truth." This no one can describe.

Know that for our benefit he gave the sweet and sacred word: "Nothing do we know."

Before his devotees he formerly would say: "Tis all perfected and complete."

Know well that in this spacious world many friends of God Have come to give assurance and passed on.

They are the best of all who know themselves; Upon this earth they'll not take birth again.

Those who have seen how 'three' have 'one' become²—They are the wise. Know them!

He is the *guru*, who attributes and qualities transcends, Who is Knowledge of all knowledge, beyond what is beyond.

The God who makes the hearts of devotees His temple—He is indeed the Lord Supreme.

The Lord who lives on alms, a skull His begging-bowl³—With unwavering mind know Him!

He who exists and says: "I, I", within the hearts of all—Perceive Him and be happy!

Be clear that those who live without restraint Are like wild beasts that roam about the jungle.

^{1.} See p. 128. Note 1.

^{2.} Three' can be taken to represent 'seer, sight and the object seen'; but there are other possible interpretations.

^{3.} See Appendix I p. iv. Lord Śiva is sometimes called 'the Great Ascetic'.

Know that God's Grace will come to those, Who without sleep are ever mindful.

See them to be the supreme *bhaktas*, Who know that they are not the *tattvas*.

Seeing the world and every life¹ to be the form of God Do service and gain liberation.

Know those who, having seen, remain enjoying The essential Truth that all three realms² enfolds.

Realize that 'I' and 'you' and 'he' are all the Lord, Who is mingled with the eye that sees.

Those *bhaktas*, who before all else cherish liberation's seed—Know them and to them offer worship.

Do not lament that all your days have gone; Accept the truth that you exist for ever!

See all as the appearance of the Lord, who for the child Upon this earth the sea of milk³ called forth.

Know that He, who burnt up Kāma⁴ and with His foot kicked Yaman⁵ Is He who held the poison in His throat.⁶

Who can know the Almighty, who without moving moves, Who abides as all and yet beyond all stands?

The realized will state beyond all doubt, That where they are there God will also be.

Mantras and tantras are not required by us, When the fair feet of the great are our support.

^{1.} Literally—'the macrocosm and the microcosm'.

^{2.} The 'three realms' are the three mandalas. See Appendix III p. xiv.

^{3.} See p. 209. Note 3.

^{4.} See p. 63. Note 2.

^{5.} See p. 50. Note 2.

^{6.} See Appendix I p. iii,

COME, O MY MIND!

Come, offer worship, O my mind, To *gurunāthan's* holy feet, Who said: "There is not one wrong thing", And comforted my heart.

Come swiftly, swiftly, O my mind, That I may adore the lord, Who on me certainty bestowed, By saying: "All is truth."

Let us with confidence, O my mind, Hasten to visit him, Who at Nallūr upon that day, "We do not know", declared.

Come soon and quickly, O my mind, Chellappan to see, Who ever and anon repeats: "It is as it is."

Come, O my mind, to sing of him, Who near the car² proclaimed— "Who knows?", with glad and joyful heart, For all the world to know.

^{1.} See Introduction p. xxxiv.

^{2.} See p. 128. Note 1.

Come now to Nallūr, O my mind. The *sat-guru* to praise, The king of lions on *tapas*^l path, Whom nobody can gauge.

Come with gladness, O my mind, Our father to behold, Who of lust and anger is devoid, And in tattered rags is clothed.

Please come and follow me, O mind, To see the beauteous one, Who *mantras* and *tantras* does not know, Nor honour or disgrace.

Come, O my mind, to give your love To the *guru* free from fear, Who like a madman roamed about, Desiring only alms.

Come, O my mind, to join with Him, Who grants unchanging grace And is the Lord, who far above The thirty-six *tattvas* stands.

CHELLAPPAN, THE ŚIVAGURU¹

He, who is devoid of form, as the *guru* at Nallūr Came and bestowed on me His grace—*Untīpara! Jīva* is Śiva! Cry *Untīpara!*

He, who has utterly destroyed the fetters of desire—His greatness is beyond all words— *Untipara!* There is no birth or death. Cry *Untipara!*

He, of whom no one can say whether He is or He is not — 'Twas He who at Nallūr appeared— *Untīpara!* I am He! Cry *Untīpara!*

He, who drew me to Him and made of me His man At beautiful Nallūr, has granted me protection— *Untīpara!* He is a very sea of grace. Cry *Untīpara!*

For those, who know the secret and say—"All things are Your work," Immeasurable bliss does He become— *Untipara!* All desire has disappeared. Cry *Untipara!*

He, who has no name or country, came of His own accord And took me 'neath His rule— *Untipara!* All sorrow vanished. Cry *Untipara!*

^{1.} See p. 197. Note 2.

^{2.} See p. 92. Note 2.

The Lord Supreme, who has become the universe entire, Came Himself to great Nallūr— *Untīpara!* — And said— "We do not know." Cry *Untīpara!*

He, who in writing cannot be described, As a *guru* came into this world— *Untīpara!* In nothing are we lacking. Cry *Untīpara!*

He, who the five senses can control and rule, Is the belov'd one of Nallūr— *Untīpara!* Henceforth there is no doubt. Cry *Untīpara!*

He, who has no equal and who is ever sweet-He is our father of Nallūr— *Untīpara!* This cannot be denied. Cry *Untīpara!*

He, who is the essence of *Ōmkara*, Has all sense of 'I' destroyed— *Untipara! Māyā* has ceased to be. Cry *Untipara!*

He, who to envious minds will always be unknown, On me his beauteous grace bestowed— *Untipara!* Saying that he is Chellappan, my guru, cry *Untipara!*

^{1.} See Introduction p. xxxiv.

THE ĀTMĀ IS ETERNAL

Refrain!:

Can that saying be belied—
The word my master graciously imparted
In the precincts of Nallūr!

This *Ātmā* is eternal!

Can that saying be belied—
The word my master graciously imparted
In the precincts of Nallūr!

Men, women, children—altogether,
In search of the Giver of all boons,
Will come in thousands to do worship,
Rejoicing and offering their praise.
The word revealed by Chellappan, the speaker of pure Tamil—
Can that saying be belied—
The word my master graciously imparted
In the precincts of Nallūr!

The five senses become tranquil and submissive
To those, who come and stand there, at the sight
Of the homage to the sacred feet surrendered
By the bringing of fresh coconuts and fruit².
"Who knows?"—the word the holy teacher uttered—
Can that saying be belied—
The word my master graciously imparted
In the precincts of Nallūr!

^{1.} See p. 45. Note I.

^{2.} See p. 207. Note 2.

THE EVER-BLISSFUL YOGAN

Copious rain will fall. The land will surely prosper. All men will live in joy and happiness. For as a *guru* Nallūr's Lord has come and made this creature His, And I have realization won that cannot be described.

In this world, what system need be studied By one who *Natchintanai's* sweet nectar has imbibed? Proclaim that for mad Yogan, who does not buy his food, There is always happiness and bliss!

Śivayogan¹ does not know the sciences and arts; He knows not how to sing; he knows not how to seek. He eats the rice he begs, as all the country knows. But the disease of birth he's cured and for him there is no fear.

Know that those assuredly will sorrow make to sorrow, Who are without desire. To Yogan, free from fear, He came and broke attachment to relatives and friends, And, taking him by force, He made of him His man.

Śivayogan offers worship by giving praise in songs, Where no subject can be found and there is no predicate, He cries, he falls, he trembles, he clasps and hugs himself. And murmuring—"Who knows?", on the Self alone he dwells.

^{1.} An alternative name for Yogaswāmi.

ADORATION, MEDITATION, INVOCATION

The God with elephantine visage¹ I shall ne'er forget—Sankara's Son, with massive belly, who has the *thoḍu*² in His ear, The Lord who gave His grace to Indra.³ Of whom *mantra* is His very form.⁴

The whole world is evolved by One. The whole world is sustained by One. The whole world will be dissolved by One. That One is my life's support.

The One became 'the three'. 5
The One became all souls.
The One became the universe entire.
That One youchsafed me liberation.

The universe of things that move and do not move is all His form. The universe of things that move and do not move is He. Even the gods were lost in wonder and could not comprehend The marvel of the universe of things that move and do not move.

^{1.} i.e. Ganeśa, the first son of Lord Śiva. See Introduction p. xiii.

^{2.} See Introduction p. xii. (Lord Śiva's sons— Ganeśa and Murukan also represent the One Reality, and so what applies to the 'Father' must also apply to the 'sons'.)

^{3.} Once for some gross misbehavior Indra, the chief of the gods, was made the victim of a *rishi's* curse, as a result of which he lost all his prestige and position, and suffered so much humiliation that he had to go into hiding. Finally, on the advice of another sage, he prayed to the Lord Ganeśa, who responded to his supplications, and, revoking the effect of the curse, restored him to his former status.

^{4.} The Tamil characters, that represent Om or Omkara, bear a distinct resemblance to the head of an elephant, and Ganesa is often taken to stand for Om. See Introduction p. x. Om is said to be the greatest of all mantras.

^{5.} i.e. Brahmā, Viṣṇu, Rudra. See Introduction p. vii.

Through love of Śiva my mind was concentrated. Through love of Śiva my mind was clarified. Through love of Śiva my mind was dead. Through love of Śiva deliverance was gained.

There are no gods without Lord Śiva. There is no soul without Lord Śiva. There is no body without Lord Śiva. I have seen Lord Śiva in my heart.

In *Na* He became Brahmā. In *Ma* He became Viṣṇu. In *Śi* He remained as Śiva. In *Va* He became the form of Grace¹.

Gods will meditate—Śiva, Śiva! Sages will meditate—Śiva, Śiva! All souls will meditate—Śiva, Śiva! By repeating "Śiva, Śiva!", Śiva's state is won!

Through *bhakti* I have rid myself of bondage. Through *bhakti* I have seen the Lord. The bliss of *bhakti* have I attained. In a sea of *bhakti* have I been merged.

(Continued)

^{1.} This verse refers to a different interpretation of 'the five letters' from that given in Appendix II. Here, Brahmā—Na—represents the legs, Viṣṇu—Ma, the belly, Śiva—Śi, the shoulders, Śakti—Va, the mouth, and the soul— Ya, the head.

By meditating on One, by mind became one-pointed, by mind became one-pointed, by mind became one-pointed, by mind became one-pointed, by meditating on One, by meditatin

Through the letters five the body came to birth. Through the letters five the *Atma* shone in splendour. Through the letters five bliss came into being. Within the letters five was I contained.

Through the letters five all sorrow was erased. Through the letters five all want has disappeared. Through the letters five true happiness arose. Within the letters five I stayed contained.

Through the letters five can God's holy feet be seen. Through the letters five the whole world you can rule. Through the letters five mind's action can be stilled. The letters five have come and entered in my heart.

Beyond the six and thirty *tattvas* is performed the dance of bliss.² Beyond the six and thirty *tattvas* lies the abode of bliss. Who can be compared with one who is beyond these thirty-six? Associate with those who the thirty-six transcend.

^{1.} See Appendix II.

^{2.} See Introduction p. xi and p. 233. Note 2

THE GURU-GEM

The gem that blooms in sages' hearts, the masters of their senses, Self-fashioned gem, which, ever new, was ever whole and perfect, The gem that cures the cares of those their poverty confessing, The gem whose rare and priceless worth by no one can be valued, The gem that to the world appears possessed of many colours, The gem extolled and reverenced by Viṣṇu of blue body!—This gem is gleaming everywhere throughout the land of Lankā; This is the sovereign *guru-gem*, that made of me its liegeman.

The gem perceived by those who sing with hearts made soft and melting,

Pre-eminent and radiant gem with three eyes ornamented, The beauteous gem that forcibly has won me to its service, The gem that Viṣṇu and Brahmā were powerless to discover,² The gem that on its crown supports the crescent moon

and Ganga,²

The gem whose form is wreathed about with young and tender serpents"²

This is the gem that manifests within the land of Lankā; This is the holy gem divine, that he who seeks can capture.

The gem that rends and tears apart the wretched gloom of bondage,

The gem bestowed as present free on those who offer worship, Precious, rare and golden gem, without end or beginning, The gem that will accomplish all the many wonders, Original and foremost gem of all that have preceded, The gem to which 'the three' prostrate, and all the host

of devas-

This is the gem that has appeared in full and fertile Lankā; This is the gem that is my own, the *guru-gem*, my ruler.

^{1.} See p. 189. Note 4.

^{2.} See Appendix I.

^{3.} i.e. Brahmā, Viṣṇu and Rudra. See Introduction p. vii.

COME LEAPING, O MY MIND!

Be not false in speech. To gain the conviction that God is, Please come now, O my mind!

To be happy through beholding The Lord adored by sages, gods and men, Be pleased to come, O mind!

Through powerful *karma* gathered in the past We've suffered much from taking many births; Come quickly, O my mind!

To experience bliss by pointing without pointing To the holy feet of God, devoid of any blemish, Come now, O my mind!

Place not the smallest trust In those who ride on horseback, holding silk umbrellas, But follow me, O mind!

To be alone in your true centre without concern for aught That from the past or in the present remains to be fulfilled, Come gladly, O my mind!

Wholeheartedly to worship By doing ceaseless $p\bar{u}j\bar{a}$, with confidence Come with me, O my mind! To approach without approaching In *Sivathoṇḍan's* centre, where the best men offer worship, Kindly come, O mind!

Discarding eight-fold *yoga*¹ and all the five *avasthās*,² To remain beyond all limitation. Come joyfully, O mind!

To take and eat with relish The honeyed nectar on the branch that lies beyond all reach, Come swiftly, O my mind!

For me unfailingly to learn This garland of ten songs, Come leaping, O my mind!

ORNAMENTS

The feet of *gurunāthan* are the ornament of the eye; And clearly the moon is the ornament of the sky. Friendship of the pure is the ornament of the mind; Charity and mercy are the ornaments of wealth. The peacock and the cuckoo are the ornaments of the wood; The red rays³ of the sun are the ornament of the day; And the ornament of money is the feeding of the poor.

^{1.} See Introduction pp. xxvi, xxvii.

^{2.} See p. 149. Note 1.

^{3.} Lit: 'red feet'.

THERE IS NOTHING BUT THAT

Those who speak have not seen; those who have seen do not speak. There is nothing but That, my treasure!²

It stood of old unknown to Brahmā's and Viṣṇu's quest.³ For ever does it abide, my treasure!

Pattinattār⁴ has said: "Whatever hardship you may suffer, never fail to give It praise."

It is as It has always been, my treasure!

It is the ornament of those who the senses five have mastered. It has ever been the way, my treasure!

Eat of the honey that is sweetness in the heart; then for the incurable disease⁵ You will have found the cure, my treasure!

It is beyond the eightfold path of yoga.⁶ It has been said: "Who is there who knows It?", my treasure!

If in this world you tame the mind that cannot be controlled, In naught will you be lacking, my treasure!

If you know the nature of the breath that courses right and left,⁷ All prosperity is yours, my treasure!

^{1.} This is a well-known Tamil proverb.

^{2.} See p. 74. Note 1.

^{3.} See Appendix I p. ii.

^{4.} A famous poet and saint, who is regarded by Tamils as the model ascetic or *sannyāsin*.

^{5.} i.e. birth.

^{6.} See Introduction pp. xxvi, xxvii.

^{7.} See Appendix III p. xiii.

- If you control the galloping horse in the house no carpenter has built, Thereafter there is naught to fear, my treasure!
- Can we forget the holy feet of that Almighty Lord, For whom there is no birth or death, my treasure?
- Those, who without ceasing in their hearts repeat the letters five², Will in the state of *turīya* abide, my treasure!
- If gentle words are made the ground and charity is the seed, Then will abounding bliss be reaped, my treasure!
- He who quelled the insolence of the wicked Jains³—He is the Infinite Lord, my treasure!
- If you come to understand that we are neither good nor bad, Illusion will disappear, my treasure!
- That which the *śrutis*⁴ and *āgamas* are powerless to describe—Fix that in your mind, my treasure!
- He who played the game of becoming an old man and a child⁵—Give praise and pray to Him, my treasure!

^{1.} See Appendix III p. xiii.

^{2.} See Appendix II.

^{3.} The allusion here is to incidents in the lives of some of the Tamil saints, who lived at a time when the Jain religion had spread widely in South India and who by their lives and teaching brought about a revival of Hinduism throughout the land. In consequence they were sometimes cruelly persecuted by the Jains, but by Divine Grace were always able in the end to triumph over their adversaries.

^{4.} *Śruti* means literally 'that which is heard'. The *śrutis* are the 'revealed' scriptures.

^{5.} This refers to one of Lord Siva's 'holy sports'.

MAY MY PROTECTION BE HIS HOLY FEET!

The rich one¹ who with joyful look Gave into Grace initiation, And said: "There is not one wrong thing"²— May my protection be his comely feet!

That wealthy one of wisdom great The *mantra* rare bestowed: "In all the world who knows?" May my protection be his beauteous feet!

He, who with happy mien declared That all that is, is truth.² Who guards me without fail— May my protection be his lotus feet!

That bounteous one explained that earth And all the elements Are the form of the Supreme. May my protection be his holy feet!

The taintless one, who told with love: "Your body you must think
To be the temple of the Lord"—
May my protection always be his feet!

That Lord Supreme has said:
"Give up Desire, that brings on earth
The endless round of birth and death"—
May my protection ever be his feet!

^{1.} i.e. Chellappaswāmi. See Introduction pp. xxxiii, xxxiv.

^{2.} See Introduction p. xxxiv.

THE PARROT SONG

When I think of the feet of the Lord of Nallūr, I am oblivious of everything, O parrot, And unaware of night and day.²

Shall I forget the saying told to me that day: "The $\bar{A}tm\bar{a}$ is eternal", O parrot? He of Nallūr is my protection.

The feet of the Wealthy One who released the gods from prison³—They are my guard and fortress, O parrot! All distress will disappear.

Whatever work is done, whatever anguish suffered⁴, The Creator's holy feet, O parrot, I know to be my stronghold.

Even if war and famine come and the world is burnt to ashes, Shall we know any fear, O parrot? Ārumukan⁵ is our refuge.

These five holy verses sung by Swāmi Yoganāthan Have in this world been uttered, O parrot! All harm will cease to be.

^{1.} See p. 36. Note l.

^{2.} See p. 36. Note 3.

^{3.} i.e. Lord Murukan, who rescued the *devas* from captivity under the *asuras*. See Introduction p. xiii.

^{4.} This line is a quotation from Pattinattar, a great poet and saint.

^{5.} One of the names of Lord Murukan. It means 'he with six faces'.

LET OUR AIM BE FIRMLY FIXED ON GOD

The *guru's* word—the $\bar{A}tm\bar{a}$ is eternal—We heard, but in the memory it did not sink; So we took birth again. Henceforward, That we are That, at all times we will think.

We will attain to blissful liberation, If this *sādhana* we practise constantly. There is no doubt about this whatsoever; But self-control and patience there must be.

If we are blessed in being able With a child's love the *guru's* feet to praise, That will erase our sins in millions. Let our aim on God be firmly fixed always.

Those devotees, who raise their hands in worship Of the feet of Him with Gauri¹ at His side, Will conquer death and, ever free from sorrow, Will in this world devoid of care abide.

THE FEET OF GOD ARE OUR PROTECTION

The feet of which Viṣṇu himself could not attain the vision,²
The feet of truth, which stand as One, pervading earth
and heaven,

The feet to which all thoughts we think are manifest and patent, The noble feet, whose praise is ever on the tongues of *bhaktas*— They are our ever-present help, Our refuge and support. $\bar{O}m$.

 ⁽lit: 'brilliant' or 'shining one'). One of the names of Lord Śiva's Consort or Śakti.

^{2.} See Appendix I p. ii.

The feet of God, which then and now and always are existing, The lotus feet, which move in dance with ghostly hordes¹ attending.

The perfect feet, which good and bad have equally transcended, The beauteous and fragrant feet, which in the hall² aredancing—

They are our ever-present help, Our refuge and support. $\bar{O}\dot{m}$.

The feet, of which no one can find the end or the beginning, The glorious feet, which, when he came, removed the life of Yaman,

The feet divine, which made me theirs and cut attachment's bondage,

The two feet, which to me were both my mother and my father—
They are our ever-present help,
Our refuge and support. $\bar{O}\dot{m}$.

The feet, which melt the *thoṇḍar's*³ hearts who meditate upon them,

The feet, which will oppose and fight the ever-furious Yaman, The feet, which dance the *Tāndava* dance⁴—*tanatta tana tana*,⁵ The feet, which in their dancing are the whole of all existence—

They are our ever-present help,

Our refuge and support. Om.

^{1.} See Appendix I. p v.

^{2.} See Introduction p. xi.

^{3.} Thoṇḍar is the plural of thoṇḍan, which means 'devoted servant'.

^{4.} The word 'tāndava' has the meaning of to 'jump up and play'. The Tāndava dance is the cosmic dance in which the 'five actions' of Lord Śiva are displayed. (See Introduction p. xxxii) This is the dance that was revealed to two great sages at Tillai. (Seep. II7. Note 3). The dance in the 'cremation ground 'is the dance performed at the time of the dissolution of the whole world. This dance is witnessed by Śakti alone. It is called the Ānanda Dance—the dance of bliss. A number of other dances performed by the Lord are described in Śaiva scriptures.

^{5.} This represents the sound made by the feet in dancing.

SEE AND BE HAPPY, MY DEAR BOY!

Don't eat! Don't go to sleep! Don't wander here and there! Give up desire for women, my dear boy, And *Brahman* realize.

Make the vital breath to rise¹. Attain direct perception. Abandon all vain talk, my boy, There is nothing else but That.

Without thinking you must think. Act always as befits you. Renounce desire for land, my boy, And adore the Lotus Feet.

Be always giving praise To the Lord of white Kailās. Father, mother, *guru*, my dear boy, You must respect with love.

Control the vital air, That courses right and left;² Then you will gain strength, my boy. Be ever unattached.

^{1.} See Appendix III pp. x, xi.

^{2.} See Appendix III p. xiii.

Don't care for differences of caste. Drive anger from your heart. Leap over the six shrines¹, my boy, And yearn for solitude.

Don't say: "It is" or "It is not." Avoid such argument. See and be happy, my dear boy; A flood of Grace will rise!

The disease of previous karma Will vanish on this earth. Midway 'twixt good and bad, my boy, You must take your stand.

Do not eat by taking life, Or forget the *guru's* words. It is as It is, my boy, In the past and now and always.

Don't live by lying in the courts.² Don't be ensnared by $m\bar{a}y\bar{a}$. Stand steadfast like a mountain, my dear boy. In nothing are you lacking.

If day and night you worship, And these ten songs repeat, All poverty and disease, my boy, Will be allayed and cured.

^{1.} See Appendix III p. xiv.

^{2.} This is a quotation from the Tamil poetess Avvaiyār.

MAHĀVĀKYAS

"All is truth" — this word devoid of defect Will paradise reveal to you. Give praise and worship and in joy abide!

"It is so"—this matchless saying, that the *guru* told, Will impart to you right understanding. Live, ever strewing flowers in reverence!²

"Who knows?"—this utterance of the master The highest knowledge will bestow. Live, guarding it with honour in your heart!

"We do not know"—these words in virtue shining Will grant prosperity and bliss divine vouchsafe. Rely on them without delay and live!

"All finished" — this statement of the sage Will to a settled mind the supreme state disclose. Live, offering flowers with love at dawn of day!

These words will banish birth, which in Tamil pure are sung By the devotee, who ne'er forgets his master's lotus feet.

^{1.} See Introduction p. xxxiv.

^{2.} See p. 42. Note 4.

THE BLESSING OF THE GURU

Refrain: O great tapasvin of Nallūr, our refuge and safe home!
O sage and teacher of pure wisdom, come, O come!

I have seen the glory of the end of wretched birth. By knowing Self through self, true bliss have I attained.

O great *tapasvin* of Nallūr, our refuge and safe home! O sage and teacher of pure wisdom, come, O come!

I have crossed the ocean of delusion, lust and wrath. I have won the vision where there is no night or day.¹

O great *tapasvin* of Nallūr, our refuge and safe home! O sage and teacher of pure wisdom, come, O come!

Your servant Yoganāthan, who always thinks of you, Requests you this boon to provide— That you will grant your grace and offer your protection, So that happiness may everywhere abide.

O great *tapasvin* of Nallūr, our refuge and safe home! O sage and teacher of pure wisdom, come, O come!

ALL IS ŚIVA

Father and mother are Śiva;
Dear brothers and sisters are Śiva;
Matchless wife is Śiva;
Precious children are Śiva;
Rulers and kings are Śiva;
All the gods are Śiva;
The whole universe is Śiva;
And he, who has taken charge of me, is also Śiva.

^{1.} See p. 36. Note 3.

WE HAVE COME TO KNOW OURSELVES

We have come to know ourselves, O parrot.¹ We have grown great in *tapas*. By the grace of the Lord, O parrot, We have ceased to differentiate. On this earth there is no one, O parrot, Who with us can be compared. With a pure heart, O parrot, We will think of the feet of the Lord. In this life and the next, O parrot, No one can be our equal. Know that our Father and our Mother², O parrot, Are our help and our protection.

THE SERVANT OF THE SERVANTS

The Lord of Wealth, who as a *guru* at Nallūr³ appeared And soothed the heart of this poor humble fool, Within the precincts of the holy shrine Upon me placed his hand, And left me in the Pure and Open Void.⁴ Forthwith I cast aside all eight-fold *yoga*,⁵ And then and there was I enthralled To give devoted service to the servants of the Lord.

^{1.} See p. 36. Note 1.

^{2.} See Introduction p. xii.

^{3.} See Introduction p. xxxiii.

^{4.} See Introduction p. xi.

^{5.} See Introduction pp. xxvi xxvii.

MY PROTECTION

May That which is not two be my protection!
May devotees be always my protection!
May devas and siddhas be my protection!
May the holy grace, that shines within my heart, be my protection!

May the eight *Vasus* be my protection!
May the Transcendent Lord of Bliss be my protection!
May the eight directions² be my protection!
May all-pervading *Śiva-Śakti* be my protection!

May *prāṇa* and *apāna* be my protection!
May *Prāṇava*,⁴ that is inseparable from me, be my protection!
May He with matted locks adorned by snakes be my protection!
May the Supreme *Guru*, who bestows on me His grace,
be my protection!

May the five senses be my protection! May the devotees, who daily worship me, be my protection! May the elephant-faced one⁵ be my protection! May the fair child, who wields the shapely lance,⁶ be my protection!

May the sun and moon be my protection!
May all beings everywhere be my protection!
May mantras and tantras be my protection!
May the four Vedas, the Śivāgamas and the whole world be my protection!

^{1.} The eight *Vasus* are the presiding deities of earth, the atmosphere, heaven, the stars, fire, wind, the sun and the moon.

^{2.} The presiding deities of the 'eight directions' or points of the compass are here being invoked.

^{3.} *Prāṇa* is the 'upward breath', *apāna* 'the downward breath'. See Appendix III p. x.

^{4.} Prānava is Ōm.

^{5.} i.e. Ganeśa. See Introduction p. xiii.

^{6.} i.e. Murukan. See Introduction pp. xiii, xiv.